

East
Bay
Seaford



East Bay Welcomes You!

Juices

Large Fresh Squeezed OJ — 3.50

Assorted large Juice: — 3.50
Grapefruit, Tomato, Cranberry,
Pineapple or Apple

**Corned
Beef Hash
and Eggs
13.95**

**Sirloin
Steak 12oz.
and Eggs
15.95**

Benedict Corner

Eggs Benedict

*Poached eggs
on a toasted english
muffin with Canadian
bacon, topped
with hollandaise sauce*
12.95

Eggs & Omelettes

Specialty Omelettes

All Eggs & Omelettes

served with Home fries or French fries or Lettuce, Tomato and Toast

Two Eggs, Any Style	8.95	Garden Omelette	13.95
with Ham, Bacon, Sausage or Canadian Bacon .	11.95	<i>fresh broccoli, mushrooms, scallions, tomato and artichokes</i>	
Ham or Bacon Omelette	11.95	Chef's Omelette.	13.95
Cheese Omelette	11.95	<i>fresh broccoli, mushrooms, tomato, onions, peppers and swiss cheese</i>	
<i>Choice of American, Swiss, Feta, Cheddar or Mozzarella</i>		Farmer's Omelette	13.95
Veggie Omelette	13.95	<i>ham, bacon, sausage, peppers, mushrooms, onions and tomato</i>	
<i>Broccoli, onion, green pepper, mushroom and spinach</i>		Nova Scotia Lox Omelette.	13.95
Western Omelette	12.95	<i>Eggs and Onions</i>	
Fresh Spinach Omelette	11.95	East Bay Omelette	13.95
Broccoli and Cheese Omelette.	12.95	<i>fresh mushrooms, onion, tomato and feta</i>	
		Greek Omelette	13.95
		<i>Feta cheese and tomato</i>	
		Athenian Omelette	13.95
		<i>Feta cheese and spinach</i>	
		Avocado Omelette	13.95
		<i>Onions and tomato</i>	

Turkey Bacon or Sausage substituted for Bacon 2.50 extra

Sweet Potato Fries, Spicy Fries, Waffle Fries, Onion Rings substituted for Home fries or French fries 1.99 extra

Each additional item in Omelette 1.35 extra

Bagel, English Muffin or Roll instead of Toast add 1.35

Add Ons

Side of Bacon,
Ham or Sausage
4.25

Side of Turkey
Bacon or Sausage
4.25

Fleischmann's
Egg Beaters
add **1.50**

Side of
Canadian Bacon
4.25

Additional Items
in Omelette
add **1.25**

All Egg White
Omelette
add **1.50**

Cottage Cheese
add **3.95**

Fruit Preserves
add **4.00**

Whole Wheat wrap
1.50 extra

Photos are for suggestion only. Actual items may be different.

East Bay Lunch Omelettes

All specials include:

Cup of Homemade Soup or Juice,
Coffee or Tea & Cake of the Day



Omelettes

Fresh Spinach	14.95
Fresh Broccoli & Tomato	15.95
Fresh Broccoli & Mushroom	15.95
Fresh Broccoli, Spinach & Tomato	15.95
Fresh Broccoli, Spinach & Mushroom	15.95
Turkey & Fresh Spinach	15.95
Turkey, Fresh Broccoli & Mushroom	15.95
Turkey & Mushroom	15.95
Artichoke & Mushroom	15.95
Artichoke & Fresh Broccoli	15.95
Artichoke & Tomato	15.95
Spinach & American Cheese	15.95
Spinach, Mushroom & Tomato	15.95
Broccoli, Mushroom & Tomato	15.95
Fresh Spinach, Mushroom & American Cheese	15.95
Peppers, Onions, Ham & American Cheese	15.95
Fresh Broccoli, Bacon & American Cheese	15.95
Ham, Spinach & Swiss Cheese	15.95



All Omelettes are made with 3
eggs and served with choice of
Home Fries or French Fries or
Lettuce & Tomato & Toast

ADD ONS:

Omelette made with Egg
Whites or Egg Beaters add
1.50

Sweet Potato Fries,
Spicy Fries, Waffle Fries or
Onion Rings
substituted for Home Fries
or French Fries add
1.99

