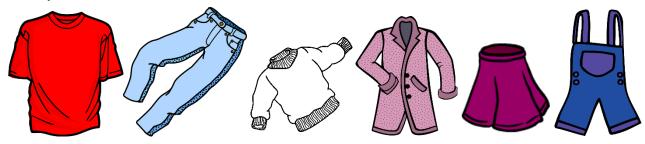
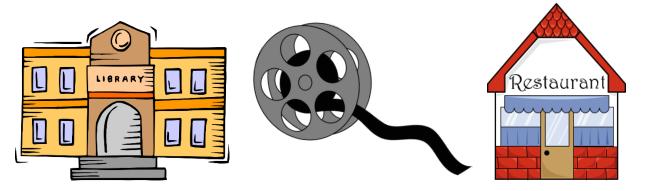
# **RESIDENTAIL SERVICES:**

At this home, you can choose:

What you wear:



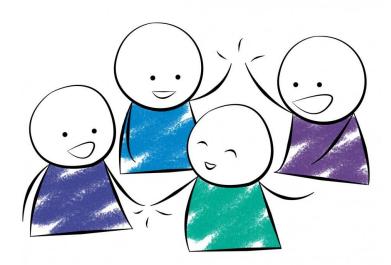
Where you go: library, movie theatre, restaurant



What you eat: Meats, Fruits, Vegetables, Starches, Dairy



## Who your friends are:



## What is in your room:



Weekdays: during the day you have many options! arts and crafts, music, bowling, park, out for coffee, etc.



 $\underline{\text{Evenings:}}$  during the evening, people can do many things! Shopping, TV, games, restaurants, visiting friends, walks, and movies.



On weekends, you may: Sleep in, do chores, go have fun, etc.



#### Personal Life Plan

Everyone here can choose what they would like to do, learn, or celebrate with the help of friends, family and staff!



Meals
Choice are offered regarding different foods!



## **Professional Support:**

Many people help everyone who lives here! Nurses, doctors, and dentists!





#### **Personal Health:**



A doctor quality of life.

supports everyone in being healthy physically and emotionally to have the best



#### **Community Access**



<u>In the community, you can do many things such as</u>: pow wows, library, mall, bank, rodeo, wildlife park, swimming, restaurant, lacrosse, swimming, grocery store, hiking, parks, Tim Hortons, walks, and more!



## **Banking**

Each person has a bank account for their money!



#### **Property**

**Everyone** has a private place for their things and eveyone is taught to respect other's privacy.



<u>Fees</u>



You can put whatever you like in your room!



## **Diversity**

Your differences will be respected! Different cultures:





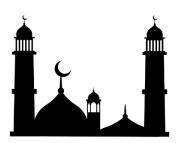




# Religion:









**Holidays:** 

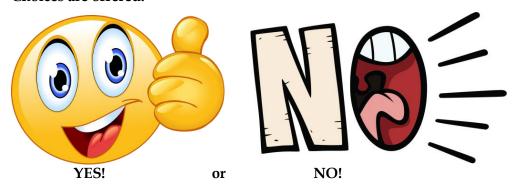


#### Advocacy & Individual Rights

Respect is given to everyone!



Choices are offered!



You can say no to who helps you with personal things!



**Conflict Resolution** 

**Everyone** is heard

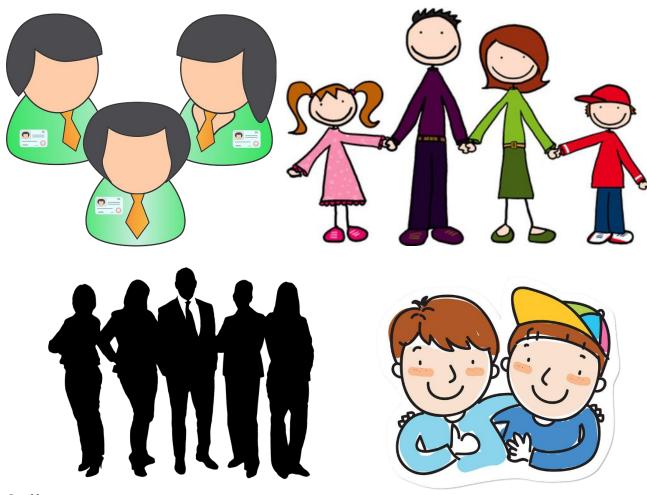
and people listen



to what you say and give answers to any



You can talk to: Staff, Family, Managers, Friends, or CLBC!



**Staff** The staff know how to help and care for you!



### **Parent Advisory**

If you choose, family andfriends are asked to help you to build the life that you want



#### **Concerns and Complaints**

There are people to support you if you have a concern or complaint!







GERS AGENCY







## **YOUR RIGHTS!**

- You have the right to understand your "rights"
- You have the right to all services regardless of your skin colour, gender, disability, religion, country where you were born, how much money you have, or your sexual orientation.
  - You have the right to a guardian/advocate if you need one
- You have the right to manage your own money with support if needed
  - You have the right to be treated with respect and dignity
- You have the right to have and show your feeling and opinions
  - You have the right to be listened to and taken seriously
- You have the right to say "no" without feeling bad or guilty about it
  - You have the right to talk to your family/friends without interruption
    - You have the right to complain, by writing or speaking to a manager
      - You have the right to make mistakes
  - You have the right to participate and be involved in decisions that affect you

- You have the right to participate in your own personal planning
- You have the right to look at your personal file
  - You have the right to your privacy
  - You have the right to have your own things
- You have the right to use your money for things you want
- You have the right to be free from abuse and neglect
  - You have the right to be free from restraints and seclusion
  - You have the right to be told when your rights are restricted, there MUST be a good reason for restricting your rights, and this reason will be written in your file
- You have the right to practice your faith or religion
- You have the right to receive appropriate medical care and to choose your own doctors & dentists

IF SOMEONE IS NOT RESPECTING YOUR RIGHTS,
OR IS ABUSING, NEGLECTING OR TAKING
ADVANTAGE OF YOU, YOU CAN REPORT IT TO
THE FOLLOWING PLACES:

<u>IMLKS:</u> 1-250-377-7661

<u>CLBC:</u> 1-250-377-4444