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Potential Study Schedule

DATE	TOPIC	RESOURCES TO REVIEW	TO COMPLETE
May	SCHIZOPHRENIA	DSM, K&S Guidelines (CJP 2017, CJP 2018 Akathisia, CJP 2019 TD) Landmark studies – CutLass, CATIE	Practice MCQ
June	DEPRESSION	DSM, K&S Guidelines (CANMAT 2023, CCSMH 2021) Landmark studies – StarD, TADS, TORDIA, SADHART	Practice MCQ
July	BIPOLAR	DSM, K&S Guidelines (CANMAT 2018, CANMAT 2021 Mixed Fts) Landmark studies – STEP-BD	Practice MCQ
August	ANXIETY (including OCRD, trauma disorders, somatic symptom disorders)	DSM, K&S Guidelines (Canadian practice 2014, CCSMH 2024)	Practice MCQ
September	CHILD (including neurodevelopment, feeding/eating/elimination disorders, impulse-control disorders)	DSM, K&S Guidelines (CADDRA 2020, CJP 2015 DBD, CJP 2012 Tics AACAP ID 2020, ASD CJAM 2014, APA ED 2023) Development charts (Freud, Erikson, Piaget, etc.) Landmark studies – MTA, CADDRA	Practice MCQ
October	GERI (neurocognitive disorders) and neuropsych	DSM, K&S Guidelines (CCSMH national guidelines - Anxiety/MDD/BPSD/Suicide/Social Isolation, SUD - OUD/CUD/AUD/BZ)) Review course material	Practice MCQ
November	SUBSTANCE USE DISORDERS SLEEP DISORDERS	DSM, K&S Guidelines (BCCSU clinical guidelines; AASM guidelines) Review course material Landmark studies – EAGLES trial	Practice MCQ
December	PSYCHOTHERAPY PERSONALITY DISORDERS	DSM, K&S, review course material	Practice MCQ Qbank
January	OTHER TOPICS – Reproductive psych, critical appraisal, forensic, paraphilias, gender dysphoria, CL REVIEW COURSES	DSM, review course material CPA position papers (skim) CJP suicide series (skim) Guidelines (WPATH 2011, CANMAT Perinatal 2024)	Practice MCQ Qbank
February	REVIEW COURSES	Review course material	Qbank
March	PRACTICE EXAMS WRITE THE MCQ BEGIN OSCE PREP	Review course material	OSCE 1 x week
April	OSCE PREP	Review course material	OSCE 2 x week
May	OSCE PREP WRITE THE OSCE	Review course material	OSCE 3 x week