

Depressive Disorders						
	Disruptive Mood Dysregulation	Major Depressive Disorder	Persistent Depressive Disorder	Premenstrual Dysphoric Disorder		
Phenomenology	<ul style="list-style-type: none"> <li>Temper outbursts, severe/recurrent</li> <li>Verbal or behavioral</li> <li>Grossly out of proportion</li> </ul>	<b>MAJOR DEPRESSIVE EPISODE (5+)</b> <ul style="list-style-type: none"> <li>Present for same 2-week period</li> <li>With either low mood or anhedonia</li> </ul> <ol style="list-style-type: none"> <li>Depressed mood</li> <li>Anhedonia</li> <li>Appetite/weight change (&gt;5%)</li> <li>Sleep disturbance</li> <li>Energy low</li> <li>Concentration difficult/indecisive</li> <li>Psychomotor agitation/retardation</li> <li>Guilt (inappropriate, worthlessness)</li> <li>Suicidal ideation or attempt</li> </ol>	<ul style="list-style-type: none"> <li>Depressed mood for &gt;2 years</li> <li>Most days, most of day</li> <li>&gt;1 yr in child/adol</li> </ul>	<ul style="list-style-type: none"> <li>5+ sx in week before menses</li> <li>Sx improve with days of onset</li> <li>Minimal sx in week postmenses</li> <li>Most of menstrual cycles in past yr</li> </ul>		
	<ul style="list-style-type: none"> <li>3+ outbursts per week (average)</li> </ul>		<b>DEPRESSIVE SYMPTOMS (2+)</b> <ol style="list-style-type: none"> <li>Appetite change</li> <li>Sleep disturbance</li> <li>Energy low</li> <li>Concentration difficulty/indecisive</li> <li>Low self-esteem</li> <li>Hopelessness</li> </ol>	<b>AFFECTIVE SYMPTOMS (1+)</b> <ol style="list-style-type: none"> <li>Labile affect</li> <li>Irritability/anger, interprsnl conflicts</li> <li>Low mood, hopelessness, self-deprecating thoughts</li> <li>Anxiety, tension, on edge</li> </ol>		
	<ul style="list-style-type: none"> <li>Persistently irritable/angry</li> <li>Between outbursts</li> <li>Most of day, every day</li> <li>Observable by others</li> </ul>			<b>FUNCTIONAL SYMPTOMS (1+)</b> <ol style="list-style-type: none"> <li>Anhedonia</li> <li>Appetite changes</li> <li>Sleep disturbance</li> <li>Energy low</li> <li>Concentration difficulties</li> <li>Overwhelmed, out of control</li> <li>Physical sx (breast tender/swelling, joint/muscle pain, bloating, wt gain)</li> </ol>		
	<ul style="list-style-type: none"> <li>Inconsistent with development level</li> <li>Age of onset &lt;10 yo</li> <li>Diagnosis made between 6-18 yo</li> </ul>					
Dur	<ul style="list-style-type: none"> <li>Duration &gt;12 months</li> <li>Not &gt;3 months without all symptoms</li> </ul>		<ul style="list-style-type: none"> <li>Not without sx &gt;2 months during 2-yr period (1 yr for child/adol)</li> </ul>	<ul style="list-style-type: none"> <li>Confirmed by daily ratings</li> <li>During at least 2 symptomatic cycles</li> </ul>		
			<ul style="list-style-type: none"> <li>May have continuous MDD for 2 yrs</li> </ul>			
Fxn	<ul style="list-style-type: none"> <li>In 2/3 settings (home, school, peers)</li> <li>Severe in at least one setting</li> </ul>	<ul style="list-style-type: none"> <li>Sig distress/fxnl impairment</li> </ul>	<ul style="list-style-type: none"> <li>Sig distress/fxnl impairment</li> </ul>	<ul style="list-style-type: none"> <li>Sig distress/fxnl impairment</li> </ul>		
Excl	<ul style="list-style-type: none"> <li>Not due to substance or AMC</li> </ul>	<ul style="list-style-type: none"> <li>Not due to substance or AMC</li> </ul>	<ul style="list-style-type: none"> <li>Not due to substance or AMC</li> </ul>	<ul style="list-style-type: none"> <li>Not due to substance or AMC</li> </ul>		
	<ul style="list-style-type: none"> <li>Does not meet hypomania/mania episode sx criteria for &gt;1 day</li> </ul>	<ul style="list-style-type: none"> <li>No hypomanic or manic episodes</li> </ul>	<ul style="list-style-type: none"> <li>No hypomanic or manic episodes</li> <li>Not cyclothymic disorder</li> </ul>			
	<ul style="list-style-type: none"> <li>Not exclusively during MDE</li> <li>Not due to another mental disorder (autism, PTSD, separation anxiety, persistent depressive disorder)</li> <li>Cannot coexist with ODD, IED, bipolar</li> </ul>	<ul style="list-style-type: none"> <li>Not due to another mental disorder (schizophrenia spectrum disorders)</li> </ul>	<ul style="list-style-type: none"> <li>Not due to another mental disorder (schizophrenia spectrum disorders)</li> </ul>	<ul style="list-style-type: none"> <li>Not due to another mental disorder (not exacerbation of MDD, panic, dysthymia, personality disorder)</li> </ul>		
