



OneTop Center World Taekwondo Schedule



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30pm - 5:00pm Little Tigers (Age 3-6) All Belt Levels	4:30pm - 5:00pm Little Tigers (Age 3-6) All Belt Levels	4:30pm - 5:00pm Little Tigers (Age 3-6) All Belt Levels	4:30pm - 5:00pm Little Tigers (Age 3-6) All Belt Levels	4:30pm - 5:00pm Little Tigers (Age 3-6) All Belt Levels	
4:40pm - 5:20pm Intermediate Class	4:40pm - 5:20pm Beginners Class	4:40pm - 5:20pm Beginners Class	4:40pm - 5:20pm Beginners Class	4:40pm - 5:20pm Beginners Class	
5:30pm - 7:30pm Poomsae Team 5:30pm - 7:30pm Sparring Team	5:25pm - 6:05pm Intermediate Class	5:30pm - 7:30pm Poomsae Team 5:30pm - 7:30pm Sparring Team	5:25pm - 6:05pm Intermediate Class	5:25pm - 6:05pm Intermediate, Advanced & Black Belt Class	
	6:10pm - 6:50pm Advanced & Black Belts Class		6:10pm - 6:50pm Advanced & Black Belts Class		
	6:10pm - 7:00pm Adult Class 15 & Older		6:10pm - 7:00pm Adult Class 15 & Older	6:10pm - 7:40pm Poomsae Team & Sparring Team Strength & Conditioning	

Beginners
 White Belt
 Yellow Belt
 Orange Belt
 Green Belt

Intermediate
 Purple Belt
 Blue Belt
 Brown Belt
 Red Belt

Advanced
 Poom Belt
 School Black Belt 1
 School Black Belt 2
 School Black Belt 3