



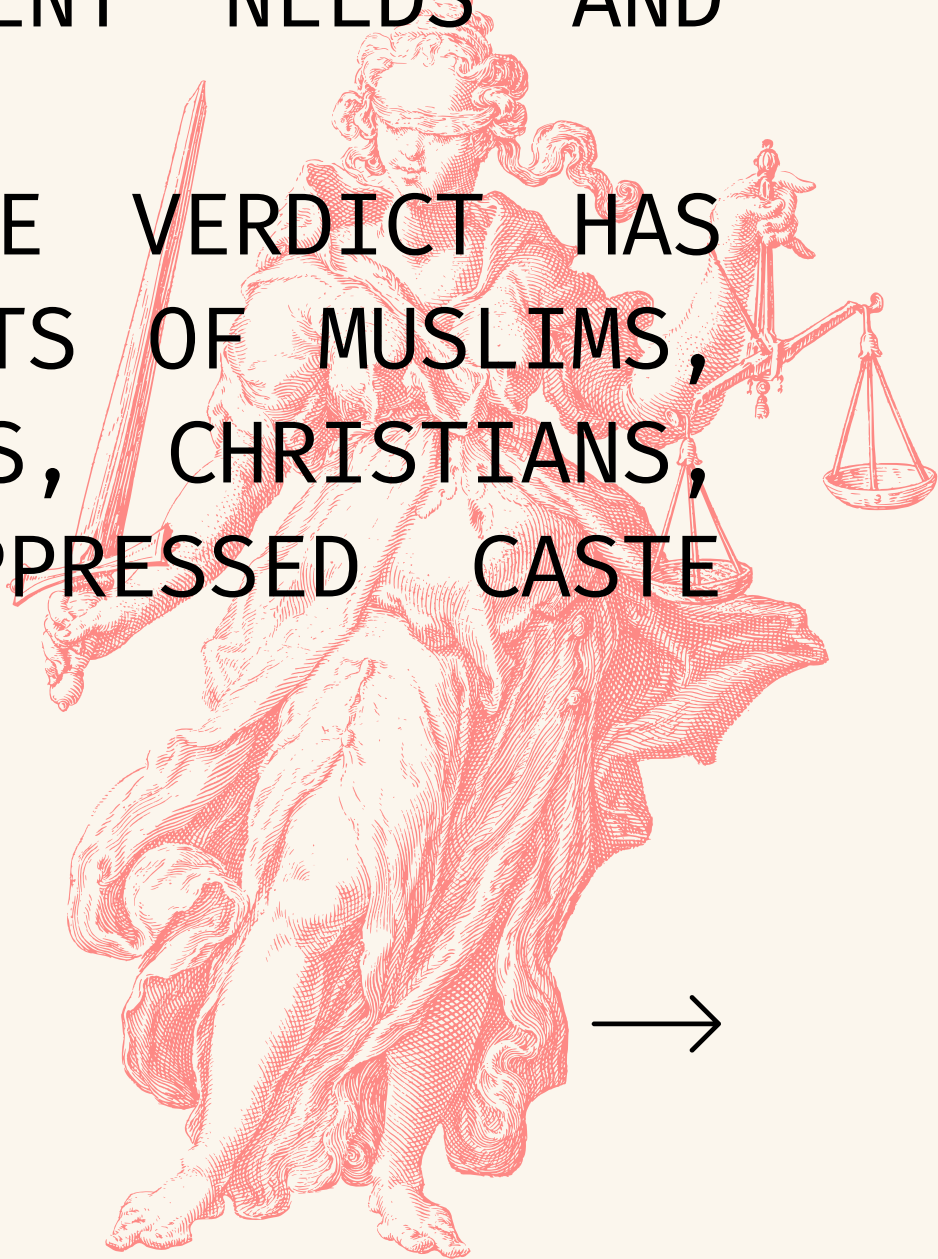
SAME-SEX MARRIAGE VERDICT

**WHAT YOU NEED TO KNOW AND DO IF
YOU ARE WORKING WITH QUEER,
TRANS, AND NB CLIENTS:**

swipe for more

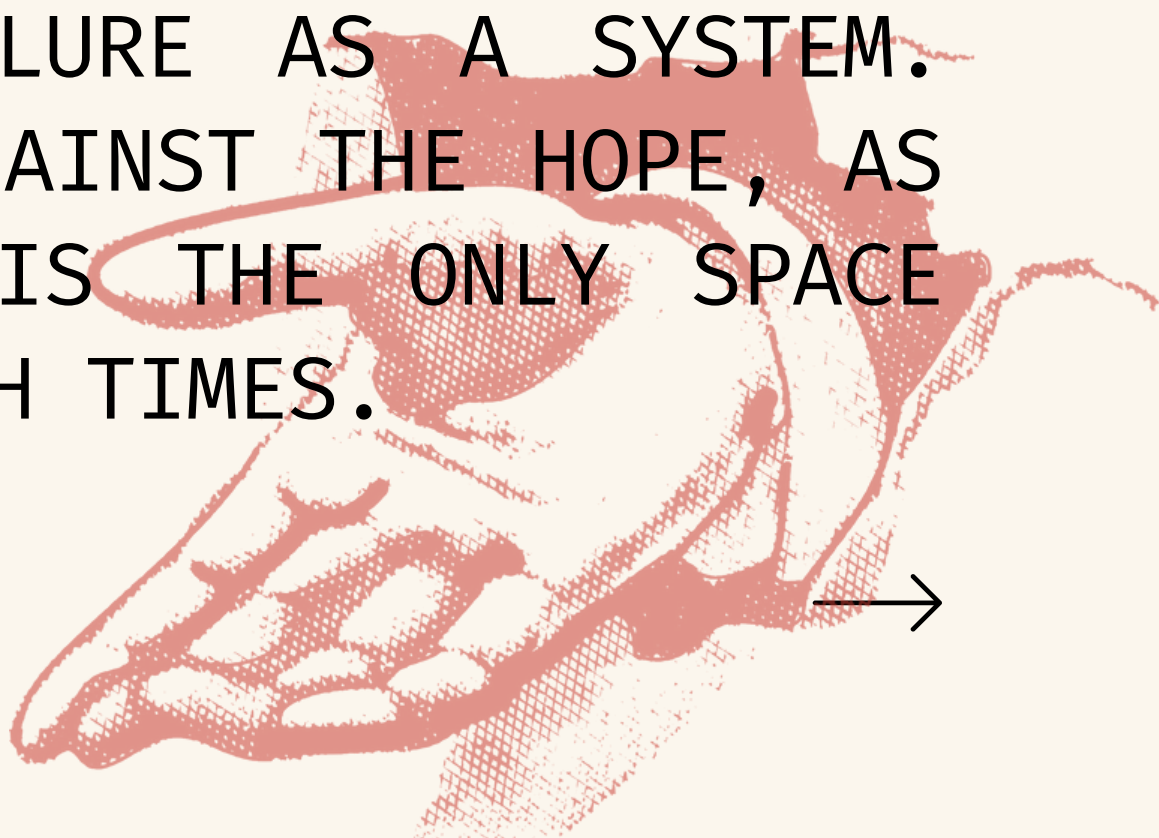
LEGAL UNDERSTANDING AND SOCIAL AWARENESS:

- READ THE VERDICT AND TAKE HELP IN INTERPRETATION.
- STAND WITH QUEER, TRANS, AND NB INDIVIDUALS EVEN IF YOU DON'T UNDERSTAND.
- RECOGNIZE THAT EVERY INDIVIDUAL WILL HAVE DIFFERENT NEEDS AND EXPERIENCES.
- BE AWARE THAT THE VERDICT HAS EXCLUDED THE RIGHTS OF MUSLIMS, NON-BINARY PERSONS, CHRISTIANS, NORTHEAST AND OPPRESSED CASTE COMMUNITIES.



EMOTIONAL SUPPORT AND EMPATHY:

- **HOLD SPACE** FOR CLIENTS' EMOTIONS, INCLUDING FEAR, ANGER, PAIN, AND DISAPPOINTMENT. DO NOT RATIONALIZE. ALLOW THEM TO PROCESS THE REALITY INSTEAD.
- **UNDERSTAND CLIENTS' FEELINGS** OF DISCRIMINATION, UNWANTEDNESS, UNACCEPTANCE, HELPLESSNESS, AND POWERLESSNESS.
- **ACKNOWLEDGE YOUR PRIVILEGES AND SHOW SOLIDARITY** THAT THIS IS ALSO YOUR FAILURE AS A SYSTEM. KEEP HOPING AGAINST THE HOPE, AS THERAPY ROOM IS THE ONLY SPACE OF HOPE AT SUCH TIMES.



