

Course Title: Behaviours that challenge and dementia.

Learning Objectives:

- Risk assessment and Deprivation of Liberty legislation
- What is restrictive practice?
- How dementia affects behaviour
- Behaviours as communication
- Role of person-centred care in managing challenging behaviour
- Common behaviour patterns in dementia
- Recognising triggers and avoidance / prevention techniques
 - Distraction
 - o Digression
 - Diversion
- Loss of inhibitions and dementia
- Engaging the person with dementia
- Handling verbal aggression
- Break away techniques
- Writing and using a reactive behaviour plan
- Self-care

Who for:

This one day course suitable for those who support individuals with dementia, this could be nurses, carers, CHAPS or HCA's. It assumes a basic level of knowledge surrounding legislation, both locally and nationally and first aid.





Approved Trainer for The Oliver McGowan Mandatory Training

Principal: ~ A.S. Hayward R.N. BSc(Hons)



How many can attend:

We limit the number of attendees to 15 for this course

How long is the course:

This course is a six-hour course, delivered as either one full day or two half days and includes an assessment of understanding.

Where:

We will come to your setting to deliver this course.

Our trainers:

The trainers who deliver this course are Registered Nurses and / or Registered Mental Health Nurses, with active NMC PIN's, they have experience of working with people with dementia in a variety of settings. The course has been designed and written by our subject experts and has been accredited for 6 hours CPD by our CPD provider.







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