



TRAINING TIMES

January, February, March 2021

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Thank you, Child Care Providers

Child Care Providers are Essential Workers. You are the cornerstone for communities across the nation. You are who families look to for safe care and education for their children. We salute you today & everyday. For those open and for those who have had to close because of the pandemic, we honor each of you for the work of your hands, hearts, and minds.



Good Byes are Never Easy

It is with a heavy heart that we announce Dottie Bridges' retirement. Dottie has served children and providers for 40 years, with 15 of those years here at CCRC. Many of you know Dottie through training registrations, workshops, our van services, and as our infant/toddler specialist. We wish Dottie a wonderful future with lots of time to enjoy with her family, grandchildren, friends, and hobbies.

Congratulations & Enjoy Your Retirement, Dorothy Jean!

Training News

This quarter, we have a variety of online training from which you can choose. We have virtual classes using **Zoom** which lets us hold online workshops in real time. With **Moodle**, we have 1-2-week courses from which you can access on your own time.

If you are a director or a family child care home provider, we have a series of **business administration classes** presented by Lindsay Crosby from Midsouth Bank. Lindsay will be presenting workshops to help providers with Time Management, Cash Flow, and Tax Planning. You won't want to miss these.

We are excited to have Beth Jones, Infant and Early Childhood Mental Health Consultant, present a series of workshops, "**The Growing Brain.**" This series "The Growing Brain" is a training curriculum for early childhood professionals developed by Zero to Three. Each month Beth will present a workshop targeting how the brain develops, along with ways the provider can encourage healthy brain development in children from birth to 5 years old.

We also have special **workshops for School-age teachers**, presented by Sandy Resa, Afterschool Quality Standards Project Director,. Among these workshops you will find health and safety for school-age children, as well as how to incorporate STEM in your school-age program.

For more information on these and our other trainings, contact Susan Fordham at 334-749-8400 ext. 9222 or susan.fordham@ccrc-alabama.org

****You must have a working email and access to the internet in order to take the Zoom and Moodle classes.****

Special Points of Interest



CPR & First Aid
Training Class

CPR / First Aid

Kay Rombokas
Healthy Child Care Alabama Nurse

Wednesday, February 24th9am – 1pm
Wednesday, March 31st9am – 1pm

To register contact Kay Rombokas at
334-756-0758 or kay.rombokas@adph.state, al us

Class location: Child Care Resource Center
Maximum number of participants for each class is 6 participants.

*****All participants must wear a mask and be symptom free ****



Empowering Parents. Transforming Teens.

New parenting program starts on
January 5th @6PM via Zoom.

- Learn how to never argue with your child again!
- Prevent or intervene in alcohol or drug use!
- Improve school attendance and performance!

For more information or to register
contact Jessica Segrest at 334.749.8400 ext.9224
or Jessica.segrest@ccrc-alabama.org



Activity Packets for Providers

We are excited to introduce Activity Packs! Each month we will have ideas for fun, new activities to help engage your students this fall. If you would like a packet mailed to you, email Ms. Bertha (bertha.allen@ccrc-alabama.org).

Below is listed the theme for each month and the deadline to request them.

<u>Month</u>	<u>Theme</u>	<u>Deadline to Request</u>	<u>Date to Mail Out</u>
February	Love One Another	January 15 th	Jan. 22 nd
March	Spring/ St. Patrick's	February 19 th	Feb. 23 rd
April	Easter	March 15 th	March 22 nd

Dates of Closure

New Year's	January 1st
Martin Luther King	January 18th
President's Day	February 15th

Severe Weather Policy

In case of severe weather, CCRC will notify participants registered for a scheduled training by phone and email as soon as the decision to cancel the training is made. The cancellation notice will also be posted on our Facebook page.

It is extremely important that CCRC has your correct phone number and email so that you can be notified of cancellations.



We are excited to announce
Saturday, April 17, 2021
Workshop Saturday



* Due to COVID-19 concerns, CCRC will be following ADPH guidelines. *

* Any changes made will be announced on our website as well as our Facebook page. *

Child Care Resource Center

Resources for Providers

Our staff members are available to help meet your needs. The following services are available, by appointment with the appropriate agency staff. CCRC Lending Library and Provider Work Room hours are 8:30a.m.-3:45p.m., Monday through Friday. For providers who cannot come to CCRC during this time, accommodations can be made by contacting the appropriate staff.

All providers must wear masks when coming in to CCRC and use hand sanitizer when entering the building.

Technical Assistance

- In-office technical assistance for professional development needs, i.e. CDA, Director Training, FCCH Training, etc.
- In-office technical assistance with a Childcare Consultant
- Technical assistance online via Zoom

To make an appointment, contact the appropriate staff person.
Staff information is located under Contact Information on the front page.

Lending Library

Our Lending Library is now open for check-outs!
Library Hours are Monday—Friday, 8am—4pm
Accommodations can be made for 4pm—6pm

To check out items providers must:

1. Browse our online catalog to choose items wanted for check out or,
2. Specify a subject or theme, and our consultants will pull items from which you can choose to check out.
3. Make an appointment to pick up items.

To make an appointment, please call Bertha Allen at 334-749-8400, ext. 9221 or Susan Fordham at 334-749-8400 ext. 9222

← Resources available for check out include:

CD's • Teacher Resource Books • Children's Books • Activity Kits

Providers can view online the contents of our library as well as the current availability of an item.

1. To access our Resource Library Catalog:
2. Go to: <https://ccrc-alabama.follettdestiny.com>
3. Click on the link **Child Care Resource Center**.
4. You will be taken to the Home Page where you will click on **Catalog**.



CCRC's Provider Work Room

Providers must make appointments to utilize the Provider Workroom.

