



Marilyn Koenig, Co-Founder and Executive Director
 Friends for Survival, Inc.
 P. O. Box 214463
 Sacramento, CA 95821
 1-800-646-7322 or 916-392-0664
marilyn@friendsforsurvival.org

Bio	Speaking Topics
<p>Marilyn Koenig (pronounced “Kay-Nig”):</p> <p>In the summer of 1982, two mothers, Marilyn Koenig and Chris Moon (who had each experienced the suicide death of a teenage son), met at a meeting in Sacramento, CA. Their connection was immediate and their feeling of compassion for each other spurred them on to consider helping others who were also grieving. With \$100 and eight people in a living room sharing their grief, Chris and Marilyn started a support bereavement support group, eventually named Friends for Survival.</p> <p>Since 1983, many survivors, board members and other volunteers have developed principles, programs and services which have created a strong and sustainable organization, providing on-going suicide bereavement comfort, support and education to individuals, families and mental health professionals.</p>	<ul style="list-style-type: none"> ❖ Suicide Loss and Survivor Grief ❖ Complicated Grief and How To Manage It ❖ What Helps, What Doesn’t (Everything Helps A Little, Nothing Helps A Lot) ❖ Ways to Memorialize your Loved One ❖ Through the Years: Resources that are available ❖ How Could I Be Out of Kleenex? ❖ Creating a Sustainable Suicide Bereavement Support Group ❖ Event Focused: We can discuss specific topics of your choosing that centers around suicide bereavement support.

To book Marilyn for your next event, contact us at: Friends for Survival, Inc.
 916-392-0664 or info@friendsforsurvival.org