

Mymayt Disclaimer

General Information

The information and services provided by Mymayt are intended for general conversational purposes only.

Mymayt provides a private conversational space for informal discussion and reflection through scheduled conversations. The service is designed to offer individuals an opportunity to speak openly and talk through personal experiences or situations in a non-clinical environment.

The content of conversations and any views expressed during sessions are not intended to constitute professional advice.

Not Professional Advice

Any opinions or perspectives shared during conversations are informal in nature and should not be interpreted as professional advice or instruction.

Mymayt does **not** provide medical, psychological, psychiatric, legal, or financial advice. The service is not counselling, therapy, mental health treatment, or any form of clinical or professional support.

Nothing discussed during a session should be interpreted as professional guidance, diagnosis, or treatment. If you require medical, mental health, legal, or financial advice, you should seek assistance from an appropriately qualified professional.

Not a Crisis or Emergency Service

Mymayt is **not a crisis support service** and is not equipped to respond to emergency situations.

If you are experiencing a crisis, emotional distress requiring immediate support, or thoughts of harming yourself or others, you should seek assistance from an appropriate emergency or crisis support service.

Personal Responsibility

Clients remain responsible for their own decisions, actions, and outcomes following any conversation with Mymayt.

Conversations may involve discussion of personal experiences, perspectives, or general life situations. Mymayt does not guarantee outcomes or results.

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Any decisions made by a client following a session are made at the client's own discretion and responsibility.

Service Limitations

Mymayt provides conversational sessions only. The service does not involve professional assessments, diagnoses, treatment plans, or structured therapeutic processes.

Sessions are intended as informal discussions rather than professional consultations.

Mymayt is an independent conversation service and should not be used as a substitute for professional advice or mental health support.

Use of the Service

By using the Mymayt website or booking a session, you acknowledge that you understand the nature and limitations of the service as outlined in this disclaimer.

Mymayt reserves the right to refuse or discontinue service where appropriate.

Contact

If you have any questions regarding this disclaimer, you may contact Mymayt at:

hello@mymayt.com.au