- * Our die-cut room is open Monday—Friday, 8:30am—3:45pm by appointment.
 - * Providers will be given a 45-minutes time slot.
 - * Centers can send up to 3 staff at a time.
- * Lamination can be dropped off by appointment.
 - * Please bring the items in a plastic bag labeled with the center or FCCH information, and provider's name/ phone number.
 - * We will laminate it for you and call you when it can be picked up. Please allow up to two weeks for us to have your lamination ready.

To make an appointment, please call Bertha Allen at 334-749-8400, ext. 9221 or Susan Fordham at 334-749-8400 ext. 9222



Early Childhood Career Development Opportunities

Child Development Credential



The Child Development Associate™ (CDA) National Credential represents the crossroad where education and experience meet. This crossroad epitomizes competence and is a pathway to learning best teaching practices for many early educators:

- A lead teacher who already holds an academic degree, but needs to gain hands-on practical skill and competency in early care and education.
- An assistant teacher with experience, but little formal education.
- A family child care provider who must improve the quality of his/her setting to meet accreditation requirements.
- A high school student interested in pursuing a career in working with young children.

The CDA helps early educators meet current state and national professional requirements. CDA recipients are competent practitioners who value vital knowledge and skills and formal education. The CDA is portable, recognized in all 50 states, the District of Columbia, U.S. territories, community colleges, school districts and the military.

For more information about the CDA credential, contact Susan Fordham at 334-749-8400 ext. 222 or susan.fordham@ccrc-alabama.org



SOUTHERN UNION
STATE COMMUNITY COLLEGE

SUSCC Child Development Program

The Associate in Applied Science Degree Program satisfies the mandate of the Head Start Act. This program of study also meets the Alabama state minimum standard qualification for director, program director or teacher in a licensed childcare center. The Child Development Certificate, which meets the requirements for director of a center, program director or teacher in a licensed childcare center is available as well. The Child Development Award of Achievement meets the education component requirements for students who want to obtain a Child Development Associate credential (CDA).

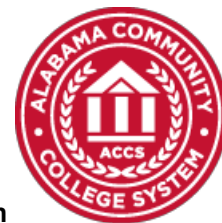
For more information contact Cindy Calhoun, 334-745-6437, ext. 5330 or ccalhoun@suscc.edu

Available Scholarships to Assist in Obtaining Your Goals



T.E.A.C.H. Early Childhood® ALABAMA is a scholarship program that was developed to increase the level of education and effectiveness of early learning professionals by making the educational process more affordable, increasing wages, and reducing staff turnover rates. Scholarships are currently offered for the CDA (Child Development Associate) Assessment Fee, Associate Degrees in Child Development and Early Care and Education, and Bachelor Degrees in Child Development and Early Care and Education.

Contact **Michelle Raybon**
at 334-271-0304
for more information.



The Leadership in Child Care Scholarship provides financial assistance (tuition and selected fees) to qualified child care professionals working in legally operating child care facilities. The Scholarship is designed for the eligible recipient to obtain a Child Development Associate (CDA) Credential, Short-Term Certificate, Certificate, Associate in Applied Science/Technology Degree in Child Development/Early Care and Education at a designated institution in the ACCS. The Scholarship also offers a Bachelor of Science Degree in Early Childhood Education at Athens.

Contact **Virginia Frazer** at 334.293.4552 or virginia.frazer@accs.edu
for more information.

ONLINE Training

CCRC staff are excited about bringing online virtual training sessions to our providers using Zoom Video and online courses through Moodle.

All participants must have a working email and internet access.

For Zoom sessions, you can join through a browser on your computer, from any desktop, laptop, or mobile device including iPads and tablets. Two business days before the class, you will receive an email with the link to access the Zoom Registration for the class. To join Zoom sessions using a cell phone or tablet, you will need to download the Zoom App.

LOOK

How Do I Register for Classes?

We encourage all providers to register through our online registration site.

However, there is a paper registration on page 10.

<https://ccrc-alabama.asapconnected.com/>



Having trouble with how to access online registration and online trainings? Appointments can be made to help providers log in to their CCRC online registration accounts, as well as show how to join in our online trainings. Please contact Susan Fordham at 334-749-8400 ext. 9222 or susan.fordham@ccrc-alabama.org for more information or to schedule an appointment.

Child Care Resource Center Policies for Online Trainings

Please read carefully to make sure you understand the expectations for our Zoom Trainings.

- **CCRC ASAP Online Registration for each class will be closed 2 business days prior to the training. The deadline to receive a paper registration for a class will also be 2 business days prior to the training.**
- **Please be sure to provide your correct email address.** If you do not, you will not receive the email for the Zoom training meeting registration, or the Zoom Confirmation email with the Meeting ID or other information related to the training. **If you do not receive the Zoom registration link the day before the training, please contact CCRC staff.**
- Two business days before the online training, you will receive an email with the Zoom Registration link and any other information pertaining to the class. **You must register in Zoom for each training.** So that we can better plan, please register in Zoom by 12:00/noon on the day of the training.
- **You may not enter a Zoom training more than 10 minutes after it begins.** Please make sure in advance that you have the Zoom app on your tablet or phone or go to www.Zoom.us on your computer.
- **Participants are expected to stay on the entire zoom training. Also, participants must be seen on the Zoom training.** A box with your name is not sufficient for participation. If you do not have a webcam, please contact the trainer for accommodations.
- Please make sure you have allotted time for the Zoom training. **Participants who are driving or attending to other matters while on the Zoom training will not receive a certificate.**
- Please try to keep distractions at a minimum while on the Zoom training. We realize this is sometimes difficult but having other adults, children or pets present during the training can be distracting to other participants.
- **Please test your connection at least 1 hour before the training is to begin.** If you are unable to connect to Zoom, unable to hear the training, or experience other technical difficulties that prevent you from joining in the training, please contact staff associated with the training. The staff contact information will be listed in the Zoom Registration email.
- Before each Zoom training begins, the trainer will let you know if it is going to be recorded. If it is going to be recorded and you stay on the training, you are agreeing to be recorded. Any Zoom training that is recorded MAY be used in future online trainings by CCRC.
- **Pre-assessments, post-assessments, and evaluations must all be completed in order to receive a certificate. Please allow 3-5 days for your certificate to arrive by email.**

