

Trauma and Stressor-Related Disorders						
	Reactive Attachment	Disinhibited Social Engagement	PTSD	PTSD (children 0-6)	Acute Stress Disorder	Adjustment Disorders
A	EMOTIONALLY WITHDRAWN towards adult caregivers when distressed (2) 1. Minimally seeks comfort 2. Minimally responds to comfort	APPROACHES UNFAMILIAR PPL (2+) 1. Decr reticence approaching 2. Overfamiliar verbal/physical behavior 3. Decr checking back with caregiver 4. Willingness to go off, no hesitation	EXPOSURE to trauma (1+) 1. Direct experience 2. Witnessing in person 3. To close family/friend 4. Repeated/extreme exposure to aversive details (first responders) - Exposure not from electronic media, unless work related	EXPOSURE to trauma (1+) 1. Direct experience 2. Witnessing in person 3. To parent/caregiver - Exposure not from electronic media, unless work related	EXPOSURE to trauma (1+) 1. Direct experience 2. Witnessing in person 3. To close family/friend 4. Repeated/extreme exposure to aversive details (first responders) - Exposure not from electronic media, unless work related	<ul style="list-style-type: none"> Emotional/behavioral symptoms Identifiable stressor Within 3 months of stressor onset
B	SOCIAL/EMOTION DISTURBANCE (2+) 1. Minimal responsiveness to others 2. Limited positive affect 3. Unexplained irritability, sadness, fearfulness (when not threatened)	<ul style="list-style-type: none"> Not due to impulsivity (ADHD) But includes socially disinhibition 	INTRUSION symptoms (1+) 1. Distressing memories 2. Distressing dreams 3. Dissociative rxns (flashbacks) 4. Psychological distress to cues 5. Physiological reactions to cues	INTRUSION symptoms (1+) 1. Distressing memories/play 2. Distressing dreams 3. Dissociative rxns (flashbacks) 4. Psychological distress to cues 5. Physiological reactions to cues	(9+) INTRUSION symptoms 1. Distressing memories/play 2. Distressing dreams 3. Dissociative rxns (flashbacks) 4. Psychological distress or physiological reactions to cues	CLINICALLY SIGNIFICANT (1+) 1. Out of proportion to stressor severity 2. Significant functional impairment
C	EXTREMES OF INSUFFICIENT CARE (1+) 1. Social neglect/deprivation 2. Repeated changes of 1° caregivers 3. Rearing in unusual settings	EXTREMES OF INSUFFICIENT CARE (1+) 1. Social neglect/deprivation 2. Repeated changes of 1° caregivers 3. Rearing in unusual settings	AVOIDANCE of stimuli (1+) 1. Distressing memories, thoughts, feelings 2. External reminders arousing memories, thoughts, feelings	(1+) AVOIDANCE of stimuli 1. Distressing memories, thoughts, feelings 2. External reminders arousing memories, thoughts, feelings	or AVOIDANCE of stimuli 1. Distressing memories, thoughts, feelings 2. External reminders arousing memories, thoughts, feelings	
D	<ul style="list-style-type: none"> Criterion C responsible for Criteria A 	<ul style="list-style-type: none"> Criterion C responsible for Criteria A 	NEGATIVE COGNITION/MOOD (2+) 1. Amnesia about event (typically dissociative) 2. Negative beliefs about oneself, others, world 3. Distorted cognitions about cause/consequences, blame 4. Negative emotional state 5. Diminished interest/activity 6. Detached/estranged feeling 7. Inability for positive emotions	or NEGATIVE COGNITION 1. Negative emotional states 2. Diminished interest/activity 3. Socially withdrawn 4. Reduced positive emotions	or DISSOCIATIVE SYMPTOMS 1. Amnesia about event (typically dissociative) 2. Altered sense of reality of surroundings/oneself or NEGATIVE MOOD 1. Inability for positive emotions	
E	<ul style="list-style-type: none"> Not autism spectrum disorder 		AROUSAL/REACTIVITY (2+) 1. Irritability, angry outbursts 2. Hypervigilance 3. Exaggerated startle response 4. Concentration problems 5. Sleep disturbance 6. Self-destructive/recklessness	AROUSAL/REACTIVITY (2+) 1. Irritability, angry outbursts 2. Hypervigilance 3. Exaggerated startle response 4. Concentration problems 5. Sleep disturbance	or AROUSAL/REACTIVITY 1. Irritability, angry outbursts 2. Hypervigilance 3. Exaggerated startle response 4. Concentration problems 5. Sleep disturbance	
F	<ul style="list-style-type: none"> Disturbance evidence before age 5 		<ul style="list-style-type: none"> Duration >1 month 	<ul style="list-style-type: none"> Duration >1 month 	<ul style="list-style-type: none"> Duration 3 days to 1 month 	
G	<ul style="list-style-type: none"> Development age >9 months 	<ul style="list-style-type: none"> Development age >9 months 	<ul style="list-style-type: none"> Sig distress/functional impairment Not due to substance or AMC 	<ul style="list-style-type: none"> Sig distress/functional impairment Not due to substance or AMC 	<ul style="list-style-type: none"> Sig distress/functional impairment Not due to substance or AMC or brief psychotic disorder 	<ul style="list-style-type: none"> Not another mental disorder Not exacerbation of mental disorder
						<ul style="list-style-type: none"> Symptoms do not persist >6 mos after stressor/consequences end
SPECIFIERS	<ul style="list-style-type: none"> Persistent (>12 mo) Severe (all symptoms at high levels) 	<ul style="list-style-type: none"> Persistent (>12 mo) Severe (all symptoms at high levels) 	<ul style="list-style-type: none"> With dissociative symptoms <ul style="list-style-type: none"> Depersonalization Derealization With delayed expression (>6mo) 	<ul style="list-style-type: none"> With dissociative symptoms <ul style="list-style-type: none"> Depersonalization Derealization With delayed expression (>6mo) 		<ul style="list-style-type: none"> With depressed mood With anxiety With mixed anxiety and depressed mood With disturbance of conduct With mixed disturbance of emotions and conduct Unspecified

Trauma and Stressor-Related Disorders						
	Other Specified	Unspecified				
	<ul style="list-style-type: none"> Do not meet any full criteria Choose to communication specific reason for not meeting <ol style="list-style-type: none"> Adjustment-like disorders, delayed onset of sx, 3 months after stressor Adjustment-like disorders, prolonged duration, >6 months, without prolonged stressor Ataque de nervios Other cultural syndromes Persistent complex bereavement <ul style="list-style-type: none"> Severe/persistent grief/mourning 	<ul style="list-style-type: none"> Does not meet any full criteria Choose NOT to communication specific reason for not meeting Insufficient information for dx 				