

## Senior Activity Center, Inc

April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
		08:00a SAC Pool - Room 12 Billiards Room  09:30a NKA Intermediate Bridge - Room 11  09:30a Parkinson Boxing - Room 5A  10:00a AARP Tax Aide Assistance - Room 8  10:00a AARP Tax Aide Assistance - Room 7 Library  10:00a NKA Crochet 101/102 - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers 12:30p SAC Pinochle - 3  01:30p NKA Beginning And Intermediate Knitting - Room 11  01:30p NKA Crochet/Knitting Service Group - Room 6  01:30p NKA Mahjong - Room 4  03:30p SAC Fit and Fall 3:30 PM Class - Room 3  04:30p TOPS - Room 4 05:00p NAACP Meetings - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong - Room 4  09:30a NKA Fit and Fall - Room 3  10:00a SAC Board Executive Meeting - Room 8  11:00a Parkinson 11 AM Exercise - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers 01:00p NKA Quilling with Carol - Room 11  01:00p SAC Bridge - Room 8 01:00p SAC Free Dance Lessons - Dining RoomA  01:00p SAC Line Dancing - Room 3  01:00p SAC Mexican Train - Room 4	08:00a SAC Pool - Room 12 Billiards Room  09:30a Parkinson Boxing - Room 5A  10:00a AARP Tax Aide Assistance - Room 7 Library  10:00a AARP Tax Aide Assistance - Room 8  10:00a NKA Board Meetings - Room 11  10:00a NKA Crochet With Recycled Bags Service Group - Room 4  11:00a SAC Fit and Fall 11AM Class - Room 3  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers  12:30p SAC Pinochle - 3  12:30p SAC Special Pinochle - Room 4  01:00p SAC Book Club - Room 6  01:30p NKA Fun With Crochet - Room 11  03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:30a .Nutrition Program Congregate Meal - Dining RoomA  12:00p SAC Volunteers 12:45p Charity Bingo - Dining RoomA  01:00p SAC Creative Writing - Room 4	
6	7	8	9	10	11	12
	09:30a NKA Fit and Fall - Room 3  09:30a SAC Library Mondays Only - Room 7 Library  09:30a SAC Pool Mondays - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room  09:30a Parkinson Boxing - Room 5A  10:00a AARP Tax Aide Assistance - Room 7 Library  10:00a AARP Tax Aide Assistance - Room 8	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  09:00a SAC American Mahjong RM 8 - Room 8	08:00a SAC Pool - Room 12 Billiards Room  09:30a Parkinson Boxing - Room 5A  10:00a AARP Tax Aide Assistance - Room 8  10:00a AARP Tax Aide Assistance - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library  08:00a SAC Pool - Room 12 Billiards Room  11:30a .Nutrition Program Congregate Meal - Dining RoomA	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	10:00a Silver Cords Singing Group - Dining RoomA	10:00a NKA Crochet 101/102 - Room 4	09:30a NKA Fit and Fall - Room 3	10:00a NKA Crochet With Recycled Bags Service Group - Room 4	12:00p SAC Volunteers	
	11:00a SAC Cribbage Card Game - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	10:00a SAC Board Meeting - Room 4	11:00a SAC Fit and Fall 11AM Class - Room 3	12:45p Charity Bingo - Dining RoomA	
	12:00p SAC Volunteers	11:30a .Nutrition Program Congregate Meal - Dining RoomA	10:00a SYMBII COFFEE WITH VETERANS - Dining RoomA	11:30a .Nutrition Program Congregate Meal - Dining RoomA	01:00p SAC Creative Writing - Room 4	
		12:00p SAC Volunteers	11:00a Parkinson 11 AM Exercise - Room 3	12:00p SAC Volunteers		
		12:30p SAC Pinochle - 3	11:30a .Nutrition Program Congregate Meal - Dining RoomA	12:30p SAC Pinochle - 3		
		01:30p NKA Beginning And Intermediate Knitting - Room 11	12:00p SAC Volunteers	12:30p SAC Special Pinochle - Room 4		
		01:30p NKA Crochet/Knitting Service Group - Room 6	01:00p Gate City Mexican Train - Room 4	01:30p NKA Fun With Crochet - Room 11		
		01:30p NKA Mahjong - Room 4	01:00p NKA Quilling with Carol - Room 11	01:30p NKA Origami Advanced Kusudama - Dining RoomA		
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Bridge - Room 8	03:30p SAC Fit and Fall 3:30 PM Class - Room 3		
		04:30p TOPS - Room 4	01:00p SAC Free Dance Lessons - Dining RoomA			
			01:00p SAC Line Dancing - Room 3			
			01:00p SAC Mexican Train - Room 11			
			03:00p Parkinson Support Group Monthly Meeting - Room 3			
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room	
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5A	09:00a SAC American Mahjong - Room 4	09:30a Parkinson Boxing - Room 5A	11:00a Home Health and Hospice 101 - Room 3	
