

Obsessive-Compulsive and Related Disorders					
	OCD	Body Dysmorphia	Hoarding	Trichotillomania	Excoriation
	Obsession, compulsions, or both OBSESSIONS (1 & 2) 1. Recurrent, persistent thoughts/urges/images that are intrusive/unwanted, causing anxiety/distress 2. Attempts to ignore/suppress or neutralize with compulsion COMPULSIONS (1 & 2) 1. Repetitive behaviors/mental acts, feels driven to do, in response to obsession or according to rigid rules 2. Aimed to prevent/reduce anxiety, but not realistically connected or are excessive	<ul style="list-style-type: none"> Preoccupied with defects/flaws in physical appearance that are not observable/slight to others Repetitive behaviors or mental acts for appearance concerns (at some point during course) 	<ul style="list-style-type: none"> Persistent difficulty discarding possessions, regardless of value Due to perceived need to save, distress assoc with discarding Accumulation of possessions Congests/clutters living areas Compromises intended use 	<ul style="list-style-type: none"> Recurrent hair pulling Results in hair loss Attempts to decrease/stop 	<ul style="list-style-type: none"> Recurrent skin picking Results in skin lesions Attempts to decrease/stop
	<ul style="list-style-type: none"> Sig distress/fxnal impairment, or <u>Time-consuming</u> (>1hr/day) 	<ul style="list-style-type: none"> Sig distress/fxnal impairment 	<ul style="list-style-type: none"> Sig distress/fxnal impairment 	<ul style="list-style-type: none"> Sig distress/fxnal impairment 	<ul style="list-style-type: none"> Sig distress/fxnal impairment
	<ul style="list-style-type: none"> Not due to another mental disorder Not due to substance or AMC 	<ul style="list-style-type: none"> Not due to another mental disorder (eating disorders) 	<ul style="list-style-type: none"> Not due to another mental disorder Not due to AMC 	<ul style="list-style-type: none"> Not due to another mental disorder Not due to AMC 	<ul style="list-style-type: none"> Not due to another mental disorder Not due to substance or AMC
S	<ul style="list-style-type: none"> With good/fair insight With poor insight With absent insight/delusional beliefs Tic-related 	<ul style="list-style-type: none"> With good/fair insight With poor insight With absent insight/delusional beliefs With muscle dysmorphia 	<ul style="list-style-type: none"> With good/fair insight With poor insight With absent insight/delusional beliefs With excessive acquisition 		

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	Sub/Med-Induced	Due to AMC	Other Specified	Unspecified	
	<ul style="list-style-type: none"> OC&RD symptoms predominate clinical picture 	<ul style="list-style-type: none"> OC&RD symptoms predominate clinical picture 	<ul style="list-style-type: none"> Does not meet any full criteria Choose TO communication specific reason for not meeting 	<ul style="list-style-type: none"> Does not meet any full criteria Choose NOT to communication specific reason for not meeting Insufficient information for dx 	
	Hx, P/E, lab findings of both: 1. Sx onset during/soon after substance intox/withdrawal or medication exposure 2. Sub/med capable of sx	<ul style="list-style-type: none"> Direct pathophysiological consequence of AMC, as per evidence from Hx, P/E, labs 	1. BDD-like, with actual flaws <ul style="list-style-type: none"> Flaws clearly observable Excessive preoccupation Sig distress/impairment 2. BDD-like, without repetitive behaviors <ul style="list-style-type: none"> No repetitive behavior or mental acts in response to appearance concerns 3. Body-focused repetitive behav <ul style="list-style-type: none"> Recurrent body behave Attempts to decr/stop Sig distress/impairment Not better explained 4. Obsessional jealousy <ul style="list-style-type: none"> Non-delusional preoccupation partner's perceived infidelity May lead to repetitive behave Sig distress/impairment Not better explained 		
	<ul style="list-style-type: none"> Sig distress/fxnal impairment 	<ul style="list-style-type: none"> Sig distress/fxnal impairment 	5. Shubo-kyofu <ul style="list-style-type: none"> Excessive fear of deformity Similar to BDD, taijin kyofu 		
	<ul style="list-style-type: none"> Not due to another OC&RD (Sx precede sub/med use, sx persist >1 month after stopping, other evidence) 	<ul style="list-style-type: none"> Not due to another mental disorder 	6. Koro <ul style="list-style-type: none"> Sudden anxiety that penis or vulva will recede into body, possibly leading to death Related to dhat syndrome 		
	<ul style="list-style-type: none"> Not during delirium 	<ul style="list-style-type: none"> Not during delirium 	7. Jikoshu-kyofu <ul style="list-style-type: none"> Fear of having offensive odor Olfactory reference syndrome Variant of taijin kyofu 		
S	<ul style="list-style-type: none"> With onset during intoxication With onset during withdrawal With onset after medication use 	<ul style="list-style-type: none"> With OCD-like sx With appearance preoccupation With hoarding sx With hair-pulling sx With skin-picking sx 			