

# CLA LEAN PLUS

patented conjugated linoleic acid  
in a pure 80% form



Life's Medicine

**Serving Size:** 1 Softgel  
**Servings Per Container:** 120

## Key Benefits:

- Supports Healthy Body Composition\*
- May Aid in Body Fat Reduction\*
- Promotes Lean Muscle Mass\*
- Supports Healthy Blood Sugar Metabolism\*
- Supports Cardiovascular Health\*
- Supports the Immune System\*

**CLA Lean Plus** is a patented form of Conjugated Linoleic Acid (CLA) derived from pure, non-GMO safflower oil. The yield of CLA ranges from 78-84%, with an average of 80% CLA providing 800 mg pure CLA per capsule. Clinical trials have demonstrated that 3,000 mg of CLA per day may reduce body fat while increasing lean muscle mass.\* Animal and human studies have also demonstrated its many benefits in obesity-related conditions such as Syndrome X and cardiovascular health, as well as for immune function, stress-catabolic response and bone health.\* The t-10,c-12 isomer has been shown to be important in reducing fat mass and enhancing immune response, while the c-9,t-11 isomer appears to lower triglyceride levels.\*

## One Softgel Contains:

|   |          |
|---|----------|
| Calories .....  | 10       |
| Calories from Fat .....                                   | 10       |
| Total Fat.....  | 1 g      |
| Conjugated Linoleic Acid (CLA)† (from Safflower Oil)..... | 1,000 mg |
| Providing:  |          |
| Pure Conjugated Linoleic Acid (typical).....              | 800 mg   |
| Palmitic Acid .....                                       | 57 mg    |
| Stearic Acid .....  | 24 mg    |
| Oleic Acid .....  | 125 mg   |
| Linoleic Acid (LA) .....                                  | 20 mg    |

**Other Ingredients:** Gelatin, vegetable glycerin, natural caramel color, purified water.

**Free of:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

**Does not contain artificial colors, sweeteners or preservatives.**

**†CLA** extracted from safflower oil employing patent process #5,428,072.

**Directions:** Take one softgel twice daily with food or as directed by your healthcare practitioner.

