

CELEBRATING  
**WOMEN**  
IN CONSTRUCTION  
15 EPIC YEARS

We Are E.P.I.C. - Extraordinary Partners In Construction

SPEAKER NOMINATION FORM

**PROPOSED TOPIC:** From a Demanding Day Job to a Sustainable Career - Tips on Avoiding Burnout and Finding Flexibility in the Construction Industry

This panel will discuss the realities faced by women in construction. For example, women in construction might be required to work long and/or irregular hours. Field positions are tied to the job site. To retain (and recruit) women to the industry, the demands of this reality must be addressed. Panelists will discuss the logistical demands they've faced and how they've managed to sustain (and thrive) despite these challenges. Discussion might also include a serious look at the ambition gap and burnout that occurs from when someone enters the workforce to when they achieve leadership positions. Many women downshift or dropout of their careers due to multiple factors including increased responsibilities in their home and personal life. This has only been compounded by COVID. We may discuss how company culture can adapt to be more inclusive of women throughout the entire length of their career and to prevent burnout along the way.

YOUR INFORMATION:

First Name

Last Name

Email Address

Phone No.

Company

Position/Title

Please state your relationship to proposed speaker and why you believe she/he is qualified to speak on this topic:

SPEAKER INFORMATION:

First Name

Last Name

Company

Position/Title

City

State

Email Address

Phone No.

Speaker Bio (provide brief bio/credentials):

WIC Board Member Comments/Status: (to be completed only by the board):