**PLAYER CONTRACT AND CODE OF CONDUCT**

Congratulations on being named 2021 CCSL player who is participating in the Carolina Collegiate Softball League. What a great honor and opportunity for you to represent your family, city, state, softball program and this wonderful game. This designation requires a strong commitment to excellence and leadership. Eyes will be focused on you and expectations will be extremely high.

You are now a part of a family of players and families who share the same goals and aspirations. It will be great to follow the career of other talented people across the United States drawing strengths from their success and knowledge from their failure. While a teammate today, it is most likely you will be playing against one another during your collegiate season.

You will develop Competitive Adaptability which will improve your approach in every aspect of your game and as a person. Learning to be flexible with new faces and situations you are in will give you the skill to conquer and overcome. You will have to be able to adjust and continue to work on your skill set so you can return a better version of a person and player than you did when you arrived here in our program.

You will be held accountable for all your actions and will be required to complete a Daily Athletic Performance Survey. We will provide you daily workouts to complete that are specialized for your development. You will be tested upon arrival and tested at the end of the season so we can measure your growth and prove to you the value of your participation. Finally, you have the time to dedicate to the small details in your swing and in your mechanics that will allow you to master your skill.

Player Code of Conduct

CCSL Teams are owned by Stars and Stripes Sports and managed by Kelly Ahrens, the General Manager/Head Coach.   It is hereby understood and agreed that players and family members agree to the following terms:

1. Have Fun!
2. Work hard. Do not let anyone out work you!
3. Always be supportive of your teammates.
4. Do as you are asked to do and do so with your best effort.
5. If you do not have anything good to say, keep it to yourself.
6. Never show up an umpire for any reason.
7. Never talk to or address a coach, player, parent or fan from another team under any circumstances as competition is taking place, before and after game included.
8. Always “Sprint” to your position on the field from the dugout and from your position in the field to the dugout after each inning. NEVER WALK.
9. Always run through the bag at first base full speed no matter what the situation is on a ball hit to the infield
10. Never show “Negative Body Language” and never “Show Up” another team.
11. Always respect your coaches and address them professionally.
12. Never allow your parents to speak on your behalf, learn to speak for yourself.
13. Practice hard, play hard and always be a good sport.
14. Make sure you are properly prepared every pitch and never take a play off.

**Player/Parent Contract/Waiver/Release**

Player Name **\_\_\_\_\_­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Agreed and accepted this \_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_ . I agree to the terms and conditions of this contract and agree to represent CCSL as a player. I hereby agree to allow CCSL and Stars and Stripes Sports to utilize any pictures and or video of me in any capacity necessary as deemed appropriate by CCSL/Stars and Stripes Sports towards the promotion of CCSL.

I agree and accept responsibility to provide statements to newspapers, radio shows, TV anchors and all parties from the media that may be covering CCSL. I understand any actions that I take in a negative capacity can jeopardize my participation with this program.

I understand CCSL can, at the discretion of the General Manager/Head Coach, remove me from my participation with this team at any time as deemed necessary to protect the name and reputation of this program. I agree to do my best and put forth a good faith effort to represent CCSL in the highest regards.

I understand my team will have 15 players and my participation on this team is critical to the success of this program. If for any reason I cannot participate due to health issues or any unforeseen instances, I will transfer my position to one of the “Conditional Players” as decided by General Manager/Head Coach. There will be no refunds returned to players for deposits or player fees. If you are injured, you can remain in the league and utilize league resources to return to play as soon as possible.

**The total cost of participation covers the following**

* Participation in a 24 Game Schedule from June 11-July 24, 2021
* All-Star Game- Players select All-Star Team
* Single Elimination playoff leading to playoff champion
* Condo/House with multiple roommates and in separate beds or blow up beds
* Athlete Testing- Sports Testing to benchmark athletic status upon arrival and then again re-testing at the end of the summer to validate progression
* Access to train at Apex-Lexington, Apex-Columbia, and Pine Grove Sports Complex
* Access to league professionals who will be assisting in specialized training during the league season to include neuromuscular training, hitting, fielding, pitching…
* Access to receive treatment from professional trainer provided by Prisma Health Care at designated times daily during the season. (We will have a trainer at the fields every day we play)
* Neuro-Muscular and Muscular Endurance workout programming administered through Athlete Management System via Mobile-Based App monitored by Test and Train Sports
* Professional Coaching

**Uniform/Apparel Included**:

Jersey -   **2 each player**

Helmet - **1 per person**

Pants-   **2 each player**

Belt -2 **per player**

Socks - **2 per player**

Visor- **1 per player**

Tech shirt - **1 per player**

Tech short - **1 per player**

Phenom Batting Gloves**- 1 per player**

**Transportation**: Players must provide their own transportation to get to the league and to and from field.

**Food:** Players will be responsible for their own food

**Participation Options:**

\_\_\_\_\_$2,000 Participant- Positional Player with Primary Position as a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in housing provided with bed and or blow-up bed in suitable apartment/condo or house with other players in the league.

\_\_\_\_\_$2,000 Participant- Conditional Player with Primary Position as a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in housing provided with bed and or blow-up bed in suitable apartment/condo or house with other players in the league. This player will be working to return to play and will utilize all league resources except playing in games. In the case of an injury and conditional player is available and capable to play, a conditional player can be moved to the roster to play in games.

I understand my participation with this team is contingent upon me being committed and able to attend all specified events. I understand dates/times/locations are subject to change.

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Player Signature Kelly Ahrens- General Manager/Head Coach

Carolina Collegiate Softball League (CCSL)