- CHECK FOR SUICIDALITY AND SELF-HARM, AS IT IS A NATURAL COURSE OF REACTION. OFFER SUPPORT AND INTERVENTION WITHOUT BLAME.
- OFFER REASSURANCE THAT THIS IS A SHARED BATTLE, AND YOU STAND BY US.
- EXTEND SUPPORT BY ENCOURAGING CONNECTIONS WITH OUR LOVED ONES, PROVIDING A SENSE OF SAFETY.
- GIVE US THE TIME WE NEED TO PROCESS, GUIDING US WITH CARE AND COMPASSION.
- REMEMBER TO TAKE CARE OF YOURSELF, AS ONLY THEN CAN YOU EFFECTIVELY SUPPORT US. SEEK SOLACE AND SUPPORT.



- INITIATE HEARTFELT CONVERSATIONS WITHIN YOUR COMMUNITIES.
- KEEP THE **#NOGOINGBACK** MOVEMENT IN YOUR HEARTS, AND ACTIVELY PARTICIPATE IN PROTESTS, MEETINGS, AND GATHERINGS.
- FOR THE QUEER TRANS PEOPLE AFFECTED BY THE VERDICT – YOUR ANGER IS VALID BUT DON'T ALIENATE CIS HET ALLIES WHO MEAN WELL. WE CAN FIGHT THIS ONLY IF WE ARE TOGETHER.

–GUFTAGU THERAPY



01

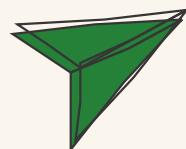
02

03

04

05

IN SOLIDARITY,
PLEASE CIRCULATE THIS
POST IN ALL GROUPS AND
HELPING PROFESSIONALS.



@guftagutheraPy