APTV Online Classes

Facilitated Courses

Winter 2020 - Registration opens on our website December 7, 2020

Alabama Early Learning Guidelines: **January 4, 2021 – February 22, 2021**
Talking to Young Children About Race and Racism **January 11, 2021 – February 22, 2021**
ACEs: Understanding and Preventing Adverse Childhood Experiences **January 18, 2021 – March 1, 2021**
Exploring Literacy Development with PBS KIDS! **January 25, 2021 – March 8, 2021**

Spring 2020 - Registration opens on our website March 8, 2021

Alabama Early Learning Guidelines: **April 5, 2021 – May 24, 2021**
CDA Credential: An Introduction **April 12, 2021 – May 24, 2021**
Character Education: Life's Little Lessons with Daniel Tiger and Friends **April 12, 2021– May 24, 2021**
Early Brain Development and the Lasting Importance of Caregiver-Child Relationships **April 12, 2021-May 24, 2021**

On-Demand Courses

- *Kids and Allergies: What to Look For
- *Addressing Homelessness: The Role of the Early Childhood Educator
- *Recognizing and Reporting Child Abuse and Neglect in Early Child Care
- *I Can Handle It! Promoting Emotional Intelligence in the Out -Of -School Setting
 - *Foundations of Health & Safety in Early Child Care
 - *Challenging Behaviors: Where Do We Begin?
- *Music to Our Ears: The Benefits of Music and Movement
- *Alabama Historical Heroes (**February 2021**)

Participants will continue to register for all online training opportunities through our website,

<https://aptv.org/education/learn-online/>.

Courses with an asterisk (*) are on-going, 2- hour, on-demand courses.

Please contact Lisa Nunn at lnunn@aptv.org for more information.

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APT Right From Birth/Distance Learning

January 9th—March 27th

Right From Birth The twelve half-hour episodes lead parents and caregivers through the stages of early childhood from birth to 18 months, giving practical advice on preparing children for a lifetime of learning from the day they are born. . It is a combination of a **televised program and independent study with written exercises**. It presents current and practical advice on supporting children’s early learning for school readiness and success. It can also be viewed online at: <https://aptv.org/education/right-from-birth/>
Hours Earned: 12

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Intermediate	13, 15, 17, 20	CD, HSUP, QCCL, CCPF, LD, PDG	1, 2, 3, 4, 5, 8	CGD, HSN, LEE, COA, ICFC	Infant/ Toddler

To register for this class, use our paper registration form, or register online at :

<https://ccrc-alabama.asapconnected.com/>

- Enrollment is on a first-come first-serve basis. There is a course maximum of 20 participants.
- This is a distance learning course utilizing APT televised programs.
- The episodes will be broadcast on APT main channel at 7am each Saturday morning. Participants may also view the episodes online at <https://aptv.org/education/right-from-birth/>

When is the course held?

- **Orientation** will be held *Wednesday, January 6th*
- **Mid-session** will be *Wednesday, February 17th*
- **Final Turn-In** will be *Monday, March 29th*

Participants must call to make an appointment for each of these three sessions. 334-749-8400 ext. 9222
Times available will be 4pm—5pm, 5pm-6pm, 6pm—7pm

The remaining sessions are to be completed independently from January 9th—March 27th

How does the course work?

- Attend Orientation, Mid-session, & Final Turn-in Session.
- Read program overview prior to viewing each weekly segment
- View 30 minute program segment once a week on Alabama Public Television, starting from 7:00 am—7:30 am Central Time.
- Follow directions and complete questions received at orientation.
- You **MUST** have access to a television that receives APTV or internet access .

Course Contents

The Wonders of the Brain	Jan. 9
People Skills in Infancy	Jan. 16
Learning and Intelligence	Jan. 23
The Many Worlds of Infancy	Jan. 30
The Seven Essentials	Feb. 6
The First Month	Feb. 13
Two to Three Months	Feb. 20
Four to Six Months	Feb. 27
Seven to Ten Months	Mar. 6
Eleven to Fourteen Months	Mar. 13
Fifteen to Eighteen months	Mar. 20
Going to School	Mar. 27

MOODLE COURSES

Here at CCRC, we offer online courses that differ from our ZOOM classes by utilizing Moodle. Each Moodle course will last about 1-2 weeks (depending on the course). Participants will have facilitator led assignments every day (minus weekends). These assignments can be done any time of the day so that you can do it when it is convenient for you!

Participants must first register in ASAP (CCRC's on-line registration system) or by sending in the paper registration form found in this calendar. Two business days before the class, the participants will receive an email from the course facilitator giving information about joining the course.

Registration for all classes will close 2 business days prior to the training.
Descriptions for our Moodle Classes are below.

MOODLE COURSES: CCDF

Moodle Course: CCDF #11, Child Abuse and Neglect Tuesday, Jan 12-19, 2021

In this Moodle course, participants will examine the roles and responsibilities of childcare providers in recognizing, reporting and responding to child abuse and neglect within the early childcare setting.