Specialty Omelettes

Northern with fresh spinach, zucchini & artichokes	15.95
Eastern with fresh spinach, mushroom & tomato	15.95
Southern with fresh broccoli, onions & american cheese	15.95
Western with peppers, onions & ham	15.95
Athenian with fresh spinach & feta cheese	15.95
Greek with feta cheese & tomato	15.95
Vegetarian with zucchini, broccoli & artichokes	15.95
Farmer's with ham, bacon, sausage, onion, tomato mushrooms, and peppers	15.95
Canadian with canadian bacon, peppers & tomato	15.95
Spanish with our special sauce	14.95
Chef's with broccoli, mushrooms, tomato, onions, peppers, and swiss cheese	14.95
Leo with Nova Scotia Lox & onions	15.95
Fisherman's with crabmeat & mushrooms	14.95
Divan with broccoli & american cheese	14.95



Griddle Specialties

served with butter and syrup
smucker's sugar free syrup available



Belgian Waffles

- Belgian Waffles 9.95
- with Ham, Bacon or Sausage 11.95
- with Canadian Bacon. 11.95
- Belgian Waffle Deluxe 13.95

with Ham, Bacon or Sausage & Two eggs, any style

**Belgian Waffle or Pancakes
with Fresh Fruit • 11.95**
Strawberries, Blueberries, or Banana

Pancakes

served with Butter and Syrup
Whole Wheat Pancakes Available

- Golden Pancakes 9.95
- with Ham, Bacon or Sausage 11.95
- Short Stack of Pancakes 8.95
- with Ham, Bacon or Sausage 11.95
- Silver Dollar Pancakes (10) 9.95
- Chocolate Chip Pancakes 9.95
- Rolled Pancakes 12.95
- Blueberry, Strawberry, or Apple & Cinnamon*
- Pancakes Deluxe 13.95
- with Ham, Bacon, Sausage and two eggs, any style*
- Banana Walnut Pancakes 12.95

Monte Cristo 13.95
Challah french toast with turkey, ham and melted swiss cheese

French Toast

- Homemade Challah or Old Fashioned French Toast 9.95
- choice of: white or whole wheat*
- with Ham, Bacon, or Sausage 11.95
- with Canadian Bacon. 11.95
- French Toast Deluxe 13.95
- with Ham, Bacon, Sausage & Two Eggs, any style*

Muffins



- Homemade Muffin 4.95
- Corn, Blueberry, or Bran*



The Bagel Box

- Toasted Jumbo Bagel 4.95
- with Cream Cheese 6.95
- Pizza Bagel 8.95
- topped with Pizza Sauce & Melted Mozzarella*
- Bagel "All the Way" 16.95
- with Lox, Cream Cheese, Lettuce, Tomato, Bermuda Onion & Olives*





Burger-Palooza

Char-broiled Jumbo 8oz. Burgers

DELUXE 5.00 EXTRA

Deluxe Burgers served with French fries, Lettuce, Tomato, Cole Slaw & Pickle

Jumbo 8 oz Burger	9.95
Turkey Burger	9.95
Pizza Burger	10.95
Vegetable Burger	10.95
Bison Burger	12.95

Additions & Substitutions

American Cheese	1.00 extra
Swiss	2.00 extra
Cheddar	1.00 extra
Mozzarella	1.00 extra
Pepper Jack	2.00 extra
Bacon	2.50 extra
Sauteed Onions	1.50 extra
Sauteed Mushrooms	1.50 extra
Lettuce & Tomato	1.50 extra
Pita	1.50 extra

Sweet Potato Fries, Spicy or Waffle fries or Onion Rings substituted for French fries 1.99 extra

Tossed Salad substituted for French fries 3.00 extra or Greek Salad substituted for French fries 4.00 extra

French Fries topped with Mozzarella Cheese 3.00 extra

Twin Jumbo Beefburger Deluxe 17.95

SUBSTITUTE: Turkey Burger add 3.00 • Veggie Burger add 2.00

Bison Burger add 3.00 • Twin Deluxes with Cheese 2.00 extra

Sandwich Classics

served with Cole Slaw & Pickle

Choice of breads:

White, Rye or Whole Wheat

Meat

Bacon, Lettuce and Tomato	8.95
Avocado BLT	11.95
Chicken Salad	10.95

Cheese

Grilled American Cheese . . .	8.95
with bacon or ham or tomato	9.95
Grilled Swiss Cheese	9.95
with bacon or ham or tomato	10.95

