



# OneTop Center World Taekwondo Schedule



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**MONDAY**

4:00pm - 4:30pm  
**Little Tigers** (Age 3-6)  
All Belt Levels

4:40pm - 5:20pm  
Intermediate  
Class

5:30pm - 7:30pm  
Poomsae Team  
5:30pm - 7:30pm  
Sparring Team

7:35pm - 8:15pm  
Advanced  
Black Belts  
Class

**TUESDAY**

4:00pm - 4:30pm  
**Little Tigers** (Age 3-6)  
All Belt Levels

4:40pm - 5:20pm  
Beginners  
Class

5:25pm - 6:05pm  
Intermediate  
Class

6:10pm - 6:50pm  
Advanced  
Black Belts  
Class

7:00pm - 8:00pm  
Adult Class  
15 & Older

**WEDNESDAY**

4:00pm - 4:30pm  
**Little Tigers** (Age 3-6)  
All Belt Levels

4:40pm - 5:20pm  
Beginners  
Class

5:30pm - 7:30pm  
Poomsae Team  
5:30pm - 7:30pm  
Sparring Team

7:35pm - 8:15pm  
Advanced  
Black Belts  
Class

**THURSDAY**

4:00pm - 4:30pm  
**Little Tigers** (Age 3-6)  
All Belt Levels

4:40pm - 5:20pm  
Beginners  
Class

5:25pm - 6:05pm  
Intermediate  
Class

6:10pm - 6:50pm  
Advanced  
Black Belts  
Class

7:00pm - 8:00pm  
Adult Class  
15 & Older

**FRIDAY**

4:00pm - 4:30pm  
**Little Tigers** (Age 3-6)  
All Belt Levels

4:40pm - 5:20pm  
Beginners  
Class

5:25pm - 6:05pm  
Intermediate  
Class

6:10pm - 7:40pm  
Poomsae Team  
6:10pm - 7:40pm  
Sparring Team

**SATURDAY**

**Beginners**



White Belt



Yellow Belt



Orange Belt



Green Belt

**Intermediate**



Purple Belt



Blue Belt



Brown Belt



Red Belt

**Advanced**



Poom Belt



School Black Belt



School Black Belt



School Black Belt

1

2

3