

Emergency Preparedness Plan



No one ever thinks a disaster will happen to them. The best strategy in dealing with disaster is to be as ready as possible. The Saskatchewan Public Safety Agency has a few simple actions you can take to be better prepared in case of an emergency.

Home Address:

EMERGENCIES DIAL 9-1-1

Fire, Police, Ambulance 9-1-1

Suicide Crisis Helpline 9-8-8

Health Line 8-1-1

Gas Emergency - SaskEnergy 1-800-511-0427

Sask Poison Control Centre 1-866-454-1212

Sask Police Non-Emergency Line 1-866-757-5911

Report an Outage - SaskPower 1-306-310-2220

Highway Hotline 5-1-1 or 1-888-334-7623

Other: _____

Other: _____

Public Safety Locations

Knowing where you can go for help is important. Public safety locations can be used to access information and support for your community.



Fire Station

Address: _____

Phone Number: _____



Police Station

Address: _____

Phone Number: _____



Hospital

Address: _____

Phone Number: _____

Staying Connected

Plan how you will contact family and loved ones during an emergency. Write down key emergency contact information and include a list of friends, family members and out-of-town contacts. Choose an out-of-area contact who can help your household reconnect during an emergency, as it may be easier to make long-distance phone calls if local lines are damaged or overloaded. Always remember to keep your communication devices fully charged.

Emergency Contacts

Name: _____

Phone: _____

Name: _____

Phone: _____

Name: _____

Phone: _____

Family Reunion Plan

Designate a common meeting place outside your community for everyone in the family to meet at in the event of an emergency.

Address: _____

If you are unable to pick-up your children, who is the designated person?

Name: _____

Phone: _____



Evacuation

Make sure everyone in your family knows how to safely exit your home using the main exit and an alternative one. Be sure to consider your living situation.

If you are asked to evacuate your home, select two safe locations where you can go. One should be nearby and one should be farther away, in case the emergency affects a large area. You should also plan how you would travel to that safe location if evacuation is advised.

Shelter-in-place

In certain circumstances, you may be instructed to “shelter-in-place.” This means that you would take shelter inside your current location, whether that’s at your home, workplace, vehicle or wherever you happen to be.

If this happens, do the following:

- Go indoors immediately and stay there
- Close all doors and windows
- Turn off furnaces, air conditioners and exhaust systems
- Tune to your local radio or TV station for more information
- Choose texting over calling to help keep phone lines open
- Stay inside until you are told it is safe to leave



Medical Information

Having important medical information for your family readily available is critical in case you need to leave your home and require medical attention.



Physician

Name: _____

Phone: _____

Pharmacy

Name: _____

Phone: _____

Saskatchewan Health Card Information

Name: _____

Health Card Number: _____

Name: _____

Health Card Number: _____

Name: _____

Health Card Number: _____

Name: _____

Health Card Number: _____

Medications

Name: _____

Medication: _____

Dosage: _____

Name: _____

Medication: _____

Dosage: _____

Name: _____

Medication: _____

Dosage: _____

Name: _____

Medication: _____

Dosage: _____

Pet Information

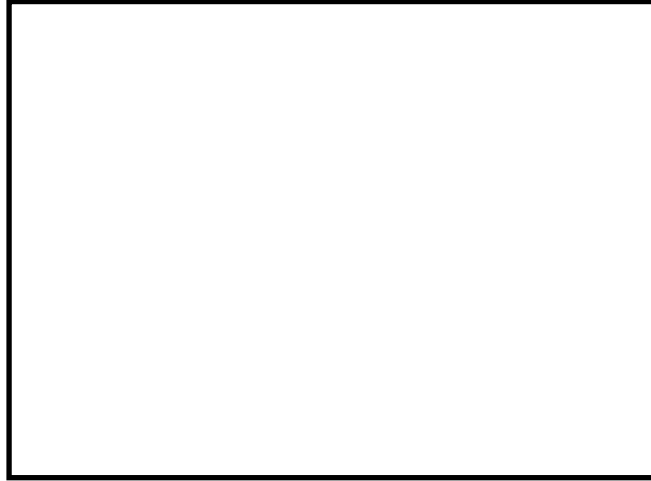
Name: _____

Animal: _____ Colour: _____

Medication: _____ Dosage: _____

Vet's Name: _____ Phone: _____

Attach a photo of your pet below:



Name: _____

Animal: _____ Colour: _____

Medication: _____ Dosage: _____

Vet's Name: _____ Phone: _____

Attach a photo of your pet below:



Important Documents

Keep copies of your important documents in a safe place. Consider including digital copies of the documents, photos, and anything else you might want to keep.

- ☐ Passports
- ☐ Driver's License
- ☐ Birth Certificates
- ☐ Marriage Certificates
- ☐ Insurance Policies
- ☐ Educational Records
- ☐ Bank Account Numbers
- ☐ Household Inventory Records
- ☐ Safety Deposit Box Key
- ☐ Wills and Power of Attorney
- ☐ Credit Card Information
- ☐ Pet Registration, Photos, Vet and Medical Information
- ☐ Warranties
- ☐ Social Insurance Numbers
- ☐ Income Tax Returns
- ☐ Recent Photo of Family Members
- ☐ Healthcare Numbers
- ☐ USB back-up of electronic files and photos



Learn more about how to prepare your family and home for an emergency and how to make a 72-hour emergency kit:

saskpublicsafety.ca/at-home/emergency-preparedness-at-home

72-Hour Emergency Kit

In the event of an emergency, first responders may be busy assisting those in immediate danger. The 72-hour kit holds enough supplies to support you and your family for up to three days in an emergency situation. Make sure your kit is portable in case you need to evacuate.

Food and Water

- ☐ Four litres of drinking water per person per day
- ☐ Non-perishable food
(Check and replace food and water once per year)



Equipment

- ☐ Wind-up or battery operated flashlight and batteries
(Replace batteries every year)
- ☐ Wind up or battery operated radio and batteries
(Replace batteries every year)
- ☐ Extra clothing (plus warm items) and blankets/sleeping bags



Toiletries

- ☐ First Aid Kit
- ☐ Toiletries



Special Needs Items

- ☐ Infant needs (diapers, formula, bottles, etc.)
- ☐ Prescription medication
- ☐ Extra pair of prescription glasses or contact lenses
- ☐ Pet items (food, leash, collar, medication, etc.)



Personal Documents and Items

- ☐ Some cash in smaller bills
- ☐ Copies of your important documents



For a complete list of suggest kit contents, please visit:

saskpublicsafety.ca/at-home/emergency-preparedness-at-home

In Saskatchewan, some natural and human-caused risks and hazards your family may face include floods, power outages, wildfires, tornadoes, and winter storms.

Risks in your area _____

Item Locations

Fire Extinguisher: _____

Water Valve: _____

Electrical Panel: _____

Gas Valve: _____

Floor Drain: _____

Stay Informed

It is important to be able to gather news and updates from different sources during a disaster.

Scan to
download
SaskAlert



Sask Public Safety Agency

facebook.com/skpublicsafety



Public Safety Canada

@Safety_Canada

@Get_Prepared

Websites

saskpublicsafety.ca

weather.gc.ca