Fish

Tuna Salad with Lettuce	11.95
Shrimp Salad with Lettuce . .	12.95
Fried Jumbo Shrimp Deluxe (3)	14.95

Fried Filet Deluxe 14.95

on Toasted Roll with French Fries

Egg

Fried Egg	5.95
with bacon or ham or sausage	7.95

On Bagel, Roll or Hero or English Muffin add 1.50

on Pita add 1.50

Turkey Bacon substituted for Bacon add 2.50

Chicken Breast on a Bun

Deluxe \$5.00 extra

Marinated Grilled Chicken Breast 9.95

made with crispy chicken . . . 3.00 extra
add Portobello Mushrooms . . 2.00 extra
add Avocado 3.00 extra
add Jalapeño Peppers 1.00 extra
add Fried Egg 1.50 extra

East Bay Carving Board

Your Choice 11.95

served with cole slaw & pickle

Roast Sirloin of Beef, Brisket of Beef, Roast White Meat Turkey, Pastrami or Corned Beef

Side Orders

French Fries	7.95
with melted mozzarella	8.95
with gravy or tomato sauce	8.95
with mozzarella & gravy or tomato sauce	8.95
Sloppy Fries with bacon, cheddar and gravy . .	9.95
Home Fries	7.95
Waffle or Curly Fries	8.95
Sweet Potato Fries	8.95
Mashed Potato or Baked Potato with sour cream	4.95
Potato Salad	4.95
Cole Slaw	4.95
Tossed Garden Salad	7.95
Dinner Greek Salad	8.95
Imported Feta Cheese	4.95
Vegetable of the Day	4.95
Sauteed Fresh Spinach with garlic and olive oil	4.95
Bacon, Ham and Sausage	4.25
Turkey Bacon or Sausage	4.25
Canadian Bacon	4.25
Corned Beef Hash	5.95
Avocado	3.00

Munchie Favorites

Buffalo Wings (10) with blue cheese dressing	13.95
Chicken Fingers with Fries . .	11.95
Fried Mozzarella Sticks (6) .	10.95
Basket of Fried Onions	8.95
Favorites Combo buffalo wings, mozzarella sticks, chicken fingers, and french fries	13.95

Triple Deckers

Your Choice 14.95 Please Order by Number

Served with Potato Salad or French Fries, Cole Slaw & Pickle

1. Sliced Turkey bacon, lettuce, tomato
2. Tuna Salad sliced egg, lettuce and tomato
3. Ham and Swiss lettuce and tomato
4. Chicken Salad bacon, lettuce and tomato

Salads & Cold Buffet

All Salad Platters are served on a bed of crisp Lettuce with Potato Salad, Cole Slaw, sliced Egg, Tomato, Scallion and Cucumber.

Choice of Dressing: Blue Cheese, French, Russian, Creamy Italian, House Vinaigrette or Oil & Vinegar

Fat Free Dressing Available

Sliced Turkey Platter	14.95
<i>(all white meat)</i>	
Fresh Chicken Salad Platter	14.95
Tuna Salad Platter	14.95
Fresh Shrimp Salad Platter	15.95

Garden Fresh Salad Creations

East Bay Cobb Salad.	17.95
<i>grilled chicken breast over tossed salad with hard boiled egg, tomatoes, crumbled bacon, olives and cheddar cheese</i>	
Turkey Cobb Salad	16.95
Gyro Salad	16.95
<i>classic greek salad topped with beef or chicken gyro</i>	
Nicoise Salad	16.95
<i>individual tuna over mixed greens, broccoli, artichoke hearts hard boiled egg and crispy croutons</i>	
Chef's Salad	16.95
<i>julienne of turkey, roast beef, boiled ham, swiss and american cheese, hard boiled egg, tomato, cucumber and mixed greens</i>	
Sliced Steak Salad	17.95
<i>romaine lettuce, tomato and cucumber</i>	
Chicken and Mixed Green Salad.	17.95
<i>with tomato, cranberries, walnuts, red onion and raspberry vinaigrette dressing</i>	
Chicken Fingers Salad	16.95
<i>over mixed greens</i>	
Grilled Portobello Mushroom Salad	16.95
<i>sliced portobello mushroom with mixed greens, avocado, red onion and tomato</i>	
Spinach Salad	14.95
<i>bowl of fresh spinach with crumbled bacon, fresh mushrooms and sliced hard boiled egg, garnished with light vinaigrette dressing</i>	
Greek Salad.	14.95
<i>freshly chopped greens, imported feta, kalamata olives and stuffed grape leaves with a light vinaigrette dressing</i>	
Caesar Salad	14.95
<i>with romaine lettuce, croutons and caesar dressing</i>	
<i>Above Salads topped with:</i>	

