

\*Note: Some support and services may not be available in all communities due to limited access to professionals/professional services. Where possible, CLBC is working to address these gaps through remote and/or other virtual solutions.

## SUPPORTS FOR MY AND MY FAMILY'S WELL-BEING

CLBC funds supports to strengthen the individual and their family's ability to thrive. It trusts that individuals and families have the best understanding of how to support their well-being. In addition to using natural and generic supports in their communities, individuals and families may request CLBC-funded well-being supports.

SUPPORT	SUPPORT CATEGORY	SUPPORT SUBCATEGORY	GSA LEVEL	TIMEFRAME
Supports for My and My Family's Well-being	Self-Directed Individual & Family Wellness		all	temporary or ongoing
	Homemaker		all	temporary or ongoing
	Agency-Coordinated Individual and Family Wellness		all	temporary or ongoing
	Behavioural & Communication		all	temporary
	Psychological		all	temporary
	Support Coordination		all	temporary or ongoing

### Self-Directed Individual & Family Wellness

- Coordinated by individuals and/or their families or support networks
- Individual and/or their family or support network identify, organize, monitor, and pay for the services and supports they need to promote their well-being
- \*See the *Individual and Family Wellness Policy* for more information
- Services may be ongoing or time-limited

### **Agency-Coordinated Individual & Family Wellness**

- Support is coordinated by a contracted service provider
- Provides individuals and families with a break from ongoing responsibilities related to their home situation in order to sustain their well-being
- Agency recruits, screens, monitors, and pays for the delivery of wellness supports
- Support may be delivered in the individual and/or family home or another location as appropriate
- Services may be ongoing or time-limited

### **Homemaker**

- Available to individuals who require basic housekeeping services or personal care to successfully live in the community
- May also be accessed by those who provide ongoing, unpaid in-home support to an individual
- Services may be ongoing or time-limited

### **Behavioural and Communication**

- CLBC contracts with a qualified professional on behalf of an individual who is communicating using unsafe behaviour or behaviour that is concerning to either the individual or others
- Support may include consultation, assessment, and/or intervention related to the person's disability-related needs
- Support may help to build the capacity of paid or unpaid supports to replace unsafe or concerning behaviours with other forms of communication
- Support may be delivered in the individual's home or other locations
- Support is goal-focused and time-limited

### **Psychological**

- CLBC contracts with a licensed psychologist or other qualified professional on an individual's behalf. Services in this area include consultation, assessment, and intervention
- All services are goal-focused and time-limited

### Support Coordination

- Helps individuals and families coordinate multiple supports and services (funded or not funded by CLBC) and/or their service experiences
- Service tailored to the individual and their family's or support network's unique needs
- May involve counselling, resource/referral, education/training, scheduling, advocacy, connecting people with peers in the community or accessing housing, among other activities
- Support may be offered to an individual, a specific family member, an entire family, other support network configuration or family groups with similar needs
- Can be delivered through a service provider or self-directed service model
- Services may be ongoing or time-limited

### SUPPORTS TO PARTICIPATE IN MY COMMUNITY

CLBC funds a variety of supports to facilitate participation in community. These supports enable individuals to assume valued roles in their communities and have lives of belonging and connection. The amount and type of support provided depend upon the individual's current disability-related needs, support preferences, and what is important to, and for, them.

SUPPORT	SUPPORT CATEGORY	SUPPORT SUBCATEGORY	GSA LEVEL	TIMEFRAME
Supports to Participate in My Community	Employment		all	temporary or ongoing
	L.I.F.E.		all	temporary or ongoing
	Learning		all	temporary
	Community Inclusion		3-5	temporary or ongoing

### Employment

- A support that uses a variety of approaches to help individuals to find and maintain paid employment in inclusive settings
- May include supported-employment, customized employment, and/or self-employment options
- Services may be ongoing or time-limited

### **L.I.F.E. – Learning, Inclusion, Friendship, Employment**

- Explores and creates personalized supports related to lifelong Learning, Inclusion (i.e., community connections, other valued roles in community), Friendship, and Employment.
- Is offered in places in an individual's community that support their Learning, Inclusion, Friendship and Employment outcomes to happen.
- The amount of support hours, location, and type of support adjusts over time based on a person's changing goals and needs
- Is regularly evaluated by the individual, their family and/or support network members where the individual wants them to be involved, and those providing the supports to continually improve the individual's experience and how the support works overall for everyone
- Makes a difference in an individual's life by increasing their confidence and growing a network of natural support around them
- Services are ongoing

### **Learning**

Supports individuals to learn things and develop skills, independence, and confidence to live the life they want

- Supports for learning could include formal and informal, individual and group learning activities based on what is important to, and for, the individual
- Supports can occur in-person, online or in other hybrid delivery models
- Learning activities are typically goal focused and time-limited
- Services are time-limited

### **Community Inclusion**

- Designed for individuals who need help to participate in community in a meaningful way
- May have a work focus, a social/recreational focus, or other relevant focus to participating inclusively in an individual's community
- Supports individuals to have socially valued roles within their community
- Service is based on an individual's goals and adapts to their changing interests and disability-related needs
- Services may be ongoing or time-limited

## SUPPORTS TO LIVE IN MY HOME

CLBC funds a variety of supports to help people live in their homes. The amount of funding and type of support provided depends on the individual's current disability-related needs, support preferences, and preferred home environment.

SUPPORT	SUPPORT CATEGORY	SUPPORT SUBCATEGORY	GSA LEVEL	TIMEFRAME
Supports to Live in My Home	Independent Living		all	temporary or ongoing
	Shared Living	Home Sharing	all	temporary or ongoing
		Live-in Support	all	temporary or ongoing or
	Staffed Living		4-5	temporary or ongoing

### Independent Living

- Provides individuals living independently in the community with assistance in activities of daily living
- Available to individuals who own, lease, or rent their homes
- Targeted support is provided to individuals living independently or with others who are not paid caregivers
- Support can be 1:1 or shared by a number of individuals who live independently and have homes in close proximity to one another
- Services may be ongoing or time-limited

### Shared Living

- An individual supported by CLBC shares a home with someone who is contracted to provide ongoing support
- The home is the primary residence of both the individual being supported and the person offering the support
- Services may be ongoing or time-limited

***Home Sharing***

- A shared living arrangement in which the sub-contractor controls the home through ownership, lease, or rental

***Live-in Support***

- A shared living arrangement in which the individual controls the home through ownership, lease, or rental
- Can also describe a shared living arrangement in which the individual and contractor have established a joint tenancy

**Staffed Living**

- Support for daily living is provided to an individual or group of individuals by a team of staff who rotate through the home according to an established schedule that may include overnight hours
- Service is designed for individuals who have significant support needs
- The number of individuals living in a home is limited
- Service is licensed when three or more individuals reside in a staffed home
- Service may be ongoing or time-limited

## Glossary of Terms

**Family:** For the purposes of planning and CLBC service delivery, families are a group of people related by birth, marriage, adoption, kinship, descent, or choice in which the individual is included. Families have an emotional bond and function as close and personal natural supports to one another.

**Individual:** A person 19 years of age or older who is eligible for CLBC services, as described in the *Eligibility Policy*.

**Natural Supports:** Support that comes directly from people and community resources, activities and/or relationships rather than being provided through formal 'paid' forms of support. Also known as informal supports.

**Support Network Members:** Friends, family and/or community members who provide personal support, advocacy and/or help with monitoring services and who have reciprocal relationships with individuals.

Note: The *Supports Funded by Community Living BC* replaces the *Catalogue of Service* as of April 1, 2023.