

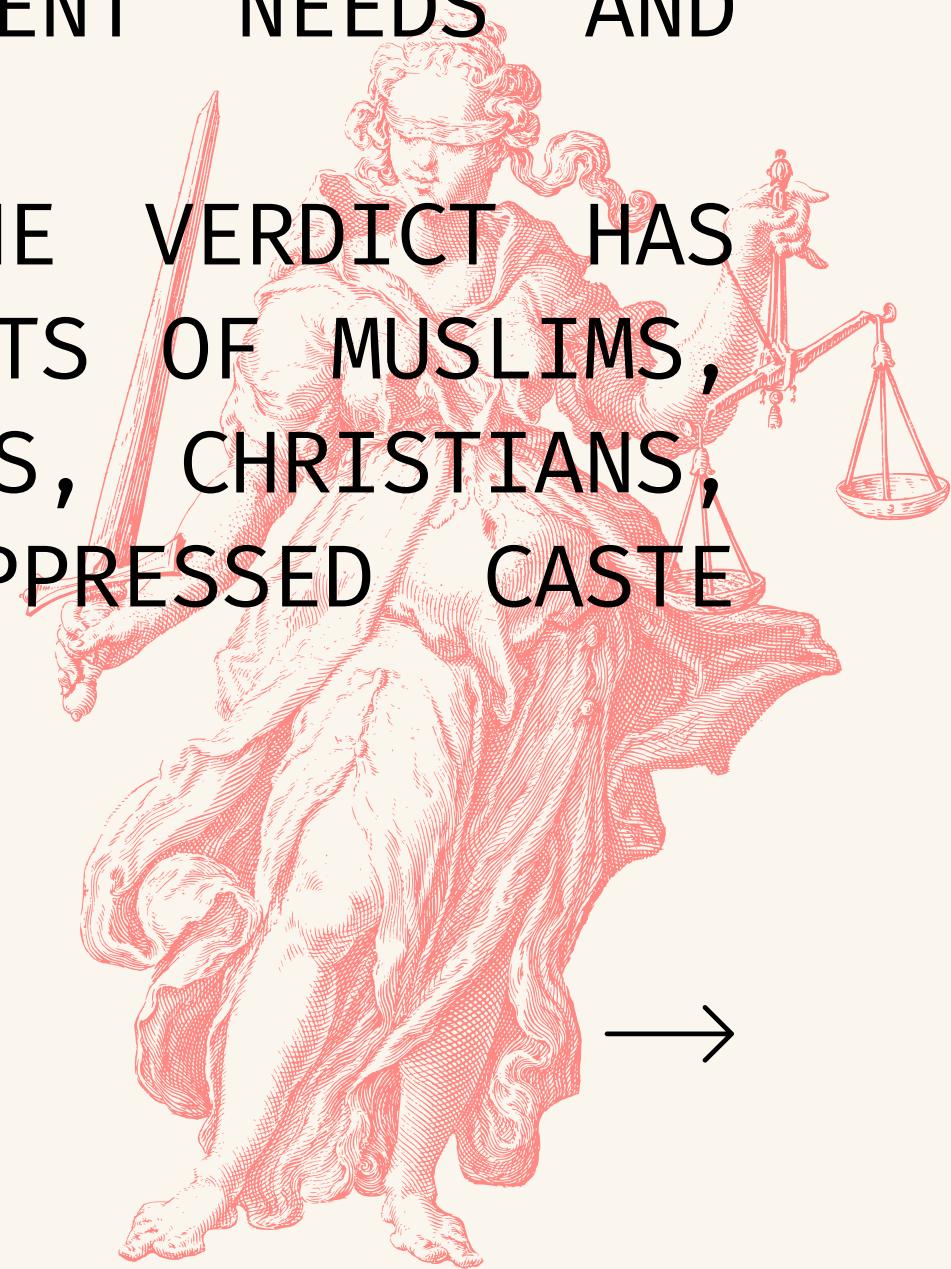
SAME-SEX MARRIAGE VERDICT

**WHAT YOU NEED TO KNOW AND DO IF
YOU ARE WORKING WITH QUEER,
TRANS, AND NB CLIENTS:**

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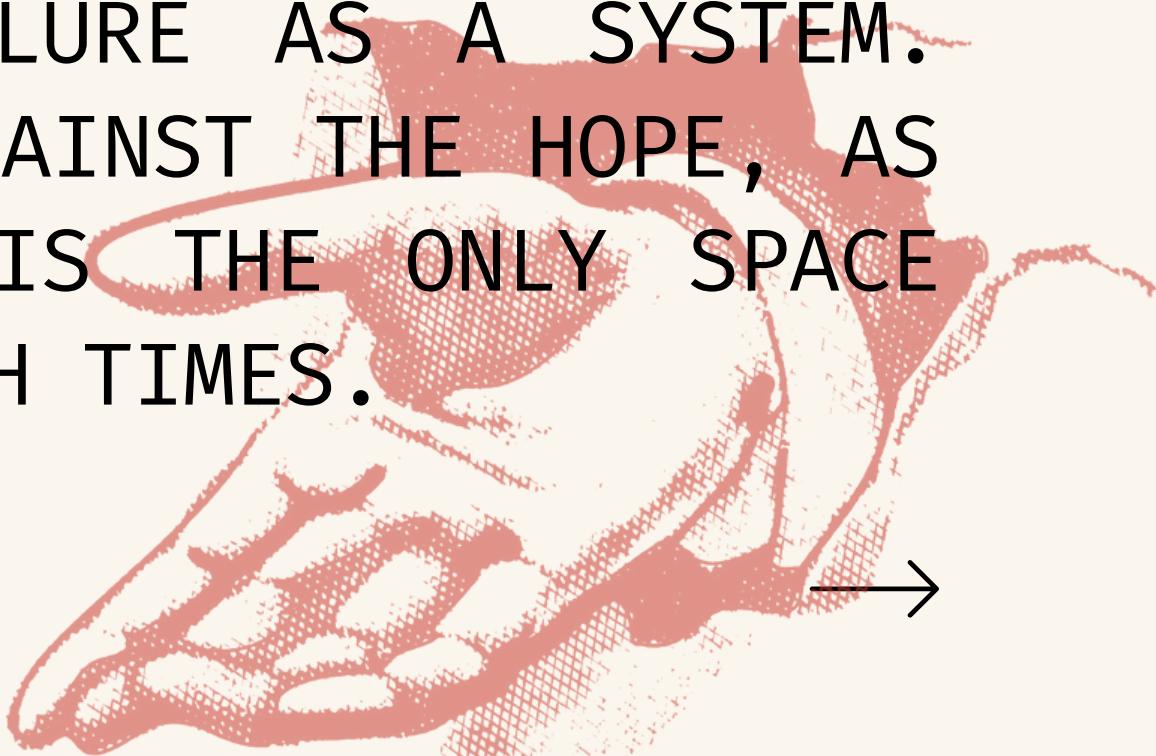
LEGAL UNDERSTANDING AND SOCIAL AWARENESS:

- READ THE VERDICT AND TAKE HELP IN INTERPRETATION.
- STAND WITH QUEER, TRANS, AND NB INDIVIDUALS EVEN IF YOU DON'T UNDERSTAND.
- RECOGNIZE THAT EVERY INDIVIDUAL WILL HAVE DIFFERENT NEEDS AND EXPERIENCES.
- BE AWARE THAT THE VERDICT HAS EXCLUDED THE RIGHTS OF MUSLIMS, NON-BINARY PERSONS, CHRISTIANS, NORTHEAST AND OPPRESSED CASTE COMMUNITIES.



EMOTIONAL SUPPORT AND EMPATHY:

- **HOLD SPACE FOR CLIENTS' EMOTIONS, INCLUDING FEAR, ANGER, PAIN, AND DISAPPOINTMENT.** DO NOT RATIONALIZE. ALLOW THEM TO PROCESS THE REALITY INSTEAD.
- **UNDERSTAND CLIENTS' FEELINGS OF DISCRIMINATION, UNWANTEDNESS, UNACCEPTANCE, HELPLESSNESS, AND POWERLESSNESS.**
- **ACKNOWLEDGE YOUR PRIVILEGES AND SHOW SOLIDARITY THAT THIS IS ALSO YOUR FAILURE AS A SYSTEM.** KEEP HOPING AGAINST THE HOPE, AS THERAPY ROOM IS ~~THE ONLY~~ SPACE OF HOPE AT SUCH TIMES.