Above Salads topped with:	
Chicken Breast	add 6.00
Jumbo Shrimp (5)	add 6.00
Salmon Filet	add 7.00
Sliced Steak	add 6.00
Chicken Souvlaki	add 6.00

Hefty Sandwich Choices

Reuben 15.95

corned beef and sauerkraut on rye topped with melted swiss, served with french fries, cole slaw and a pickle

Danish Delight 14.95

shrimp salad and melted swiss cheese served with fries

Tuna Melt 15.95

tuna salad with melted american on an english muffin, with french fries, cole slaw and pickle

Monte Carlo 14.95

grilled rye with hickory smoked bacon, turkey and melted american served with fries

Open Sliced London Broil 18.95

on a garlic hero with fries, cole slaw and pickle

Philly Cheese Steak 14.95

thinly sliced steak, melted american, sauteed onions and fries

Grilled Chicken 14.95

grilled chicken breast, melted mozzarella and roasted red peppers on a garlic hero served with fries

French Dip 14.95

roast beef, mozzarella, natural gravy served with fries

Patty Melt 15.95

burger with american cheese and sauteed onions, served with fries

Fried Chicken or Veal Cutlet Parm 15.95

on hero & french fries

Chinese Roast Pork 14.95

on garlic hero served with french fries

Soups

Homemade Soup of the Day

Chicken Consomme

with Matzoh ball, noodles or rice

Manhattan Clam Chowder

Bowl 4.95

Soup to Go Pint 5.95 • Quart 9.95

Onion Soup Au Gratin 5.95

baked in a crock



Entrees & Roasts

- Roast Young Turkey (all white meat)**
with dressing and cranberry sauce **23.95**
- Roast Half Long Island Duckling**
with orange sauce and apple stuffing **23.95**
- Fresh Roast Brisket of Beef** **22.95**
- Southern Fried Chicken** **21.95**
- Roasted Half Spring Chicken**
served with apple stuffing **21.95**
- Char-Broiled Chicken Cutlet**
in scampi sauce over rice **22.95**

Steaks & Chops

- Broiled Porterhouse Steak (20 oz)**
with onion rings **28.95**
- Broiled Chopped Sirloin Steak**
with sauteed onions **22.95**
- Broiled Center Cut Pork Chops (3)**
served with apple sauce **23.95**
- Broiled Roumanian Tenderloin Steak**
with onion rings **33.95**
- Sliced London Broil** *with mushroom wine sauce* . . **23.95**
- Broiled Loin Lamb Chops (4)**
served with mint jelly **25.95**
*Above entrees served with Soup,
Tossed or Greek Salad, Potato & Vegetable
Sauteed Mushrooms or Fried Onions
on Steak 1.00 extra*



Quesadillas

Served with Sour Cream, Salsa, Whole Wheat Tortilla and French Fries

- Cheese Quesadilla** **13.95**
- Chicken Quesadilla** **14.95**
with grilled chicken, mozzarella cheese and tomato
- Buffalo Chicken Quesadilla** **14.95**
with seasoned grilled chicken, mozzarella cheese and tomato
- Shrimp Quesadilla** **14.95**
grilled shrimp, peppers, onions and mozzarella cheese
- Turkey Quesadilla** **14.95**
turkey, onions, mozzarella cheese and american cheese
- Sliced Steak Quesadilla** **14.95**
sliced steak, onions, peppers, mozzarella cheese, and american cheese
- Vegetable Quesadilla** **14.95**
spinach, onions, tomato and broccoli and mozzarella cheese
- Chicken Avocado Quesadilla** **14.95**
grilled chicken, sauteed onions, avocado and mozzarella cheese



