

HABIT TRACKER

www.okslimbbo.com

GOALS

MONTH

M

T

W

T

F

S

S

cut

WHAT WORKED

TO IMPROVE ON

fold

GOALS

MONTH

M

T

W

T

F

S

S

WHAT WORKED

TO IMPROVE ON

www.okslimbo.com

GOALS							
MONTH	M	T	W	T	F	S	S
							
WHAT WORKED							
TO IMPROVE ON							

cut

cut

cut

cut

cut