Association of International Dance Inc'

Member of the International Dance Council

American (Smooth) Ballroom Professional Examination

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WALTZ		Certificate IV	Diploma	Advanced Diploma	Masters Diploma
1.	Box Step (Straight; with Under Arm Turn)				
2.	Progressive				
3.	Turning Box (Left & Right)				
4.	Balance Steps				
5.	Simple Twinkle				
6.	Two-Way Underarm Turn				
7.	Face to Face – Back to Back				
8.	Reverse Turn				
9.	Natural Turn				
10.	Progressive Twinkles				
11.	Turning Twinkles				
12.	Grapevine				
13.	Promenade Chassé				
14.	Fallaway & Box				
15.	Twinkle & Weave				
16.	Open Left Box				
17.	Open Right Turn				
18.	Open Right Turn with Underarm Turn				
19.	Twinkle Connection				
20.	Check & Developé				
21.	Chair & Slip				
22.	Progressive Open Twinkles				
23.	Hairpin (from Reverse; from Promenade)				
24.	Fallaway & Weave				
25.	Oversway				
26.	Pivot from Promenade				
27.	Syncopated Viennese Turn				
28.	Flip Flops				
29.	Check to Open Fallaway				
30.	Alternating Underarm Combination				
31.	Open Left Whisk				
32.	Chassé to Shadow				
33.	Shadow Telespin				
34.	Shadow Curve & Back Lock				
35.	Double Leg Rondé				
36.	Flip & Spin				
37.	Syncopated Pivots				
38.	Syncopated Open Natural Turn in Shadow Position				
39.	Free Turn to Fallaway				
40.	Contra Check Combination				

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TANGO		Certificate IV	Diploma	Advanced Diploma	Masters Diploma
1.	Basic Walk (Straight & Curving)				
2.	Promenade Turn (Left & Right)				
3.	Corté (Single & Double)				
4.	Progressive Rocks				
5.	Open Fan & Open Fan with Under Arm Turn				
6.	Running Steps				
7.	Checked Promenade				
8.	Reverse Turn & Reverse Turn with Outside Swivel				
9.	Right Side Fans				
10.	Contra Rocks				
11.	Continuous Left Rock Turn				
12.	Twist Turn to the Right				
13.	Check and Corté				
14.	Promenade Pivot				
15.	Oversway				
16.	Quick Right Turn				
17.	Oversway & Rondé				
18.	Fallaway Fan				
19.	Cobra Fans				
20.	Fallaway Rondé				
21.	Spanish Drag				
22.	Change of Place				
23.	Underarm Turn to Shadow Position				
24.	Shadow Drag				
25.	Swivel Fans				
26.	Pivots to Fallaway Whisk				
27.	Shadow Rocks				
28.	Reverse Outside Swivel				
29.	Traveling Right Lunges				
30.	Same Foot Lunge with Rock Ending				
31.	Rondé to Shadow				
32.	Shadow Back Lock				
33.	Viennese Cross in Shadow Position				
34.	Pivot & Spiral				
35.	Skater's Walks				
36.	Advanced Drag				
37.	Back Checks				
38.	Roll to Oblique Line				
39.	Open Check				
40.	TeleRondé to Throwaway Oversway				

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FOXTROT		Certificate IV	Diploma	Advanced Diploma	Masters Diploma
1.	Basic				
2.	Promenade				
3.	Rock Turn (Left & Right)				
4.	Sway Step				
5.	Promenade Underarm Turn & Sway Underarm Turn				
6.	Zig Zag (In Line & Outside Partner)				
7.	Box Step				
8.	Twinkle				
9.	Promenade Twinkles				
10.	Fallaway Twinkles				
11.	Turning Twinkles to Outside Partner				
12.	Grapevine				
13.	Promenade Twist				
14.	Promenade Pivot				
15.	Running Steps (in Basic Rhythm & in Box Rhythm)				
16.	Open Left Box				
17.	Open Right Turn				
18.	Grapevine				
19.	Weave from Promenade				
20.	Chair & Slip				
21.	Oversway				
22.	Hairpin (from Reverse; from Promenade)				
23.	Slide & Check				
24.	Fallaway & Weave				
25.	Curved Running Steps				
26.	Natural Fallaway				
27.	Outside Swivel				
28.	Hover Corté				
29.	Promenade Pivot				
30.	The Gem				
31.	Open Grapevines				
32.	Continuous Hairpins				
33.	Passing Changes				
34.	Oversway to Shadow				
35.	Half Turns in Shadow				
36.	Advanced Gem				
37.	Curve & Roll				
38.	Hairpins in Shadow				
39.	Check & Sway				
40.	Hinge to Shadow				

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VIENNESE WALTZ		Certificate IV	Diploma	Advanced Diploma	Masters Diploma
1.	Balance Steps (Forward; Back; Side to Side)				
2.	Fifth Position Breaks (Basic and with Under Arm Turn)				
3.	Reverse Turn				
4.	Closed Twinkle				
5.	Cross Body Lead (Basic and with Underarm Turn)				
6.	Hand to Hand				
7.	Progressive Changes (Forward & Back)				
8.	Right Turn				
9.	Change of Place				
10.	Curtsey & Bow				
11.	X Line				
12.	Flairs Forward & Back				
13.	Underarm Turn Right				
14.	Underarm Turn Left				
15.	Progressive Fifth Position Breaks				
16.	Spot Turn Combination				
17.	Reverse Underarm Turn				
18.	Advanced Hand to Hand Combination				
19.	Standing Spin				
20.	Open Right Turn				
21.	Open Right Turn to Shadow				
22.	Open Right Turn in Shadow Position				
23.	Left Turn Connection				
24.	Barrel Roll				
25.	Shadow Skips				
26.	Arabesque Combination				
27.	Double Leg Rondé				
28.	Roll In and Out				
29.	Tandem Turns to Brush Hops				
30.	Progressive Forward Checks				

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