Selections from the Sea

All of our Seafood is Fresh & of the Finest Quality

Prepared to Order

We Cook in 100% Cholesterol & Trans-Fat Free Vegetable Oil

BROILED

FRESH NORWEGIAN SALMON FILET.	27.95
FRESH FILET OF SOLE	23.95
STUFFED FILET OF SOLE <i>with crabmeat stuffing</i>	23.95
STUFFED FILET OF SOLE FLORENTINE	23.95
<i>with spinach, feta cheese and herbs</i>	
BAKED STUFFED CLAMS (6)	18.95
FRESH BONELESS BROOK TROUT ALMONDINE	23.95
SHRIMP SCAMPI <i>with butter, garlic and wine sauce.</i>	24.95
FRESH SEA SCALLOPS SCAMPI STYLE	25.95
FRESH FILET OF BOSTON SCROD	23.95
FRESH CHILEAN SEA BASS FILET	23.95

CONTINENTAL PLATTER 25.95

broiled fresh scrod filet, sea scallops, filet of flounder and jumbo shrimp scampi

PIRATES PLATTER 26.95

broiled half pound lobster, salmon filet and jumbo shrimp scampi

Above Entrees served with Soup, Tossed or Greek Salad, Potato & Vegetable



FRIED

FILET OF SOLE WITH TARTAR SAUCE	23.95
JUMBO SHRIMP WITH TARTAR SAUCE	23.95
SEA SCALLOPS WITH TARTAR SAUCE	24.95

SEA BASS FILET a la SIMIS 24.95

broiled filet of sea bass with fresh broccoli, mushrooms, tomatoes, artichokes and mozzarella cheese over rice

TWIN CENTER CUT PORK CHOPS & FILET of FLOUNDER

*stuffed with crabmeat 22.95
stuffed with spinach & feta 22.95*

FABULOUS FRIED COMBO 24.95

shrimp, sea scallops, filet and baked clam with tartar sauce

Italian Specials

VEAL CUTLET PARMIGIANA	22.95
<i>with melted mozzarella and marinara sauce</i>	
BREAST OF CHICKEN PARMIGIANA	22.95
JUMBO SHRIMP PARMIGIANA	24.95
EGGPLANT PARMIGIANA	21.95
SHRIMP & EGGPLANT PARMIGIANA	23.95
VEAL CUTLET & SHRIMP PARMIGIANA.	23.95

Land & Sea Kebobs

EAST BAY KEBOB	27.95
<i>cubes of marinated steak, baked clam, shrimp, sea scallops and filet, green peppers, onions and tomato over rice pilaf</i>	
STEAK KEBOB	23.95
<i>cubes of marinated steak with green peppers, onions and tomato over rice pilaf</i>	
CHICKEN KEBOB.	23.95
<i>cubes of marinated chicken, onions, green pepper and tomato over rice pilaf</i>	

Hot Open Sandwiches

Your Choice 21.95

Served with Soup, Salad, Potato & Vegetable

SLICED

- ROAST TURKEY *white meat with giblet gravy*
- ROAST SIRLOIN of BEEF
- ROAST BRISKET of BEEF



East Bay

Full Service Bar Available

BAR DRINKS 9.50
 BEERS Domestic 6.95 • Imported 7.95
 WINES
 MERLOT CABERNET WHITE ZINFANDEL
 CHARDONNAY PINOT GRIGIO
 by the glass 8.95

Fountain Favorites

All Made with Premium Ice Cream

ICE CREAM 5.95

Vanilla, Chocolate or Strawberry
 (2) scoops

- MILK SHAKES or FROSTED FLOATS 5.95
- EGG CREAM 4.95
- EAST BAY SUNDAE *assorted flavors*
topped with whipped cream 6.95

Just for Kids 12 & Under

All Children's Entrees are served with Soda,
 Milk or Chocolate Milk & Jello, Pudding,
 Jumbo Cookie or Scoop of Ice Cream

- NEMO - SIRLOIN STEAK**
with french fries and broccoli 14.95
- STARFISH - GRILLED CHEESE** *with french fries*.. 11.95
- GREAT WHITE - FRIED FILET**
with french fries..... 11.95
- SEAHORSE - LINGUINE**
with marinara or meat sauce 11.95
- ANGELFISH - HOT DOG** *with french fries* 9.95
- MARLIN - CHAR-BROILED HAMBURGER**
with mashed potatoes or french fries 11.95
- LITTLE MERMAID - CHICKEN FINGERS**
with french fries..... 10.95
- BIG BLUE - SLICED ROAST TURKEY**
with mashed potatoes or french fries and
cranberry sauce 12.95
- Homemade Baked Macaroni**
& Cheese - 13.95

