

Course Title: Supporting personal care needs in people with dementia

Course content:

- Understanding personal care needs
- Understanding person centred care
- Enablement over disablement
- Supporting personal care needs at different stages of dementia
 - Supporting personal hygiene
 - Supporting oral care
 - Supporting continence
 - Supporting dressing
- Importance of informed consent when delivering personal care
- Importance of choice and personal care
- Maintaining dignity and showing respect while supporting personal care needs
- Recognising potential barriers and how to overcome them
- Documentation and record keeping
- Practical experience

Who for:

This one day course suitable for those working in settings where they support individuals with dementia, this could be nurses, carers, CHAPS or HCA's. It assumes a basic level of knowledge surrounding legislation, both locally and nationally and first aid.







Principal: ~ A.S. Hayward RN. BSc(Hons)
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How many can attend:

We limit the number of attendees to 15 for this course

How long is the course:

This course is a six-hour course, delivered as either one full day or two half days and includes an assessment of understanding and a practical assessment of skills.

Where:

We will come to your setting to deliver this course.

Our trainers:

The trainers who deliver this course are Registered Nurses and / or Registered Mental Health Nurses, with active NMC PIN's, they have experience of working with people with dementia in a variety of settings. The course has been designed and written by our subject experts and has been accredited for 6 hours CPD by our CPD provider.







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