| Dissociative Disorders                                                                                                                                                                                            |                                                                                                                                                    |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                    |                                                                                                                   |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--|
| Dissociative Identity Disorder                                                                                                                                                                                    | Dissociative Amnesia                                                                                                                               | Depersonalization/Derealization                                                                                                                                                                          | Other Specified                                                                                                                                                                                                                                                                    | Unspecified                                                                                                       |  |
| 2+ DISTINCT PERSONALITY STATES  May be "experience of possession"  Discontinuous sense of self + agency  Alterations in affect, behavior, consciousness, memory, perception, cognition, or sensory-motor function | INABILITY TO RECALL PERSONAL INFO  Usually traumatic/stressful nature  Not ordinary forgetting                                                     | Either or both: DEPERSONALIZATION  • Unreality, detachment or being an outside observer to one's thoughts, feelings, sensations, body or actions  DEREALIZATION  • Unreality, detachment to surroundings | Does not meet any full criteria     Choose TO communicate specific reason     Chronic and recurrent syndromes of mixed dissociative symptoms     Identity disturbance     Less-than-mark discontinuity of self/agency     No dissociative amnesia                                  | Does not meet any full criteria     Choose NOT to communicate specific reason     Insufficient information for dx |  |
| GAPS IN RECALL  Of everyday events, personal info, traumatic events  Not ordinary forgetting                                                                                                                      |                                                                                                                                                    | Reality testing intact during dissociation                                                                                                                                                               | Identity disturbance due to prolonged and intense coercive persuasion     Acute dissociative reactions to stressful events     Typically <1 mos (hours-days)      Dissociative trance     With minor stereotyped behaviors     Unaware, cannot control     Transient paralysis/LOC |                                                                                                                   |  |
| Sig distress/fxnal impairment     Not due to substance or AMC                                                                                                                                                     | Sig distress/fxnal impairment     Not due to another mental disorder (DID, PTSD, acute stress disorder, SSD, NCD)      Not due to substance or AMC | Sig distress/fxnal impairment      Not due to another mental disorder (schizophrenia, panic disorder, MDD, PTSD, acute stress disorder, another dissociative disorder)      Not due to substance or AMC  |                                                                                                                                                                                                                                                                                    |                                                                                                                   |  |
| Not normal part of broadly accepted cultural/religious practice                                                                                                                                                   |                                                                                                                                                    |                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                    |                                                                                                                   |  |
| None                                                                                                                                                                                                              | With dissociative fugue                                                                                                                            | None                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                    |                                                                                                                   |  |