



# *Mama Gina's*

8651 John T White rd. #115

Fort Worth, TX 76120

682-360-3755

[www.mamaginas.biz](http://www.mamaginas.biz)

*Meal Prep  
\$14.50 ea*

## **BBQ CHICKEN (WINGETTES)**

*served with roasted potatoes, sweet & spicy green beans*

## **SHRIMP & GRITS**

*served with collards and roasted vegetables*

## **MAPLE GLAZED SALMON**

*over orzo pasta with broccoli*

## **CILANTRO LIME CHICKEN**

*served with white rice and broccoli*

## **VEGETARIAN SPAGHETTI**

*served with yams*

## **~~~~~BUNDLE DEALS~~~~~**

**8 MEALS \$110.00**  
**12 MEALS \$155.00**

DESSERT - \$4.25 ea

*sweet potato pound cake*

*triple chocolate cake*

*peach cobbler*

*bourbon glazed banana pudding*

MUST HAVE  
menus

