

	Predisposing	Precipitating	Perpetuating	Protective
<b>Bio</b>	<ul style="list-style-type: none"> <li>• Age</li> <li>• Gender</li> <li>• Pregnancy</li> <li>• Exposures</li> <li>• Development</li> <li>• IQ</li> <li>• Temperament</li> <li>• Psychiatric hx + tx</li> <li>• Family history</li> <li>• Medical illness</li> <li>• Disabilities</li> <li>• Medications</li> <li>• Substance use</li> <li>• Sleep</li> <li>• Pain</li> <li>• Lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>• New medical illness</li> <li>• New physical injury</li> <li>• Pregnancy</li> <li>• Menopause</li> <li>• Hormonal changes</li> <li>• New medication</li> <li>• New side effect</li> <li>• New substance use</li> <li>• Sleep deprivation</li> <li>• Pain</li> <li>• Malnutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Psych comorbidity</li> <li>• Chronic illness</li> <li>• Medications</li> <li>• Non-compliance</li> <li>• Substances</li> <li>• Sleep</li> <li>• Pain</li> <li>• Malnutrition</li> </ul>	<ul style="list-style-type: none"> <li>• Intelligence</li> <li>• Normal development</li> <li>• NO comorbidities</li> <li>• NO family hx</li> <li>• NO substance use</li> <li>• Early/late onset</li> <li>• Short duration</li> <li>• Compliance with tx</li> <li>• Response to tx</li> <li>• Exercise</li> <li>• Sleep</li> <li>• Diet</li> </ul>
<b>Psycho</b>	<ul style="list-style-type: none"> <li>• Attachment</li> <li>• Freud</li> <li>• Object relations</li> <li>• Temperament</li> <li>• Personality disorder</li> <li>• Ego weakness</li> <li>• Immature defenses</li> </ul>	<ul style="list-style-type: none"> <li>• Grief</li> <li>• Role dispute</li> <li>• Role transition</li> <li>• Erikson stages</li> <li>• Ego injury</li> <li>• Anniversaries</li> </ul>	<ul style="list-style-type: none"> <li>• Automatic thoughts</li> <li>• Cognitive distortions</li> <li>• Core beliefs</li> <li>• Interpersonal deficits</li> <li>• Defense mechanisms</li> <li>• Maladaptive coping</li> <li>• Impulsivity</li> <li>• Lack of insight</li> <li>• Transference</li> <li>• Countertransference</li> </ul>	<ul style="list-style-type: none"> <li>• Ego strength</li> <li>• Self-esteem</li> <li>• Secure attachments</li> <li>• Mature defenses</li> <li>• Good insight</li> <li>• Psychological minded</li> <li>• Expression of affect</li> <li>• Assertive</li> <li>• Resilience</li> <li>• Adaptability</li> </ul>
<b>Social</b>	<ul style="list-style-type: none"> <li>• Social supports</li> <li>• Relationships</li> <li>• Education</li> <li>• Employment</li> <li>• SES</li> <li>• Housing</li> <li>• Access to care</li> <li>• Legal issues</li> <li>• Home environment</li> <li>• Family relationship</li> <li>• Structure/hierarchy</li> <li>• Enmeshment, rigidity</li> <li>• Expressed emotion</li> <li>• Place of birth</li> <li>• Migration</li> <li>• Acculturation</li> <li>• Marginalized</li> </ul>	<ul style="list-style-type: none"> <li>• Relationships</li> <li>• Employment</li> <li>• Retirement</li> <li>• Academic</li> <li>• Discrimination</li> <li>• Changes in family</li> <li>• Health of family</li> <li>• Disputes in family</li> </ul>	<ul style="list-style-type: none"> <li>• Social supports</li> <li>• Lack of access to care</li> <li>• Finances</li> <li>• Violence</li> <li>• Home environment</li> <li>• Family relationship</li> <li>• Structure/hierarchy</li> <li>• Enmeshment, rigidity</li> <li>• Expressed emotion</li> </ul>	<ul style="list-style-type: none"> <li>• Strong supports</li> <li>• Community</li> <li>• Religion</li> <li>• Academic attainment</li> <li>• Employment</li> <li>• Married</li> <li>• Children</li> <li>• Family stable</li> <li>• Family structure</li> </ul>

Age	Freud's Psychosexual Stages	Erikson's Psychosocial Stages	Piaget's Cognitive Stages	Mahler' Separation-Individuation	Bowlby's Attachment	
0-2m	Oral (0 – 1y)	Trust vs Mistrust (0 – 18m)	Sensorimotor (0 – 2y)	Normal Autism (0 – 2m)	Pre-attachment (0 – 1.5m)	
2-5m				Symbiosis (2 – 5m)	Attachment in the making (1.5 – 8m)	
5-10m				Differentiation (5 – 10m)	Clear cut attachment (8 – 18m)	
10-12m				Practicing (10 – 18m)		
12-14m	Anal (1 – 3y)	Autonomy vs Shame/Doubt (18m – 3y)	Preoperational (2 – 7y)	Rapprochement (18 – 24m)	Formation of reciprocal attachment (18 – 24m)	
14-18m						
18-24m						
2-3y						
3-5y	Phallic (3 – 5y)	Initiative vs Guilt (3 – 5y)	Concrete Operations (7-11y)	Object Constancy (2 – 5y)	Kohlberg's Moral	
5-7y	Latent (6 – 11/13y)	Industry vs Inferiority (5 – 13y)			Formal Operations (11-18y)	Preconventional (3 – 6y)
7-11y						Conventional (7 – puberty)
Puberty						Postconventional (puberty to adult)
13y – end of adolescence	Genital (puberty – young adult)	Identity vs Role Confusion (13 – 18y)				
Young adult		Intimacy vs Isolation (18 – 40y)				
Adult		Generativity vs Stagnation (40 – 65y)				
Elderly		Integrity vs Despair (>65y)				