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- CHECK FOR SUICIDALITY AND SELF-HARM, AS IT IS A NATURAL COURSE OF REACTION. OFFER SUPPORT AND INTERVENTION WITHOUT BLAME.
- OFFER REASSURANCE THAT THIS IS A SHARED BATTLE, AND YOU STAND BY US.
- EXTEND SUPPORT BY ENCOURAGING CONNECTIONS WITH OUR LOVED ONES, PROVIDING A SENSE OF SAFETY.
- GIVE US THE TIME WE NEED TO PROCESS, GUIDING US WITH CARE AND COMPASSION.
- REMEMBER TO TAKE CARE OF YOURSELF, AS ONLY THEN CAN YOU EFFECTIVELY SUPPORT US. SEEK SOLACE AND SUPPORT.



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- INITIATE HEARTFELT CONVERSATIONS WITHIN YOUR COMMUNITIES.
- KEEP THE **#NOGOINGBACK** MOVEMENT IN YOUR HEARTS, AND ACTIVELY PARTICIPATE IN PROTESTS, MEETINGS, AND GATHERINGS.
- FOR THE QUEER TRANS PEOPLE AFFECTED BY THE VERDICT - YOUR ANGER IS VALID BUT DON'T ALIENATE CIS HET ALLIES WHO MEAN WELL. WE CAN FIGHT THIS ONLY IF WE ARE TOGETHER.

-GUFTAGU THERAPY



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IN SOLIDARITY,
PLEASE CIRCULATE THIS
POST IN ALL GROUPS AND
HELPING PROFESSIONALS.



@guftaguthery