Delicious Desserts

OUR FAMOUS

- CREAMY CHEESE CAKE 5.95
- FRUIT CHEESECAKE..... 6.95
- CHOCOLATE CHEESECAKE..... 6.95
- ASSORTED LAYER CAKES 5.95
- ASSORTED FRUIT PIES..... 5.95
- HAMENTASHEN 4.95
- APPLE STRUDEL OR CHEESE..... 4.95
- LINZER TARTS 4.95
- ASSORTED DANISH 4.95
- JUMBO COOKIES 4.95
- ASSORTED POUND CAKE 4.95
- CREAMY RICE PUDDING..... 4.95
- CHOCOLATE PUDDING or JELLO 4.95

Beverages

- HOT COFFEE or HOT TEA 1.59
- BREWED DECAF COFFEE or TEA..... 1.59
- CAPPUCCINO or
 FRENCH VANILLA FLAVORED COFFEE 1.59
- HERBAL TEAS..... 1.59
- ICED TEA or ICED COFFEE 1.99
- MILK 2.50
- CHOCOLATE MILK..... 2.95
- HOT CHOCOLATE *with whipped cream* 1.95
- SOFT DRINKS: *pepsi, diet pepsi, orange,*
sierra mist, ginger ale, root beer FREE REFILLS. 3.25
- POLAND SPRING BOTTLE WATER..... 2.50
- HOT WATER *with Lemon*99



wishes to thank you for your continued support
 GIFT CERTIFICATES AVAILABLE
 AT CASHIER

Management Reserves the Right to Make all Seating Arrangements

We Cannot be Responsible for Personal Property

5278 SUNRISE HWY, MASSAPEQUA PARK, NY 11762
GOODOLDGOLD.COM 516-798-5151



FINANCING

SIX MONTH INTEREST
FREE FINANCING.



REPAIR

JEWELRY & WATCH REPAIRS
DIAMOND REPLACEMENT
SETTING REFURBISHING.

Good Old Gold

FAMILY OWNED & OPERATED SINCE 1980



IN DEPTH DIAMOND EDUCATION

FINE JEWELRY INCLUDING TODAYS MOST POPULAR STYLES

UNIQUE ESTATE, VINTAGE AND ANTIQUE JEWELRY

SKILLED JEWELER AND DIAMOND SETTER ON PREMISES

CUSTOM JEWELRY DESIGN

PROFESSIONAL EAR PIERCING



BUY & SELL

WE BUY GOLD, SILVER,
COINS AND DIAMONDS.



RINGS

ENGAGEMENT RINGS,
WEDDING BANDS,
FASHION RINGS, COLORED
STONE RINGS, ESTATE RINGS.



Buying or Selling?

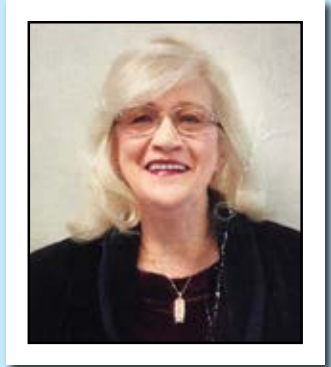
**Call an EXPERT,
Call Lucy Schut**

broker/owner

Over 30 years of experience,
success with proven results.

Realty Experts, Inc.

3317 Merrick Road
Wantagh, NY 11793



516.241-7366

1.800.850.LUCY

lschut@aol.com

VISION

AT CEDAR CREEK

3616 Merrick Road
Seaford, NY 11783

(516) 679-0768

visionatcedarcreek.com

We Are ONLY .5 Miles East of East Bay Diner



L
E T
T U C
E B E Y
O U R N E W
E Y E C A R E
P R O V I D E R S

Final Touch Auto Collision

3586 Merrick Road
Seaford, NY 11783

516.221.7611



**Collision Specialists • 24 Hour Towing
All Insurance Accepted
Auto Body Repair • Customization
Repairs & Service**

East Bay Seafood

Thank you for your continued support



**Not Responsible for Lost or Stolen Property.
Gift Certificates Available at the Cashier.**

Baking Done on Premises.