BALMORAL BLUES Arranged by Robert Stewart, 1971

Time: 4/4. Tempo: 30 - 32 bpm. Commence in open PP in double hold, Man facing DW, Lady facing DC. Man's steps described. Lady dances normal counterpart unless stated.

Bar		Count
	CHASSE * PROMENADE ZIG ZAG * FWD LOCK * OUTWARD TURN TO FWD LOCK	
1	LF to side in PP along LOD	Q
	RF closes to LF in PP	Q
	LF to side in PP along LOD	S
2	RF fwd & across in CBMP & PP along LOD, com to turn R	Q
	LF to side along LOD	Q
	RF back in CBMP & fallaway down LOD, com to turn L	Q
	LF to side along LOD	Q
3	RF fwd down LOD releasing hold of Lady's RH (Lady LF fwd down LOD)	Q
	LF crosses behind RF	Q
	RF fwd down LOD releasing hold & turning 1/2 to L (Lady R) to face against LOD	S
4	LF fwd against LOD, small step, joining Lady's RH to Man's LH (Lady RF fwd against LOD, small step)	Q
	RF crosses behind LF	Q
	Turning slightly L (Lady R), LF fwd towards DW against LOD facing DW against LOD	Q
	RF closes to LF ww, adopting double hold facing DW against LOD in open CPP	Q
	CHASSE * PROMENADE ZIG ZAG * FWD LOCK * OUTWARD TURN TO FWD LOCK	
5	RF to side in CPP against LOD	Q
	LF closes to RF in CPP	Q
	RF to side in CPP against LOD	S
6	LF fwd & across in CBMP & CPP against LOD, com to turn L	Q
	RF to side against LOD	Q
	LF back in CBMP & counter fallaway against LOD, com to turn R	Q
	RF to side against LOD	Q
7	LF fwd against LOD releasing hold of Lady's LH (Lady RF fwd against LOD)	Q
	RF crosses behind LF	Q
	LF fwd against LOD releasing hold & turning 1/2 to R (Lady L) to face against LOD	S
8	RF fwd down LOD, small step, joining Lady's LH to Man's RH (Lady LF fwd down LOD, small step)	Q
	LF crosses behind RF	Q
	Turning slightly R (Lady L), RF towards DW facing DW	Q
	RF closes to LF ww, adopting double hold facing DW in open PP	Q

**CROSSOVERS WITH LADY'S ALLEMANDES *
SWAYS TO L & R * CHASSE TO SHADOW HOLD**

9	LF fwd DW, taking Lady's RH in Man's LH & com to turn L	Q
	RF to side & slightly back still turning (Lady passing in front of Man under joined arms)	Q
	LF back DW against LOD leaving RF extended, having changed sides	S
10	RF fwd DC com to turn R	Q
	LF to side & slightly back still turning (Lady passing in front of man)	Q
	RF back DC against LOD leaving LF extended	S
11	Taking double hold, LF to side along LOD with turn to R to face wall & partner, sway & headline to L	S
	Transfer weight to RF, swaying & headline to R	S
12	LF to side along LOD (Lady RF to side along LOD, com to turn R)	Q
	RF closes to LF com to turn L, releasing hold with RH, preparing to adopt shadow hold (Lady RF closes to LF still turning)	Q
	LF fwd DW still turning (Lady RF fwd down LOD)	Q
	RF to LF closes to LF in shadow hold facing DW (Lady RF closes to LF ww swivelling on RF to face DW)	Q

DIAG RUNS & BRUSH STEPS TO R & L * WALK * CHECK * BACK LOCK

13	Both now on same foot, identical steps, LF fwd DW	Q
	RF fwd DW	Q
	LF fwd & swivelling 1/4 to L	Q
	RF closes to LF ww with brushing action	Q
14	RF fwd DC	Q
	LF fwd DC	Q
	RF fwd swivelling 1/4 to R	Q
	LF closes to RF ww with brushing action	Q
15	LF fwd DW releasing hold & preparing to adopt double hold (Lady LF fwd DW com to turn L, Q; RF to side & slightly back still turning, Q)	S
	RF fwd DW OP on R side & adopt double hold (Lady LF back DW)	S
16	LF back DC against LOD (Lady RF fwd DC against LOD)	Q
	RF crosses in front of LF (Lady LF crosses behind RF)	Q
	LF back DC against LOD (Lady RF fwd DC against LOD com to turn to R)	Q
	RF closes to LF (Lady LF closes to RF swivelling to R to face DC), now in PP still in double hold, to recommence	Q