

SLEEP EASE



natural lemon flavor
fast acting liquid



Life's Medicine

Serving Size: 1 Dropper (1 ml)

Servings Per Container: 60

Sleep Ease is a hormone produced by the pineal gland of mammals and reaches peak levels at night. Studies show that it may be associated with the regulation of the sleep/wake cycles.* Melatonin is a potent antioxidant that defends against free radicals and helps to support glutathione activity in the neural tissue.*

One Dropper Contains:

Melatonin 3 mg

Other Ingredients: Demineralized water, vegetable glycerin, natural lemon flavor, citric acid.

Free of: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy.

Does not contain artificial flavors, colors or sweeteners.

Directions: Shake well. Take one full dropper (1 ml) just prior to bedtime as needed.