Specifiers	None	<ul style="list-style-type: none"> <li>Mild/moderate/severe</li> <li>In partial/full remission</li> <li>Unspecified</li> <li>With anxious distress</li> <li>With mixed features</li> <li>With melancholic features</li> <li>With atypical features</li> <li>With mood-congruent psychotic fts.</li> <li>With moon-incongruent psychotic fts.</li> <li>With peripartum onset</li> <li>With catatonia</li> <li>With seasonal pattern</li> </ul>	<ul style="list-style-type: none"> <li>Mild/moderate/severe</li> <li>In partial/full remission</li> <li>Early/late onset (before/after 21)</li> <li>With anxious distress</li> <li>With mixed features</li> <li>With melancholic features</li> <li>With atypical features</li> <li>With mood-congruent psychotic fts.</li> <li>With mood-incongruent psychotic fts.</li> <li>With peripartum onset</li> </ul> <p>For most recent 2 years of PDD:</p> <ul style="list-style-type: none"> <li>With pure dysthymic syndrome</li> <li>With persistent MDE</li> <li>With intermittent MDE, with current episode</li> <li>With intermittent MDE, without current episode</li> </ul>	<ul style="list-style-type: none"> <li>Provisional (if no prospective daily ratings)</li> </ul>		

Depressive Disorders						
	Substance/Medication-Induced	Due to AMC	Other Specified	Unspecified		
Phenomenology	<ul style="list-style-type: none"> <li>Depressed mood or anhedonia predominate clinical picture</li> </ul>	<ul style="list-style-type: none"> <li>Depressed mood or anhedonia predominate clinical picture</li> </ul>	<ul style="list-style-type: none"> <li>Does not meet any full criteria</li> <li>Choose TO specify reason</li> </ul> <ol style="list-style-type: none"> <li>Recurrent brief depression               <ul style="list-style-type: none"> <li>Depressed mood and 4+ other sx</li> <li>Duration 2-13 days</li> <li>1+ times/month, for 12+ months</li> <li>Not other mood/psychotic disorder</li> <li>Not psychotic disorder</li> </ul> </li> <li>Short-duration depressive episode               <ul style="list-style-type: none"> <li>Depressed mood and 4+ other sx</li> <li>Duration 4-13 days</li> <li>Not recurrent brief depression</li> <li>Not other mood/psychotic disorder</li> </ul> </li> <li>Depressive episode with insufficient symptoms               <ul style="list-style-type: none"> <li>Depressed mood and 1+ other sx</li> <li>Duration &gt;2 weeks</li> <li>Not other mood/psychotic disorder</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>Does not meet any full criteria</li> <li>Choose NOT to specify reason</li> <li>Insufficient information for dx</li> </ul>		
	Hx, P/E, lab findings of both: <ol style="list-style-type: none"> <li>Sx onset during/soon after substance intox/withdrawal or medication exposure</li> <li>Sub/med capable of producing sx</li> </ol>	<ul style="list-style-type: none"> <li>Direct pathophysiological consequence of AMC, as per evidence from Hx, P/E, labs</li> </ul>				
Dur						
Fxn	<ul style="list-style-type: none"> <li>Sig distress/fxnal impairment</li> </ul>	<ul style="list-style-type: none"> <li>Sig distress/fxnal impairment</li> </ul>				
Excl	<ul style="list-style-type: none"> <li>Not due to another depressive disorder (Sx precede sub/med use, symptoms &gt;1 month after stopping, other evidence)</li> </ul>	<ul style="list-style-type: none"> <li>Not due to another mental disorder (adjustment disorder)</li> </ul>				
	<ul style="list-style-type: none"> <li>Not during delirium</li> </ul>	<ul style="list-style-type: none"> <li>Not during delirium</li> </ul>				
Specifiers	Indicate substance <ul style="list-style-type: none"> <li>With onset during intoxication</li> <li>With onset during withdrawal</li> <li>With onset after medication use</li> </ul>	Indicate name of AMC <ul style="list-style-type: none"> <li>With depressive features</li> <li>With major depressive-like features</li> <li>With mixed features</li> </ul>				

Specifiers for Depressive Disorders						
	Phenomenology	With anxious distress	With mixed features	With melancholic features	With atypical features	With psychotic features
		With catatonia				
Excl		DURING MAJORITY OF MDE/PDD (2+)	HYPOMANIC/MANIC SYMPTOMS (3+)	DURING MOST SEVERE PERIOD (1+)	DURING MAJORITY OF MDE/PDD	With psychotic features