Hours Earned: 1

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	11	CCPF,HSUP,QCCL	3,6	HSN,ICFC	ALL

Moodle Course, CCDF #5, Building Safety Wednesday, February 10-17, 2021

In this Moodle course, we will discuss CCDF #5—Building & physical premises safety, including identifying electrical hazards, bodies of water, & vehicular traffic. This will be a 1 week long course done on Moodle, not ZOOM. Hours Earned: 1

Training Level	CCDF	DHR Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	5	HSUP	1,5	HSN	ALL

Moodle Course, CCDF #3, Medication Administration Wednesday, March 24-31, 2021

For many child care programs, medication administration is necessary to maintain the health of the children under the program's care. In this Moodle course, we will learn some basics of medication administration in this week long Moodle course.

Hours Earned: 1

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	3,4	HSUP	1,5	HSN,ICFC	ALL

MOODLE COURSE: POSITIVE DISCIPLINE & GUIDANCE

Moodle Course: A Guide to Discipline Wednesday, January 27 -February 3, 2021

In this online Moodle Course, we will be discussing discipline — how it differs from punishment and how we can use it as a tool to teach children as they navigate their own self-control. Over the course of these 2 weeks, we will also evaluate ourselves and how our tone can affect classroom behaviors.

Hours Earned: 2

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	15	PDG,CD	3,8	CGD,ICFC,PPD	ALL

ONLINE CLASSES (ZOOM)

We have virtual classes using ZOOM which let's us hold online workshops in real time. For these sessions, participants can join through a browser by desktop computer, laptop, or mobile device including iPads and Tablets. Each participant must have a working email and his/her own device to participate in the class.

Participants must first register in ASAP (CCEC's online registration system) or by sending in the paper registration form found in this calendar. Two business days before the class, participants will receive an email with the link to access the ZOOM registration. Once a participant registers with ZOOM, he/she will receive a confirmation email with the information for joining the session.

Descriptions for our Online Classes are below.

Registration for all classes will close 2 business days prior to the training.

ALABAMA QUALITY STARS QRIS FOR CENTERS

Introduction to ECERS-R

Wednesday, January 20, 2021 9:00am—11:00am

This training is an introduction to the Early Childhood Environmental Rating Scale Revised Edition (ECERS-R). **For Center Directors and Staff who are interested in the Alabama STARS QRIS Program. Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	18	QCCL	5	LEE	ADMIN/PS

Introduction to the Program Administrative Scale (PAS)

Wednesday, January 27, 2021 9:00am—11:00am

The PAS is designed to measure the leadership and management practices of early childhood programs. This workshop will introduce director to the topics and scoring system used in the PAS. (For Center Directors & Those Interested in Opening a Center) **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	18	AM	5	MA	ADMIN/PS

Introduction to ITERS-R

Wednesday, February 17, 2021 9:00am—11:00am

This training is an introduction to the Infant Toddler environmental Rating Scale—Revised (ITERS-R). (For Center Directors and Staff who are interested in the Alabama STARS QRIS Program. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	13	QCCL,CD	1,2,8	LEE	I/T

ALABAMA QUALITY STARS QRIS FOR FAMILY CHILD CARE HOMES

Business Administration Scale for Family Child Care Homes

Tuesday, January 26, 2021 6:00pm — 8:00pm

In this training, we will discuss how BAS is a tool for measuring the overall quality of business and professional practices in family childcare settings. The training will give an overview of the BAS, the scoring system used and how formal assessment of your business and professional practices can help you identify program strengths & weaknesses. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	18	ADMIN	5	MA	All

Introduction to the Family Child Care Environmental Rating Scale—Revised (FCCERS-R)

Thursday, March 25, 2021 6:00 pm— 8:00pm

The FCCRS-R is a rating scale designed specifically for family child care. It measures quality of the home environment for children ages birth to 12 years. This workshop will introduce FCC providers to the topics and scoring system used in the BAS. **Hours Earned:2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	20	CCPF,CD,QCCL	1,2,3,4,6	ICFC,CGD,LEE	I/T

New to Child Care

Welcome to Child Care

Offered as an online 3-day course each month, this class is designed to meet 12 hours of the Alabama Minimum Standards requirements for NEW EMPLOYEES in child care centers and group child care homes. If you are newly employed or simply interested in working in the child care profession, this course is for you!

Hours Earned: 12

This class is an online course presented 8am – 12pm each day of the three days, through ZOOM. All three days must be attended in order to receive credit for the course.

Participants may choose from the months below.

January 5th, 6th, 7th 8am – 12pm CT

February 2nd, 3rd, 4th8am – 12 pm CT

March 2nd, 3rd, 4th8am – 12 pm CT

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	1, 11, 13, 15, 17	ALL	1,2,3,4, 6,8	CGD; HSN; LEE; DIV COA; ICFC; PPD	ALL

Administration & Management

Cash Flow for Child Care Centers

Tuesday, Jan. 12th 9:00am – 11:00am

Presented by Lindsay Crosby,
MidSouth Bank Lee County Loan Officer

In this class, we will present information on how cash is moving in and out of your business, how to plan for upcoming financial obligations, and run a profitable business on a long-term basis. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	18	ADMIN	5,6	MA	ADMIN

“Working Only 9 to 5”

Tuesday, Feb. 9th 9:00am – 11:00am

Presented by Lindsay Crosby,
MidSouth Bank Lee County Loan Officer

Feel like you never have enough time in the workday? Let's discuss time management practices and different methods of organizing/delegating tasks to ensure you're spending your valuable time on only the most important of needs. **Hours Earned: 2**

Training Level	CCDF Training Area	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	18	ADMIN, CCPF	5	MA, PPD	All

Tax Planning and Reporting

Tuesday, March 9th 9:00am – 11:00am

Presented by Lindsay Crosby,
MidSouth Bank Lee County Loan Officer

This class will give participants an overview of **Tax Planning and Reporting**, and how this can affect and benefit their business. Among the topics will be: the range of federal, state, and local tax reporting requirements, how to research general tax reporting requirements, and planning for future tax burdens.

