

THE MENOPAUSE DIVIDE

Why Is HRT Access Failing Too Many Women?



13 November



15:00–17:00 GMT / 10:00–12:00 EST



Join online or in person at Lucid Group Offices,
22 Upper Ground, Sea Containers, SE1 9PD



Despite widespread support for Hormone Replacement Therapy (HRT) through clinical guidelines in the UK, recent research from the University of Oxford reveals a stark disparity: women* from Black and Asian backgrounds are nearly **80% less likely** to receive HRT than white women. The gap widens further when socioeconomic factors are considered.

What roles do ethnicity, socioeconomic status, healthcare systems, and cultural competence play in shaping access to menopause care, and how can the Life Sciences community drive change?

Black Professionals in Life Sciences (BPLS), in partnership with **Lucid Group**, invites you to a vital conversation grounded in data and lived experience. A diverse panel of experts will unpack the drivers of unequal menopause care and explore how we can unite for equity.

What to Expect

KeyStudy Insights

Learn from one of the UK's largest analyses of HRT prescribing patterns—highlighting systemic barriers and opportunities for reform.

Patient Voices

Hear directly from women and menopause specialists navigating the care landscape.

Life Sciences Perspective

Explore how clinical trials, awareness campaigns, and primary care can address root causes of disparity.

Expert Panel Discussion

Featuring specialists in:

- Clinical trial inclusion
- Culturally competent care
- Data-driven decision-making
- Disease awareness & cultural relevance

Interactive Q&A and Networking

Share your perspective online or continue the conversation in person over light refreshments.

This isn't just a discussion—it's a call to action. Join us to help build a fairer system for all women.

Register now:

[In-Person](#)
[Online](#)

#Menopause #HRT
#HealthEquity #LifeSciences
#BPLS #BreakingBarriers

* Because menopausal symptoms are caused by oestrogen fluctuations, these symptoms can also affect trans men and non-binary people. The term 'women' used is inclusive of all people experiencing menopausal symptoms.