RUMBA ONE Arranged by Peter Varley, 1971

Time: 4/4. 32 - 34 bpm. Commence in closed facing position, Man facing wall, weight on RF having taken a preparatory step to side. Man's steps described, Lady dances counterpart unless stated. Footwork BF except for the Rock (Bar 9) which is danced Flat throughout, and the Cucarachas (Bars 11 & 12) which are danced BF, F, BF.

Bar		Count
	1 - 3 BASIC * 4 - 6 ALEMANA * SHOULDER TO SHOULDER	
1	LF fwd to wall	2
	Replace weight to RF	3
	LF to side raising L arm to lead Lady to turn R on next step	4 1
2	RF back, releasing hold with RH allowing Lady to turn R	
	(Lady RF fwd down LOD turning to L)	2
	Replace weight to LF (Lady LF fwd still turning)	3
	RF to side turning to R to face DW against LOD, resuming closed hold, preparing to step OP on Lady's L side (Lady LF to side backing DW against LOD, having made 1 1/8 turn to R over this Bar)	4 1
3	LF fwd DW against LOD stepping OP on L side	2
	Replace weight to RF com to turn L	3
	LF to side and slightly fwd facing DW preparing to step OP on R side	4 1
4	RF fwd DW stepping OP on R side	2
	Replace weight to LF com to turn R	3
	RF to side and slightly fwd facing DW against LOD preparing to step OP on L side	4 1
	SHOULDER TO SHOULDER TO PP * FENCING LINE * SOLO TURN TO L * BACK WALKS CURVING R	
5	LF fwd DW against LOD stepping OP on L side	2
	Replace weight to RF com to turn L (Lady no turn)	3
	LF to side in PP along LOD facing DW	4 1
6	RF fwd and across in PP down LOD, flexing R knee, inclining body towards moving foot and extending R arm rearwards against LOD	
	(Lady extending L arm)	2
	Replace weight to LF com to turn R (Lady L)	3
	RF to side facing wall and Lady, still turning	4 1
7	LF fwd against LOD still turning to R (Lady L), releasing hold	2
	RF fwd almost down LOD still turning	3
	LF side in open facing position facing wall, joining R hands at shoulder level	4 1
8	RF back to centre and com to curve to R (Lady LF fwd to centre to curve to R); LF back DC still curving (Lady RF fwd DC); RF back down LOD having curved 1/4 to R over whole Bar (Lady LF fwd down LOD)	2; 3; 4 1
	NB: joined hands are gradually raised to approximately eye level over this Bar, with the arms curving gently outwards	

ROCKS * FORWARD WALKS CURVING L * SIDE CUCARACHAS L & R

9	Replace weight to LF feet in place	2
	Replace weight to RF feet in place	3
	Replace weight to LF feet in place	4 1
10	RF fwd against LOD com to curve to L (Lady LF back against LOD to curve L)	2
	LF fwd DW against LOD still curving (Lady RF back DW against LOD)	3
	RF fwd to wall having completed 1/4 turn to L over whole Bar still in open facing position (Lady RF back to wall)	4 1
	NB: joined hands are gradually lowered back to shoulder level and straightened during this Bar	
11	LF to side along LOD, part weight, with RF left in place	2
	Replace weight to RF	3
	LF closes to RF	4 1
12	RF to side against LOD, part weight with LF left in place	2
	Replace weight to LF	3
	RF closes to LF	4 1

SIDE STEP TO SHADOW POSITION * 6 PROGRESSIVE WALKS DOWN LOD * SOLO TURN TO L

13	LF to side along LOD	2
	RF closes to LF	3
	Releasing hold, LF to side turning L to end LF fwd facing LOD in shadow position, taking Lady's L wrist with his L hand and placing R hand just below Lady's R shoulder blade (Lady turns R to end facing LOD and extends arms softly to sides)	4 1
14	3 fwd walks down LOD: RF fwd (Lady LF fwd); LF fwd; RF fwd	2; 3; 4 1
15	3 fwd walks down LOD: LF fwd; RF fwd; LF fwd	2; 3; 4 1
16	RF fwd com to turn L and leading Lady to turn R, releasing hold at end of step	2
	LF fwd almost against LOD still turning	3
	RF ends to side facing wall and partner, having made 3/4 turn to R over whole Bar, taking closed hold at end of step	4 1