Hours Earned: 2

Training Level	CCDF Training Area	DHR Alabama Minimum Standards Area	CDA Content Area	Alabama Pathways Core Knowledge Area	Target Age Group
Intermediate	18	ADMIN, CCPF	5	MA, PPD	All

CHILD DEVELOPMENT

The Growing Brain Part 1: The Basics
Monday, January 11, 2021 **6:00pm — 8:00pm**
Presented by Beth Jones, BSW, ECMH-E

In this interactive training, we will learn how the brain grows and develops from conception through 5 years old. Hours Earned: 2

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	17,20	CD	8	CDG	I/T/PS

The Growing Brain Part 2: The Basics & The Factors Affecting Brain Growth and Development pt. A

Monday, February 8th **6:00pm – 8:00pm**
Presented by Beth Jones, BSW, ECMH-E®

Join us for this interactive training where we continue our study of brain growth and development from conception through 5 years old. We will also explore key factors that affect brain development. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	17, 20	CD	8	CDG	I/T/PS

APT: When Babies Cry

Thursday, March 4th **6:00pm – 8:00pm**

A baby's cry can be traumatic for parents and caregivers. How are some babies soothed by one method, yet others do not respond? This training will discuss how to comfort babies, tricks to calm the most difficult baby and how we react to the babies in our care. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	6, 13, 17	CD, QCCL	1,2,3,8	CGD, HSN, ICFC	Infants

APT: Beyond Crayons

Monday, March 08, 2021 **6:00 pm -8:00 pm**

In this two-hours workshop, participants will explore a variety of artistic activities that can be used to foster creativity in children. We will learn about and discuss different artists and explore ways to incorporate sculpture photography, and other forms of art into everyday learning. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	13,19	CD, QCCL	2,3	CDG	SA

The Growing Brain Part 3: The Factors Affecting Brain Growth & Development pt. B

Monday, March 15, 2021 **6:00 pm -8:00 pm**
Presented by Beth Jones, BSW, ECMH-E

Join us for an interactive training where we will explore the effect of stress on brain development and also learn how to support healthy brain development in children ages birth to five.. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	17,20	CD	8	CDG	I/T/P

Monsters in the Dark: Childhood Fears

Tuesday, March 30, 2021 **6:00pm — 8:00pm**

Many childhood fears are a normal part of growing up. During this class, we will look at some common fears that affect children at different ages and some ways we can help children cope with their fears. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Advanced	13, 15, 19, 20	CD	3, 7, 8	CGD, COA, ICFC	ALL

CHILD CARE PROFESSIONAL & THE FAMILY

APT: Addressing Homelessness: The Role of the Early Childhood Provider

Thursday, January 28, 2021 6:00 pm -8:00 pm

Join us as we gain a better understanding as of homelessness and the often unseen but growing prevalence of homelessness in Alabama. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	12	CD,CCPF	2,4	CGD,ICFC	I/T/P

Strengthening Business for Family Child Care Homes: Budgets, Projections, and Planning

Saturday, February 13, 2021 9:00am — 11:00am

“As part of the Strengthening Business Practices Series, we will explore “Module 1: Budgets, Projections and Planning” for family childcare home providers. We will learn a process for building a budget and how to use it for decision-making throughout the year. We will also explore how to project business cost, generate additional income and plan strategically for future goals. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	18,20	ADMIN	5,6	LEE,MA	ADMIN

HEALTH, SAFETY, UNIVERSAL PRECAUTIONS

Coping with COVID

Thursday, January 14, 2021 6:00 pm -8:00 pm

It's natural for children to have many questions about COVID-19, the life changes it has brought, and when life will return to normal . Join us as we explore additional resources from Dr. Becky Bailey's program to help ease anxiety and what children can do to keep themselves and their loved ones safe during this time. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	13	QCCL, CD	1, 2, 8	LEE	PS

Food-Safe Schools

Thursday, January 21, 2021 6:00 pm -8:00 pm

This training will offer an outlines of how we can create and maintain a food-safe school: a place where everyone works as a team to prevent foodborne illness. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	1,4	HSUP	1	HSN	ALL

More Than Mud Pies, Part 2

Thursday, February 25, 2021 6:00 — 8:00pm

Nutrition education is an essential part of the preschool curriculum. We will examine the skills desired by both educator and child to implement enjoyable nutrition lessons. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	1,13,16	HSUP,CD,QCCL,CCPF	1,5	HSN	PS

Keeping School-Age Kids Safe: Physically Socially and Emotionally

Tuesday, March 09, 2021 6:00 pm -8:00 pm

Presented by Sandy Resa

After-school Quality Standards Project Director, Auburn University, Truman Pierce Institute

In the session we will explore the revisions and additions to the Healthy and Safety Guidelines, Requirements and Procedures for Out-of-School Time Facilities Participating in the Child Care Subsidy Program that were made so a greater number of children may be served in our state. In addition, we will examine strategies and best practices to address the needs and increase engagement to offer a better experience for all. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	19	HSUP,CD	1,5	HSN	SA

LANGUAGE DEVELOPMENT

Speech Delays

Thursday, January 07, 2021 6:00 pm -8:00 pm

An average of 10% of preschool aged children have speech delays. Join us on ZOOM as we discuss ways to spot a potential delay and learn some tools to help them improve their communication skills in the classroom. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	13	LD,CD	2	CGD,COA	T/PS