	10:00a SAC Golf Meeting - Room 4	10:00a NKA Crochet 101/102 - Room 4	09:30a NKA Fit and Fall - Room 3	10:00a NKA Crochet With Recycled Bags Service Group - Room 4	11:30a .Nutrition Program Congregate Meal - Dining RoomA	
	10:00a Silver Cords Singing Group - Dining RoomA	11:00a SAC Fit and Fall 11AM Class - Room 3	11:00a Parkinson 11 AM Exercise - Room 3	11:00a SAC Fit and Fall 11AM Class - Room 3	12:00p SAC Volunteers	
	11:00a NKA Travel Committee - Room 11	11:30a .Nutrition Program Congregate Meal - Dining RoomA	11:30a .Nutrition Program Congregate Meal - Dining RoomA		12:45p Charity Bingo - Dining RoomA	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	11:00a SAC Cribbage Card Game - Room 8 12:00p SAC Volunteers	12:00p SAC Volunteers 12:30p SAC Pinochle - 3 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Crochet/Knitting Service Group - Room 6 03:30p SAC Fit and Fall 3:30 PM Class - Room 3 04:30p TOPS - Room 4	12:00p AARP Monthly Meeting - Room 3 12:00p SAC Volunteers 01:00p NKA Flowers by LD - Dining Room 01:00p SAC Bridge - Room 8 01:00p SAC Line Dancing - Room 11 01:00p SAC Mexican Train - Room 4	11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4 01:30p NKA Fun With Crochet - Room 11 01:30p NKA Origami Advanced Kusudama - Dining Room 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Creative Writing - Room 4	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	09:30a NKA Fit and Fall - Room 3 09:30a SAC Library Mondays Only - Room 7 Library 09:30a SAC Pool Mondays - Room 12 Billiards Room 10:00a Silver Cords Singing Group - Dining Room 11:00a SAC Cribbage Card Game - Room 8 12:00p SAC Volunteers	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5 10:00a NKA Crochet 101/102 - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 01:30p NKA Beginning And Intermediate Knitting - Room 11 01:30p NKA Crochet/Knitting Service Group - Room 6 03:00p NKA Social And Planning Fun - Dining Room 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 09:00a SAC American Mahjong - Room 4 09:00a SAC Day Of Service - Room 6 09:00a SAC Day of Service - Room 11 09:30a NKA Fit and Fall - Room 3 11:00a Parkinson 11 AM Exercise - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers 01:00p SAC Bridge - Room 8 01:00p SAC Free Dance Lessons - Dining Room 01:00p SAC Line Dancing - Room 3 01:00p SAC Mexican Train - Room 4	08:00a SAC Pool - Room 12 Billiards Room 09:30a Parkinson Boxing - Room 5 09:30a SAC Bunco - Room 11 10:00a NKA Crochet With Recycled Bags Service Group - Room 4 11:00a SAC Fit and Fall 11AM Class - Room 3 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers 12:30p SAC Pinochle - 3 12:30p SAC Special Pinochle - Room 4 01:30p NKA Fun With Crochet - Room 11 03:30p SAC Fit and Fall 3:30 PM Class - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library 08:00a SAC Pool - Room 12 Billiards Room 11:30a .Nutrition Program Congregate Meal - Dining Room 12:00p SAC Volunteers 12:45p Charity Bingo - Dining Room 01:00p SAC Creative Writing - Room 4	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
		04:30p TOPS - Room 4				
27	28	29	30			
	09:30a NKA Fit and Fall - Room 3	08:00a SAC Library Tuesday thru Fridays - Room 7 Library	08:00a SAC Library Tuesday thru Fridays - Room 7 Library			
	09:30a SAC Library Mondays Only - Room 7 Library	08:00a SAC Pool - Room 12 Billiards Room	08:00a SAC Pool - Room 12 Billiards Room			
	09:30a SAC Pool Mondays - Room 12 Billiards Room	09:30a Parkinson Boxing - Room 5A	09:00a SAC American Mahjong - Room 4			
	10:00a Silver Cords Singing Group - Dining RoomA	10:00a NKA Crochet 101/102 - Room 4	09:30a NKA Fit and Fall - Room 3			
	11:00a SAC Cribbage Card Game - Room 8	11:00a SAC Fit and Fall 11AM Class - Room 3	11:00a Parkinson 11 AM Exercise - Room 3			
	12:00p SAC Volunteers	11:30a .Nutrition Program Congregate Meal - Dining RoomA	11:30a .Nutrition Program Congregate Meal - Dining RoomA			
		12:00p SAC Volunteers	12:00p SAC Volunteers			
		12:30p SAC Pinochle - 3	01:00p SAC Bridge - Room 8			
		01:30p NKA Beginning And Intermediate Knitting - Room 11	01:00p SAC Free Dance Lessons - Dining RoomA			
		01:30p NKA Crochet/Knitting Service Group - Room 6	01:00p SAC Line Dancing - Room 3			
		03:30p SAC Fit and Fall 3:30 PM Class - Room 3	01:00p SAC Mexican Train - Room 4			
		04:30p TOPS - Room 4				