**Internship Program**

CCSL offers internship programs to athletes in need of school credits. Stars and Stripes Sports / Carolina Collegiate Softball League and Test and Train Sports are all a part of the family of companies that provide various opportunities for students needing to meet school requirements.

Interns are guaranteed payment of **$500** for completion of the internship. There are additional income opportunities that can generate funds for the intern. The more value you create for the company the more earnings you can make.

Positions we offer for our interns and the experience they will receive from participating in this program will provide great long -term value. We offer a lot of flexibility and can cater your experience to the specific area you are most interested in.

Internships will include but not be limited to the following:

**Athlete Management System & Team Management System- Software Platform-**

You will be able to utilize this platform in your internship to learn how to provide multiple services to athletes, high schools, academies, colleges, and professional organizations. You will assist in performing sports testing events learning how to test athletes and utilize the AMS to track the developmental journey of the athlete. This platform collects daily athletic performance surveys, sports testing data and many other key features which are used in the development of an athlete.

Interns will learn how to engineer and develop programming to support teams and organizations that can manage their day to day operations using this platform. The platform will manage online registrations, data capture, video capture, chat, messaging, email communications and event management. You will get to interact with coaches and athletes supporting their day to day needs while actively integrating high level developmental procedures.

**Athlete Development**

You will be able to utilize the AMS and TMS to create actionable intervention by using data we capture influencing the development of each athlete with a data driven approach. We have an evidence-based approach to the developmental process which you will learn and be able to measure. We work closely with Apex Athletic Performance/ Prisma Health and The University of South Carolina Sports Science Department and will often utilize their lab and facilities for case study and training details. We will show you how to provide the best information possible to the coaches and athletes so they can make the best decisions possible in the development process.

We will provide you with live accounts of athletes we manage so you can assist and become a part of the day to day programming and evaluation process. The athlete development process will require physical participation executing exercises, neuromuscular training, and specialty training which you will need to be able to master the technique so you can evaluate and coach.

**Coaching**

You will have an opportunity to coach amateur players who are not yet in high schoolin real competition. The CCSL will have a league within our league for youth players who will play on Wednesdays.

You will have the opportunity to build relationships to provide professional instruction to athletes while learning from CCSL coaches. This process will provide you with a foundation to one day coach and or become a private instructor.

**CCSL/Stars and Stripes Sports/Test and Train Sports Operations**

Interns will assist with the day to day operations of preparing for game day, managing relationships with umpires, gate workers, sponsors, media, etc. Duties will be given to assist in the production of the CCSL and the operations of Stars and Stripes Sports and Test and Train Sports.

I hope this information is helpful and provides you with more detail as to the opportunities we can present to you to meet your needs. I am flexible and we can execute a specific agreement that best suits your needs.

Kelly Ahrens

Test and Train Sports/Stars and Stripes Sports/Carolina Collegiate Softball League

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