APT: The Tale of Books: How to Build Your Classroom Library

Thursday, February 18, 2021 6:00 pm -8:00 pm

In this workshop, we will discuss how to build a classroom library and why the books you choose are important. We will discuss how to incorporate picture books, nursery rhyme books, multicultural books and PBS KIDS books. At the end of the workshop you will even receive several of these books to add to your own library. So, come on and read with us! **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	13	LD,CD	1,3	CGD,HSN,LEE	PS

An Ezra Jack Keats' Celebration

Thursday, February 22, 2021 6:00 pm -8:00 pm

Ezra Jack Keats is best known for introducing multiculturalism into mainstream American children's literature. He believed that all children should see themselves in books they love, Join us as we discover Keats inspired activities that celebrate diversity with preschoolers. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	16	LD,CD	2,3,8	DIV.LEE	PS

POSITIVE DISCIPLINE & GUIDANCE

Using Motivation Effectively with Young Children

Tuesday, February 16, 2021 6:00 pm -8:00 pm

In this ZOOM workshop we will explore teaching strategies and techniques that use intrinsic (internal) motivation rather than extrinsic (external/rewards) to support children's learning through play. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	13,15,17	CD,QCCL,PDG	3,7	CGD,PPD	ALL

Changing the Environment to Change Behaviors

Tuesday, March 23, 2021 6:00pm — 8:00pm

For this workshop, we will discuss ways in which your classroom is set up and how it can have an effect on you and your students. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	13,15	PDG	1,3	PPD	ALL

Start Strong: Resiliency in Infants and Toddlers

Monday, March 29, 2021 6:00 pm -8:00 pm

This comprehensive Conscious Discipline training is designed to equip all of us who impact the lives of our youngest children with the skills necessary to provide a felt sense of safety through consistent and responsive caregiving. As you walk through this experience, you will learn how to lay the foundation for optimal brain development, mental health, resilience and social-emotional development. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	13,17,20	PDG,CD	3,8	ICFC,CGD	I/T

QUALITY CHILD CARE & LICENSING

Bend, Stretch, Grow: Yoga in the Toddler and Preschool Room Thursday, February 11th 6:00pm – 8:00pm

This training will provide the learner with a basic understanding of exercises and its many benefits in the early childhood setting, as well as tips for ways to incorporate a simple exercise practice in your daily classroom schedule. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
Basic	13,15,20	QCCL, CD	1,2,3	CGD, LEE	T/P

Crowns of Ebony Come to Life Tuesday, February 9th 6:00 pm – 8:00 pm

Come along as we explore several prominent figures of different shades and how to bring them to life in your classroom through fun educational activities. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Basic	13, 19	CD, QCCL, LD	2, 3	LEE, DIV, ICFC	P/SA

STEM for Schoolagers: Spark Curiosity and Interest through STEM Tuesday, February 23rd 6:00pm – 8:00pm

Presented by Sandy Resa

Afterschool Quality Standards Project Director, Auburn University, Truman Pierce Institute

The curiosity and creative thinking of children produce natural STEM, science, technology, engineering and mathematics, learners. STEM learning uses teachable moments and children's long-term investigations to build knowledge through developing children's inquiry, problem-solving, and critical thinking skills. Join us to discover resources and strategies to prepare our school-age children (4 to 12 years old) for school and beyond. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Area	CKA	Target Age Group
Intermediate	19	HSUP, CD	1, 5	HSN	School-age

Ladies and Gentlemen: The Importance of Non-Gendered Play Thursday, March 18th 6:00pm – 8:00pm

The goal of this training is to create a dialogue around gender roles and stereotypes in the early childhood setting as they relate to children's play and learning, so that we may take a more thoughtful approach to supporting all forms of play and exploration in every child. **Hours Earned: 2**

Training Level	CCDF	DHR Alabama Minimum Standards Area	CDA Subject Areas	CKA	Target Age Group
ADVANCED	13,20	QCCL, CD	2,3	CGD, LEE	T/P



Fun Activities for Infants & Toddlers

UNCOOKED PLAY DOH:

- 3/4 cups flour
- 3/4 cup salt
- 3/4 to 1 cup water with preferred color food coloring
- 1 tablespoon vegetable oil

Mix all ingredients. Knead until smooth consistency. Keep it covered and in refrigerator when not using it.



Oobleck

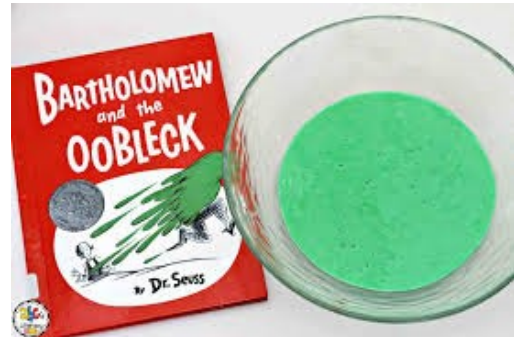
Ingredients

- 2 Cups Cornstarch
- 1 Cup Water

Food coloring (optional)

Instructions

- **Step One** Pour 2 cups cornstarch into a bowl
- **Step Two** Add 1 cup of water and stir to combine
- **Step Three** If adding food coloring to your oobleck do it at the mixing stage



When mixed you should be able to press a handful of oobleck into a ball in your hand; when you release the pressure the ball should "melt" back into a liquid.

Fun Activity for Preschool

Science: " Ice Block Designs"

Children observe how salt melts ice and create colorful designs in large blocks of ice during this early childhood education activity.

Materials:

- Large ice blocks (We made them by freezing water in empty on1/2 cardboard gallon milk containers. When the water is completely frozen, tear off the cardboard)
- Coarse salt
- Food coloring
- Eye droppers

Description:

1. Place ice blocks on trays covered with several layers of newspaper.
2. Children sprinkle coarse salt on top of the ice blocks.
3. Children drip various colors of food coloring on top of the ice block.
4. Tunnels of color are created as the salt melts through the ice block.
5. Put the colorful ice blocks outside. If it's cold enough, they should stay frozen for several days. Children can continue to examine the melting process during outdoor play.



