

Course Title: Reablement in dementia.

## **Learning Objectives:**

- Understand what is meant by the term reablement
- Understand the benefits and drawbacks of independence
- Understand the merits and demerits of doing for, doing with and not doing.
- Principles of sensible risk management
- Barriers to reablement: physical, psychological, social & spiritual
- Role of personal choices in increasing motivation
- Overcoming resistance
- Tools to increase personal confidence
- Providing supportive comments
- Create a person-centred reablement care plan

# Who for:

This one day course suitable for those working in settings where they support individuals with dementia, this could be nurses, carers, CHAPS or HCA's. It assumes a basic level of knowledge surrounding legislation, both locally and nationally and first aid.





## How many can attend:

We limit the number of attendees to 15 for this course

# How long is the course:

This course is a six-hour course, delivered as either one full day or two half days and includes an assessment of understanding.

#### Where:

We will come to your setting to deliver this course.

#### Our trainers:

The trainers who deliver this course are Registered Nurses and / or Registered Mental Health Nurses, with active NMC PIN's, they have experience of working with people with dementia in a variety of settings. The course has been designed and written by our subject experts and has been accredited for 6 hours CPD by our CPD provider.

