

Course title	Course length	Contents	Mapped Skills for Care Dementia RQF Components	Mapped Dementia Training Standards Framework Subjects
Dementia awareness	1 day	<ul style="list-style-type: none"> Receiving a dementia diagnosis Different types of dementia and how they affect the individual Effect of dementia on the senses and how people with dementia may perceive their environment Safeguarding, MCA, making choices and dementia 	DEM 201 DEM 207 DEM 211 DEM 301 DEM 304 DEM 313	<ul style="list-style-type: none"> Dementia awareness Dementia identification, assessment & diagnosis Living well with dementia care and promoting independence Law, ethics and safeguarding in dementia care
Communication skills for working with people with dementia	1 day	<ul style="list-style-type: none"> How memory functions and affects communication Understand importance of non-verbal behaviour in dementia care Behaviour as a form of communication Impact of emotions on communication The REAL communication framework (Reminiscence, Empathy and engagement, Active listening, Life story) The VERA Framework Understand how the environment and other people may affect the individual with dementia Practical techniques to develop trust 	DEM 201 DEM 205 DEM 210 DEM 301 DEM 308 DEM 312	<ul style="list-style-type: none"> Dementia awareness Communication, interaction and behaviour in dementia care

Assessment and management of pain in people with dementia	½ day	<ul style="list-style-type: none"> • How pain can be recognised in an individual with dementia • Effect of pain on a person with dementia • Behaviour as a form of communication • Non-pharmacological methods of reducing pain and anxiety in people with dementia • Effect of pharmacological pain relief on dementia symptoms 	DEM 201 DEM 205 DEM 207 DEM 209 DEM 304 DEM 305	<ul style="list-style-type: none"> • Dementia awareness • Health and well-being in dementia care • Pharmacological interventions in dementia care • End of Life dementia care
End of life care for people with dementia	1 day	<ul style="list-style-type: none"> • What is Palliative / End of life care • Recognise importance of advanced care planning • Understand advanced directives and best interest decisions and how they effect care • Starting “difficult conversations” • Impact of dementia on how people approach the end of their life • Recognise the signs of impending death of those with dementia • Symptom management for those with dementia at the end of life • Importance of mouth care during end of life care • Importance of a dignified death 	DEM 202 DEM 204 DEM 205 DEM 210 DEM 211 DEM 301 DEM 304 DEM 305 DEM 308 DEM 318	<ul style="list-style-type: none"> • Person centred dementia care • Communication, interaction and behaviour in dementia care • Health and Wellbeing in dementia care • Pharmacological interventions in dementia care • Families and carers as partners in dementia care • Equality, diversity and inclusion in dementia care • Law, ethics and safeguarding in dementia care • End of life in dementia care
Person centred care planning in the dementia care environment	1 day	<ul style="list-style-type: none"> • The legal and regulatory framework relating to person centred approaches to care planning and delivery 	DEM 202 DEM 204 DEM 205	<ul style="list-style-type: none"> • Person-centred dementia care

			<ul style="list-style-type: none"> • Approaches to person-centred care and its impact on well being • Benefits of planning and delivering care in a person-centred way • Role of communication and choice in person centred care • Importance of promotion of choice and independence in dementia care • Supporting the individual with dementia to engage with their community • Identify personal barriers to use of person-centred approach to care planning • Identify barriers to the person-centred approach in their colleagues and start to help them overcome these • Reflect on practice and its impact on the people they support 	DEM 207 DEM 209 DEM 210 DEM 211 DEM 301 DEM 304 DEM 305 DEM 310 DEM 312 DEM 312	<ul style="list-style-type: none"> • Communication, interaction and behaviour in dementia care • Health and well being in dementia care • Living well with dementia, care and promoting independence • Families and carers as partners in dementia care • Law, ethics and safeguarding in dementia care
Working with people with dementia	Maintaining safe independence	1 day	<ul style="list-style-type: none"> • Importance of independence and enablement in dementia care • Risk assessment and enabling choice in dementia care • Reducing risk of falls in dementia care • Meaningful activities to support well-being for individuals with dementia 	DEM 207 DEM 209 DEM 211 DEM 308 DEM 310	<ul style="list-style-type: none"> • Person centred dementia care • Communication, interaction and behaviour in dementia care • Health and well being in dementia care • Living well with dementia and promoting independence • Families and carers as partners in dementia care

					<ul style="list-style-type: none"> Equality, diversity and inclusion in dementia care Law, ethics and safeguarding in dementia care
	Maintaining health and well being	1 day	<ul style="list-style-type: none"> Promoting good oral care in individuals with dementia Supporting good nutrition and hydration in individuals with dementia Supporting in individual with dementia with swallowing difficulties Supporting continence in individuals with dementia Administration of medication to residents with dementia 	DEM 202 Dem 204 DEM 205 DEM 211 DEM 302 DEM 304 DEM 305 DEM 310	<ul style="list-style-type: none"> Living well with dementia and promoting independence Pharmacological interventions in dementia care Law, ethics and safeguarding in dementia care Person centred dementia care Health and well being in dementia care
	Reducing unnecessary hospital admissions	1 day	<ul style="list-style-type: none"> Recognition and reduction in increasing frailty Recognition of delirium and appropriate action Prevention and management of constipation in people with dementia 	DEM 205 DEM 301 DEM 305	<ul style="list-style-type: none"> Dementia identification, assessment and diagnosis Communication, interaction and behaviour in dementia care Health and well being in dementia care Equality, diversity and inclusion in dementia care Law, ethics and inclusion in dementia care End of life in dementia care

Dementia training (Tier 2) – mapped against Dementia (Core Skills) Training Standards Framework