Fun Activity for School-age

"Eggs"tra Fun Experiment

1. One thing you can do when doing dental health is to hard boil an egg ahead of time.
2. Bring in some dark soda.
3. Place the egg in the soda for a day.
4. The next day talk about why we **should** keep our teeth clean and how we can keep them clean.
5. Then take the egg out. It is discolored, yellow, looks like plaque.
6. Take a toothbrush with a little tooth paste, and brush it off.

It REALLY comes off. They love it.
www.Childfun.com



What research tells us...

UNSTRUCTURED PLAY

benefits healthy child development



Fun and Creativity

- Unstructured play is **fun** and **promotes creativity**
- This is especially true when using objects that can be moved, carried, combined, redesigned, lined up, and taken apart and put back together



Social Health and Team Work

- Unstructured play at recess is shown to strengthen **problem solving** and **conflict resolution skills**
- Outdoor play where children can explore independently can improve **social health** indicators



Mental and Emotional Health

- Unstructured play is important to children's **mental** and **emotional health**
- Unstructured play can promote **positive self-concept** and **self-esteem**
- Active play can help **decrease anxiety** and **depression**



Physical Health and Gross Motor Skills

- Active, unstructured play helps reduce sedentary behaviours, promotes **healthy weights** and improves **gross motor skills**
- This reduces body fat, improves **musculoskeletal** and **cardiovascular fitness** which benefit physical health



Learning and Attention at School

- There is a reported association between unstructured play at recess and improved cognitive **skills**, such as **attention**, **concentration** and **memory**, as well as **improved grades** and standardized **test scores**



Resiliency and Risk Management Skills

- When children experience uncertainty in play they can develop **emotional reactions**, **physical capabilities**, **coping skills** and are better able to **manage adversity**
- These skills promote **resilience** and **independence** to thrive in adolescence and adulthood





a family resource center
 Child Care Resource Center, Inc.
 & Employers' Child Care Alliance
 334.749.8400 • www.ccrcc-alabama.org

**CHILD CARE RESOURCE, INC.
 TRAINING REGISTRATION FORM
 January, February, March 2021**

Name: _____

Date of Birth: _____ (For first-time registrants)

Mailing Address: _____

City: _____ State: _____ Zip: _____

County: _____

Work Phone: _____ Cell Phone: _____

Email: _____

(A working email address must be given for each participant.
 The Center's email address will not be accepted.)

Please Check Appropriate Box:

- Family Child Care Home Provider
- Group Home Provider
- Center Director
- Center Teacher
- Assistant Teacher
- Relative Provider
- Other _____



**See page 5 for
 information
 regarding Online
 Registration and for
 Online Classes
 Policies**

TRAINING GUIDELINES

1. Please register using the paper registration form or through our online website. **Registrations the day of the training and phone registrations will not be accepted.** Registration forms may be duplicated for multiple staff members.
2. **Registrations must be received by the registration deadline date (2 days prior to the workshop).** Registrations received after that day may not be accepted.
3. CHILD CARE CENTERS: When registering multiple people for training, you must complete a separate registration form for each student. **Registration forms must be mailed, emailed, given to a Training Staff member, or given to the CCRC Receptionist personally.** Faxes are not accepted.
4. **If a workshop is at full capacity, you will be placed on the "wait list."** You will receive notification of wait list status by mail. If space becomes available, you will receive notification by phone by the day prior to the class.
5. Workshops will begin at their scheduled times. **You are expected to arrive 5 minutes early and stay the duration of the workshop to get full credit.** No one will be allowed in the training 10 minutes after the training begins.
6. **Children are not permitted at any training session.** Please make other arrangements for your children.
7. Cancellations will be accepted up to 24 hours prior to the workshop. **if you are not going to attend, it is very important to call and cancel so that registrants on the wait list may be contacted.**

**For more information regarding Training,
 please contact Susan Fordham @ 334-749-8400 ext. 9222
 or by email: susan.fordham@ccrc-alabama.org**

PLEASE MAIL REGISTRATION FORM TO:

**CCRC
 510 S. 7th Street
 Opelika, AL 36801
 ATTN: Training Department
Registration forms may be emailed to:
 Susan.fordham@ccrc-alabama.org**

<p>FOR CCRC USE ONLY Date Received:</p>
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REGISTRATION FORM
PLEASE CHECK THE BOXES ON THE LEFT TO REGISTER

