

“Where can we go to hear Him? We can go to the scriptures.

They teach us about Jesus Christ and His gospel, the magnitude of His Atonement, and our Father’s great plan of happiness and redemption. Daily immersion in the word of God is crucial for spiritual survival, especially in these days of increasing upheaval. As we feast on the words of Christ daily, the words of Christ will tell us how to respond to difficulties we never thought we would face.”

-President Russell M. Nelson





“It is [in the scriptures] that our children will come to know *Jesus* and find **answers to their questions**. It is there they will learn for themselves the *doctrine of Christ*. It is there they will find **hope**. This will prepare them for a lifetime of *seeking truth* and **living on the covenant path.**”

-Bro. Jan E. Newman



# Be Thou an Exam- ple of the Believers

October 23-29

## 1 and 2 Timothy; Titus; Philemon

### 2 Timothy

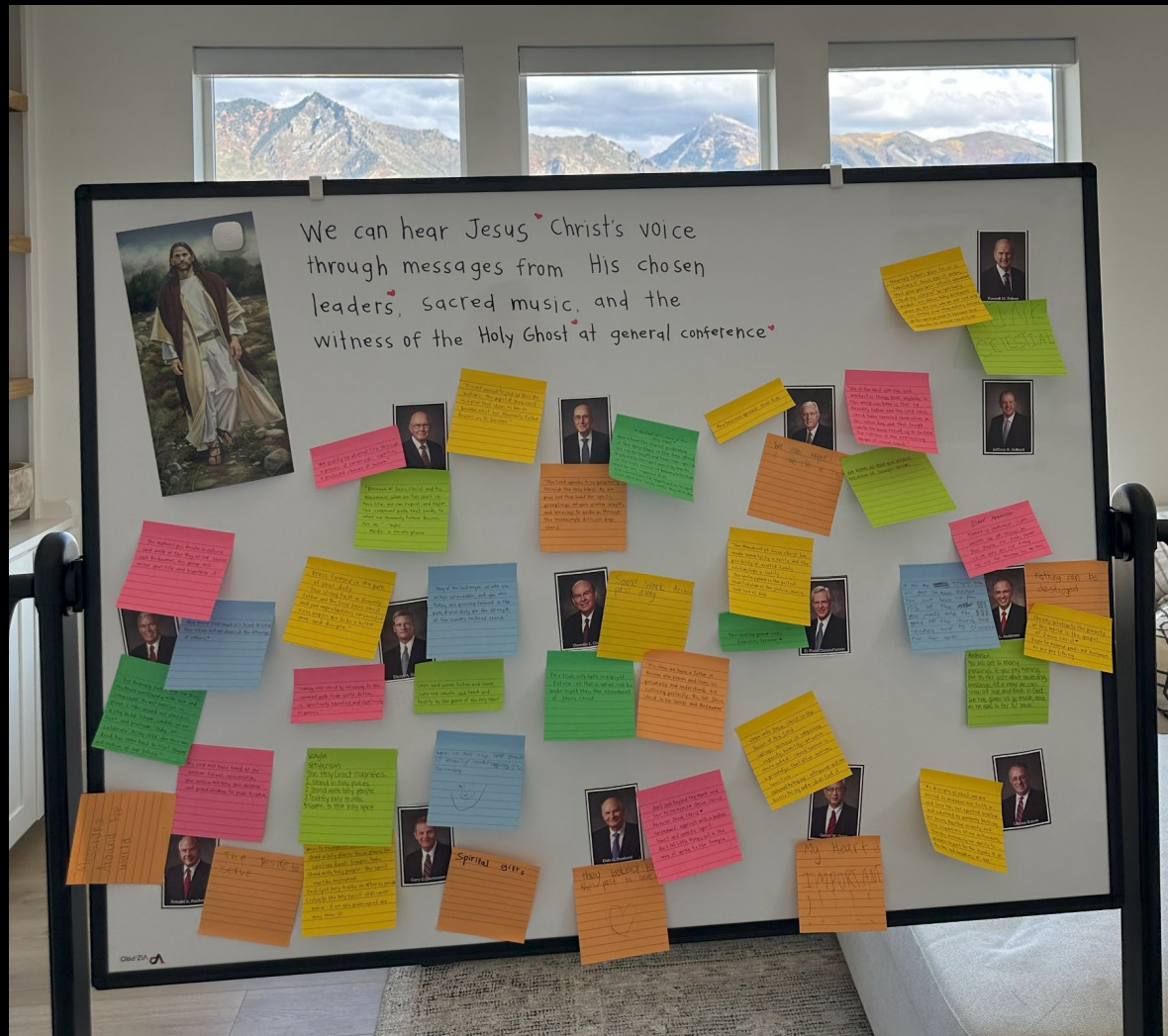
**“God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”** What did Paul say to encourage Timothy in this epistle? You might also read with your own challenges and fears in mind. What messages of hope and encouragement does the Lord have for you in 2 Timothy?

### 2 Timothy 3

**Living the gospel provides safety from the spiritual dangers of the last days.** Can you think of examples of these perils in the world around you—or in your own life? How do these perils, like the people described in verse 6, “creep into [your house], and lead [you] captive”? What counsel do you find in 2 Timothy 3, and elsewhere in these epistles, that could keep you and your family safe from these spiritual dangers?

### Philemon

**Disciples of Jesus Christ treat one another like brothers and sisters.** As you read Paul’s epistle to Philemon, ponder how you might apply his counsel to your relationships with others. What does it mean to be “a brother [or sister] beloved ... in the Lord”? Do you know someone who you need to receive in this way?



“The voice of the covenant people is found in...  
our own words of testimony,  
the words of  
*living prophets,*  
and it is preserved  
powerfully in the scriptures”

-Bro. Jan E. Newman