

# Cabin Fever Quilt Along

## Part 5: Variable Star

Variable Star comes in two sizes in this quilt, 8 inches and 10 inches finished. Additionally, two of the smaller stars have a Square-in-a-Square block in the center

### 8-inch Variable Star

**Building Blocks:** Measurements are for **unfinished** units.

4 squares neutral, 2-1/2"

1 square Scrap 1, 4-1/2"

4 Flying Geese, Scrap 2/neutral, 2-1/2" X 4-1/2"

**Cutting:** These cutting instructions will make the Flying Geese (FG) oversized. They will need to be cut down using the Wing Clipper ruler. The smaller neutral squares and the Scrap 1 square are cut to exact dimensions.

Scrap 1: One square, 4-1/2" (center)

Scrap 2: One square, 7" (FG wings)

Neutral: One square, 5-1/2" (FG), 4 squares 2-1/2" (corners)

**Construction:** Follow the instructions in Flying Geese Four at a Time, using the Scrap 2 square and the larger neutral square. Arrange the building blocks in three rows, using the photo to the right as a guide. Sew into rows, and then sew the three rows together.



### 10-inch Variable Star

**Building Blocks:** Measurements are for **unfinished** units.

4 squares neutral, 3"

1 square Scrap 1, 5-1/2"

4 Flying Geese, 3" X 5-1/2"

**Cutting:** These cutting instructions will make the Flying Geese (FG) oversized. They will need to be cut down using the Wing Clipper ruler. The smaller neutral squares and the Scrap 1 square are cut to exact dimensions.

Scrap 1: One square, 5-1/2" (center)

Scrap 2: One square, 8" (FG wings)

Neutral: One square, 6-1/2" (FG), 4 squares 3" (corners)

**Construction** is the same method as used for the 8-inch Variable Star.

## Square in a Square

Square in a Square is substituted for the center in two of the 8-inch stars. The Square Squared Tucker ruler is very helpful for this unit, but not absolutely necessary.

**Cutting:** These units are used with the Square Squared ruler.

Scrap 1: Cut one to the size indicated on the ruler for 4" finished block.

Scrap 2: Two squares, 3-1/4", cut in half diagonally

**Construction:** Follow the instructions that come with the ruler to make the oversized block and trim it down to 4-1/2".

**Alternate method cutting:**

Scrap 1: One square, 4-1/2"

Scrap 2: Four squares, 2-1/2"

**Construction:** Follow this link to see the folded corners method to make the Square in a Square block.

<https://www.generations-quilt-patterns.com/square-in-a-square-quilt-block.html>

There are many other online sources for this method. Just Google "Square in a Square block."