X	Training	Date	Time
	Right From Birth Orientation (Appointments will be made between 4pm & 6)pm)	1/6/2021	4pm—6pm
	Speech Delays	1/7/2021	6pm -8pm
	The Growing Brain Part 1: The Basics	1/11/2021	6pm -8pm
	Cash Flow for Child Care Centers	1/12/2021	9am -11am
	Coping with COVID	1/14/2021	6pm -8pm
	Introduction to ECERS-R	1/20/2021	9am -11am
	Food-Safe Schools	1/21/2021	6pm -8pm
	Business Administration Scale for Family Child Care Homes (BAS)	1/26/2021	6pm -8pm
	Introduction to the Program Administrative Scale (PAS)	1/27/2021	9am -11am
	APT Addressing Homelessness: The Role of the Early Childhood Provider	1/28/2021	6pm -8pm
	The Growing Brain Part 2: The Basics & The Factors Affecting Brain Growth and Development	2/8/2021	6pm -8pm
	Crowns of Ebony Come to Life	2/9/2021	6pm -8pm
	Working Only 9 to 5	2/9/2021	9am -11am
	Bend, Stretch, Grow: Yoga in the Toddler and Preschool Room Jenni Casserly	2/11/2021	6pm -8pm
	Strengthening Business for Family Child Care Homes: Budgets, Projections, and Planning	2/13/2021	9am -11am
	Using Motivation Effectively with Young Children	2/16/2021	6pm -8pm
	Introduction to ITERS-R	2/17/2021	9am -11am
	APT The Tale of Books: How to Build Your Classroom Library	2/18/2021	6pm -8pm
	An Ezra Jack Keats' Celebration	2/22/2021	6pm -8pm
	STEM for Schoolagers: Spark Curiosity and Interest through STEM	2/23/2021	6pm -8pm
	More Than Mud Pies Part 2	2/25/2021	6pm -8pm
	APT: When Babies Cry	3/4/2021	6pm -8pm
	APT Beyond Crayons	3/8/2021	6pm -8pm
	Keeping School-Age Kids Safe: Physically, Socially and Emotionally	3/9/2021	6pm -8pm
	Tax Planning and Reporting	3/9/2021	9am -11am
	The Growing Brain Part 3: The Factors Affecting Brain Growth and Development	3/15/2021	6pm -8pm
	Ladies and Gentlemen: The Importance of Non-Gendered Play	3/18/2021	6pm -8pm
	Changing the Environment to Change Behaviors	3/23/2021	6pm -8pm
	Introduction to the Family Child Care Environmental Rating Scale – Revised (FCCERS- R)	3/25/2021	6pm -8pm
	Start Strong: Resiliency in Infants and Toddlers	3/29/2021	6pm -8pm
	Monsters In the Dark: Childhood Fears	3/30/2021	6 pm—8 pm
	Welcome to Child Care	1/5,6 7/2021	8am - 12pm each day
	Welcome to Child Care	2/2,3,4/2021	8am - 12pm each day
	Welcome to Child Care	3/2,3,4/2021	8am - 12pm each day
	CCDF # 11 Child Abuse and Neglect (MOODLE)	1/12 – 19/ 2021	1 Week
	A Guide to Discipline (MOODLE)	1/27/ - 2/3/2021	2 weeks
	CCDF#5 Building Safety (MOODLE)	2/10 – 17/ 2021	1 week
	CCDF# 3: Medication Administration (MOODLE)	3/24 – 31/ 2021	1 week

TRAINING LEGEND DHR2019

DHR AMSA (Alabama Minimum Standards Training Areas)		CDA Subject Areas (Child Development Associate)	CKA (Alabama Pathways Core Knowledge Areas)		Target Age Group
CD	Child Development	1. Planning a safe and healthy learning environment	CGD	Child Growth and Development	Infants = Birth to 12 months
HSUP	Health, Safety, and Universal Precautions	2. Advancing children's physical and intellectual development	HSN	Health, Safety and Nutrition	
QCCL	Quality Child Care and Licensing	3. Supporting children's social and emotional development	LEE	Learning Experiences and Enrichment	Toddlers = 1 and 2 year olds
CCPF	Child Care Professional and the Family	4. Building productive relationships with families	DIV	Diversity	
LD	Language Development	5. Managing an effective program	COA	Child Observation and Assessment (Planning for Individual Needs)	Preschoolers = 3 and 4 year olds
PDG	Positive Discipline and Guidance	6. Maintaining a commitment to professionalism	ICFC	Interaction with Children, Families and Communities	School-agers = 5 to 12 year olds
AM	Administration and Management	7. Observing and recording children's behavior	PPD	Personal and Professional Development	ALL = Infants, Toddlers, Preschoolers, and School-agers
		8. Understanding principles of child development and learning	MA	Management and Administration	

Training Levels

Basic	Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. Basic Level Training covers a foundational understanding and demonstration of developing skills.
Intermediate	Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. Intermediate Level Training includes expanding knowledge and application, and refining skills.
Advanced	Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced Level Training focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

CCDF Training Areas

1. **Prevention and control of infectious diseases (including immunizations)**
2. **Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices**
3. **Administration of medication**
4. **Prevention of and response to emergencies due to food and allergic reactions**
5. **Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic**
6. **Prevention of Shaken Baby Syndrome and abusive head trauma**
7. **Emergency preparedness and response planning for natural or man-caused events**
8. **Handling and storage of hazardous materials, including correct disposal of bio-contaminants**
9. **If applicable, appropriate pre-cautions in transporting children**
10. **First-aid and CPR**
11. **Recognizing and reporting child abuse and neglect**
12. Identifying and serving homeless children and their families
13. Promoting the social, emotional, physical, and cognitive development of children, **including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies**
14. Caring for children in geographic areas with significant concentrations of poverty and unemployment
15. Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, **including reducing expulsions of preschool-aged children for such behaviors**
16. Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
17. Understanding early neurological development
18. Using data to guide program improvement
19. Supporting positive development of **school-age children**
20. Improving the quality of programs and services for **infants and tod-**

Child Care Resource Center, Inc.
510 South 7th Street
Opelika, AL, 36801

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Permit # 413



Our Mission:

Promoting strong families through the provision of support services and education for child care providers, parents, employers, and the community.

Child Care Resource Center: A Family Resource Center is non-profit, private agency that promotes quality child care through the provision of support services for child care providers, parents, employers and communities. Funding is receive through contract and grants with government and corporate entities, as well as civic, charitable, and individual donors.

Services Include:

***Training & Technical Assistance for Child Care Programs;
Lending Library/Resource Room/Mobile Resource Van;
Quality Enhancement Projects/STEPS to Accreditation;
Family Resource & Referral; Financial Assistance for Child Care;
Fatherhood Connection including "Dad's League";
Employer Assistance; Community Awareness;
Parent Education***

Funding for "Training Times" is provided by Alabama Department of Human Resources

