

Friends FOR SURVIVAL

2025 Impact Report

Dear Friends and Supporters,

As we look back on 2025, our hearts are filled with gratitude for your continued support of Friends for Survival. For more than four decades, our mission has remained steadfast: to walk alongside individuals and families grieving the loss of a loved one to suicide with compassion, understanding, and hope. This year, your generosity allowed us to strengthen that mission in meaningful ways—reaching more survivors, expanding critical programs, and deepening the connections that sustain our community. We had loss survivors from 47 different states and four countries receive our services in 2025.



Your gifts—whether through donations, time, or heartfelt encouragement—have made a profound difference for those navigating one of life’s most painful losses. Because of you, survivors are met with empathy in their darkest moments and reminded that they are not alone, that community exists, and that healing can unfold with support.

Thank you for being part of this vital work. Together, we are bringing light to the darkness of loss.

With deep gratitude,

Susan J. Reynolds

Executive Director, Friends for Survival

Our Mission and Who We Serve

Friends for Survival provides compassionate peer support, education, and resources to those grieving the loss of a loved one to suicide. Through support groups, grief materials, and community outreach, we help survivors navigate their healing journey and find hope after devastating loss.

43+ years
supporting suicide
loss survivors.



“

Finding Friends for Survival was a lifeline during the darkest time of my life. The support group gave me a safe place to share my grief with people who truly understood. I'm forever grateful for this community.

— Sarah M., Mother



“

As a first responder, I've seen the devastating impact of suicide loss. Friends for Survival provided resources that helped me support families with compassion and understanding. This organization is doing critical work.

— Officer James T., First Responder



“

The Lilly Box arrived when I needed it most. Knowing that others cared enough to create this comfort kit reminded me I wasn't alone. Each item brought a small moment of peace during an impossible time.

— Michael R., Survivor

2025 Impact Highlights

In total...

456

unique suicide loss survivors participated in our peer support meetings. While each individual is counted once, many returned to multiple meetings as part of their ongoing need for peer support.

Peer Support Meetings Held

88

Our groups allow suicide loss survivors to connect with others who truly understand their loss, creating safe spaces for shared understanding, comfort, and hope.

"Grief After Suicide" Booklets Distributed

522

In addition to peer support, we provided free grief resources to members of the suicide loss community. This booklet offers guidance, understanding, and practical tools to help individuals navigate the difficult emotions that follow a suicide loss.

Newsletters Distributed

55,459

Our *Comforting Friends* monthly eNewsletter encourages each of us to pace our grief while giving us a sense of connection to the larger community of fellow grievers.

"When Someone You Love Dies by Suicide" Booklets Distributed

723

Suicide loss survivor Stephanie Chandler authored this helpful resource with first responders in mind.

"These booklets are for first responders to provide to families who have experienced a suicide loss. It's what I wish someone had given to me. My hope is that this booklet will provide some small amount of comfort and healing."

"The Little Book on Grief" Books Distributed

466

Iris Bolton and her niece, Kit Casey, crafted this guide, expressing their experiences and insights through words and art.

To read, to share or to give away. Starting in 2023, with Iris and Kit's blessing and permission, *The Little Book on Grief* is exclusively offered by Friends for Survival Publishing, free of charge.

FINANCIAL TRANSPARENCY

85% of every dollar goes directly to suicide loss survivor support programs.

2025 Expenses

- **85% Programs:** Direct survivor support
- **10% Administration:** Operations & infrastructure
- **5% Fundraising:** Donor outreach

Revenue Sources

- **Individual Donations:** \$93,644 (50% of total revenue)
 - **Grants and Foundations:** \$94,450 (50% of total revenue)
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LOOKING AHEAD - 2026 GOALS

Expand Virtual Support Meetings

Increase accessibility by adding more virtual support group sessions and reaching survivors in underserved areas across the country.

Expand Multiple Pathways

Continue to add a broad range of healing pathways available to suicide loss survivors, ensuring there are many meaningful ways to navigate and integrate grief.

Strengthen Partnerships

Deepen collaborations with Alliance of Hope, AFSP, and local first responder agencies to provide comprehensive support.

HOW YOUR SUPPORT MAKES AN IMPACT

For our suicide loss survivors:

<p>Information Packet</p> <p>A helpful packet of information that provides guidance, comfort, and immediate support.</p>	<p>\$ 5</p>	<p>Virtual peer support group</p> <p>One (1) virtual peer support group meeting for our suicide loss survivors.</p>	<p>\$ 250</p>
<p>Comfort Kit aka Lilly Box</p> <p>A small "hug in the mail" sent to an individual after attending their first meeting.</p>	<p>\$ 15</p>	<p>Virtual peer support groups</p> <p>One month of free virtual peer support meetings (five total).</p>	<p>\$ 1,250</p>

For our loss survivor community:

<p>When Someone You Love Dies by Suicide booklet</p> <p>Prints 125. This booklet was created with first responders in mind, to provide to families who have experienced a suicide loss. Available to anyone free of charge in our website store.</p>	<p>\$ 100</p>	<p>Grief After Suicide ("blue") booklet</p> <p>Prints 100. Understanding your emotions, as well as learning something about suicide in general, may ease your grief. Available to anyone free of charge in our website store.</p>	<p>\$ 100</p>
<p>Comforting Friends monthly eNewsletter</p> <p>One (1) monthly issue distributed to over 2,400 subscribers.</p>	<p>\$ 100</p>	<p>The Little Book on Grief</p> <p>Prints 12 copies of "Little Book on Grief" which is available free of charge in our website store.</p>	<p>\$ 100</p>

Shipping charges may apply to some of our items in our website store.

Together, We Bring Light to the Darkness of Loss

Your partnership makes healing possible for suicide loss survivors.