		1. Tense, keyed up 2. Restless 3. Concentration difficult due to worry 4. Fear something awful will happen 5. Feeling might lose control of self	<ul style="list-style-type: none"> <li>During majority of MDE</li> <li>1. Elevated, expansive mood</li> <li>2. Grandiosity, inflated self-esteem</li> <li>3. More talkative, pressured speech</li> <li>4. Racing thoughts, flight of ideas</li> <li>5. More energy, goal-directed activity</li> <li>6. Risky activities, sig consequences</li> <li>7. Decr need for sleep</li> </ul>	<ul style="list-style-type: none"> <li>1. Loss of pleasure in most activities</li> <li>2. Lack of reactivity to pleasurable stimuli</li> </ul>	<ul style="list-style-type: none"> <li>Mood reactivity</li> </ul>	<ul style="list-style-type: none"> <li>Delusions/hallucinations present</li> </ul>
Specifiers			<ul style="list-style-type: none"> <li>Change from usual behavior</li> <li>Observable by other</li> </ul>	MELANCHOLIC SYMPTOMS (2+)	ATYPICAL SYMPTOMS (2+)	MOOD-CONGRUENT PSYCHOTIC FTS
			<ul style="list-style-type: none"> <li>Not due to substance or AMC</li> <li>Not hypomanic or manic episode</li> </ul>	<ul style="list-style-type: none"> <li>1. Despair, despondency, empty</li> <li>2. Worse in morning</li> <li>3. Early-morning waking (&gt;2 hrs)</li> <li>4. Psychomotor agitation/retardation</li> <li>5. Anorexia/weight loss</li> <li>6. Guilt (excessive/inappropriate)</li> </ul>	<ul style="list-style-type: none"> <li>1. Weight gain/increased appetite</li> <li>2. Hypersomnia</li> <li>3. Leaden paralysis</li> <li>4. Interpersonal rejection sensitivity</li> </ul>	<ul style="list-style-type: none"> <li>Consistent with typical depressive themes (inadequacy, guilt, nihilism, disease, death, deserved punishment)</li> </ul>
Specifiers						MOOD-INCONGRUENT PSYCHOTIC FTS
		<ul style="list-style-type: none"> <li>Mild (2 sx)</li> <li>Moderate (3 sx)</li> <li>Moderate-severe (4-5 sx)</li> <li>Severe (4-5 sx, motor agitation)</li> </ul> <p>Higher suicide risk Longer duration of illness More likely nonresponsive to tx</p>	None	<ul style="list-style-type: none"> <li>Modest tendency to repeat</li> <li>More frequent in inpatients</li> <li>More likely in severe MDE</li> <li>More likely if psychotic features</li> </ul>	<ul style="list-style-type: none"> <li>Not "with melancholic features" or "with catatonia"</li> </ul>	<ul style="list-style-type: none"> <li>None/mixture of typical depressive themes</li> </ul>
Specifiers						With catatonia
						<ul style="list-style-type: none"> <li>Catatonic present for most of episode</li> </ul>

Specifiers for Depressive Disorders					
	With peripartum onset	With seasonal pattern	In partial/full remission	Severity	
Phenomenology	<ul style="list-style-type: none"> <li>If current/most recent MDE occurs during pregnancy, or in 4 weeks following delivery</li> </ul>	<ul style="list-style-type: none"> <li>Regular temporal relationship between onset of MDE and particular time of year</li> <li>Applies to recurrent MDD</li> <li>Not due to seasonal stressors</li> </ul>	<b>IN PARTIAL REMISSION</b> <ul style="list-style-type: none"> <li>Full criteria no longer met</li> <li>&lt;2 months without sig symptoms</li> </ul> <b>IN FULL REMISSION</b> <ul style="list-style-type: none"> <li>&gt;2 months without sig symptoms</li> </ul>	<b>MILD</b> <ul style="list-style-type: none"> <li>Few symptoms above required</li> <li>Manageable intensity of sx</li> <li>Minor impairment</li> </ul> <b>MODERATE</b> <ul style="list-style-type: none"> <li>Between mild and severe</li> </ul> <b>SEVERE</b> <ul style="list-style-type: none"> <li>Many symptoms above required</li> <li>Unmanageable intensity of sx</li> <li>Major fxnal impairment</li> </ul>	
Excl		<ul style="list-style-type: none"> <li>Full remission at particular time of yr</li> </ul>			
		<ul style="list-style-type: none"> <li>For past 2 years, 2 MDEs with temporal seasonal relationships</li> <li>No nonseasonal MDEs in same period</li> </ul>			
		<ul style="list-style-type: none"> <li>Seasonal MDEs sig outnumber nonseasonal MDEs over lifetime</li> </ul>			
Specifiers	None  3-6% experience peripartum MDE 50% begin prior to delivery Often severe anxiety, panic attacks "Baby blues" increase risk Can have psychotic features Infanticide most often assoc with postpartum psychotic episodes, command hallucs to kill, delusions that infant is possessed Postpartum mood episodes with psychotic features: 1 in 500-1000 deliveries, more common in primiparous women	None	None	None	