

LIFE GUIDANCE WITH SHAMAN ISIS



Package Options

Foundation Package:

Consultation session (60 minutes)

Personalized spiritual assessment and goal setting

Four weekly coaching sessions (45 minutes each)

Email support between sessions

Guided meditation or spiritual exercises tailored to the client's needs

Package Fee: \$1000

Deep Dive Package:

Consultation session (90 minutes)

In-depth exploration of spiritual beliefs, values, and experiences

Eight bi-weekly coaching sessions (60 minutes each)

Customized spiritual practices and rituals

Journaling prompts and reflection exercises

Access to resources such as recommended readings or online courses

Package Fee: \$1800

Grow the Fuṛq: Up Transformation Package:

Consultation and goal-setting session (120 minutes)

Twelve weekly coaching sessions (60 minutes each)

Intensive exploration of personal growth opportunities and spiritual development

Energy healing or Reiki sessions (optional)

Integration of mindfulness techniques and stress reduction strategies

Unlimited email support and periodic check-ins

Package Fee: \$2600

Couples or Family Spiritual Coaching Package:

Joint consultation session to identify shared goals and individual aspirations (90 minutes)

Six bi-weekly coaching sessions (60 minutes each) for the couple or family unit

Relationship-building exercises and communication tools

Collaborative exploration of spiritual practices and traditions

Conflict resolution strategies grounded in spiritual principles

Follow-up session to assess progress and adjust goals as needed

Package Fee: \$2200

Each package can be further customized based on the client's preferences, level of spiritual development, and specific areas of focus. It's also important to include flexibility in scheduling and payment options to accommodate individual needs. Afterpay and installment payments available.

SPECIALTIES

Habit & Pattern Issues
Raising Consciousness
Emotional Mastery
Self-Love & Healing

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