



Association of International Dance (Inc')

Skills and Competency Sets



Association of International Dance

Skill Sets and Competency Structure: Ballroom

Cert IV | **Diploma** | **Advanced Diploma** | **Masters Diploma**

BAGTCIV	Introduction and understanding of the general theory behind rhythm, contra body movement, timing, tempo, footwork, position of feet plus the action of forward and backward step movement
BADTCIV	Introduction of dance technique and identification of the fundamentals of dance technique
BAWMCIV	Competently demonstrate weight movement from foot to foot consistently through the dancing of foundation patterns
BABACIV	Demonstrable understanding of body alignment
BADTCIV	Demonstrable understanding of the rise and fall technique
BAGTDIP	Introduction and understanding of the general theory behind rise and fall techniques, alignment, directionality and contra body movement position
BADUDIP	Demonstrable understanding of degree/amount of turn relevant to body position and movement around the dance floor
BACBDIP	Understanding of contra body movement and contra body movement position
BATUDIP	Theoretical understanding of how the acquisition of motor skills affects performance
BAUMDIP	Understanding of amounts of turn, sway, balance, poise, beats and bars of music, precedes and follows of movement
BATTDIP	Knowledge and understanding of Technical Terms
BATFDIP	Exhibit transitions of frame and body shape at fundamental levels
BAMSDIP	Introduction to investigating and understanding the foundation of movement skills, their components and application in relation to sport (dance) and physical activity
BAELDIP	Demonstrable, technical and theoretical knowledge of style and examination level specific dance steps/movements
BAKSADV	Knowledge of all standard figures plus a working knowledge of the 'named' variations
BATMADV	Demonstrable understanding of dance technique across the syllabi including teaching methods and methodology
BADIADV	Demonstrable knowledge of the different instructional models available for the teaching of dance and/or coaching of sport (dance) as well as the strengths and weaknesses of those models
BABPADV	Demonstrable use of complex body positions
BACRADV	Demonstrable ability to dance complex rhythms and syncopations
BAIMADV	Understanding and ability to demonstrate consistent body isolations while in movement without disturbing core strength
BATFADV	Demonstrable understanding of transitions with more complex frames (body shaping, control and balance)
BATKMAS	Complete technical knowledge of all standard figures and any of the 'named' variations in the current (relevant) technique references
BATSMAS	Understanding and effective teaching strategies and skills to successfully teach students with additional learning needs due to intellectual, physical, psychological and behavioural disabilities
BABWMAS	Knowledge and demonstrable ability to change inside and outside of curve with greater frequency and rapidity and the ability to change direction with speed by an understanding of body weight
BAKMMAS	Demonstrable knowledge of movement using the whole body through isolations to create greater speed and strength
BAADMAS	Articulated and demonstrable advanced understanding of complex frame and body position transitions, flexibility with timings, patterns, new movements and body shapes



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Skill Sets and Competency Structure: Club Style

Cert IV | **Diploma** | **Advanced Diploma** | **Masters Diploma**

CDTOCIV	Introduction and understanding of the general theory behind rhythm, timing, tempo, footwork, foot positions, amounts of turn, exact description of dance holds
CDDTCIV	Introduction of dance technique and identification of the fundamentals of dance technique
CDDUCIV	Demonstrable understanding of lead and follow
CDWMCIV	Competently demonstrate weight movement from foot to foot consistently through the dancing of foundation patterns
CDLFDIP	An understanding of the Leader and Follower parts of grade figures, alignments and body positions
CDUTDIP	An understanding of the techniques involved in Lead and Follow
CDKADIP	Demonstrable knowledge of additional movements and step patterns
CDTUDIP	Theoretical understanding of how the acquisition of motor skills affects performance
CDBBDIP	Understanding of beats and bars of music, body positions and precedes and follows of movement
CDTTDIP	Knowledge and understanding of Technical Terms
CDMSDIP	Introduction to investigating and understanding the foundation of movement skills, their components and application in relation to sport (dance) and physical activity
CDELDIP	Demonstrable, technical and theoretical knowledge of style and examination level specific dance steps/movements
CDTFDIP	Demonstrate transitions of frame and body shape at fundamental levels
CDDSADV	Descriptive knowledge of all standard figures
CDTMADV	Demonstrable understanding of dance technique across the syllabi including teaching methods and methodology
CDDIADV	Demonstrable knowledge of the different instructional models available for the teaching of dance and/or coaching of sport (dance) as well as the strengths and weaknesses of those models
CDBPADV	Demonstrable use of complex body positions
CDCRADV	Demonstrable ability to dance complex rhythms and syncopations
CDIMADV	Understanding and ability to demonstrate consistent body isolations while in movement without disturbing core strength
CDTFADV	Demonstrable understanding of transitions with more complex frames (body shaping, control and balance)
CDTKMAS	Complete technical knowledge of all standard figures and any of the 'named' variations in the current (relevant) technique references
CDTSMAS	Understanding and effective teaching strategies and skills to successfully teach students with additional learning needs due to intellectual, physical, psychological and behavioural disabilities
CDBWMAS	Knowledge and demonstrable ability to change inside and outside of curve with greater frequency and rapidity and the ability to change direction with speed by an understanding of body weight
CDKMMAS	Demonstrable knowledge of movement using the whole body through isolations to create greater speed and strength
CDADMAS	Articulated and demonstrable advanced understanding of complex frame and body position transitions
CDKFMAS	Articulated and demonstrable knowledge of flexibility with timings, patterns, new movements and body shapes



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Skill Sets and Competency Structure: Latin

Cert IV | **Diploma** | **Advanced Diploma** | **Masters Diploma**

LAGTCIV	Introduction and understanding of the general theory behind rhythm, timing, tempo, footwork, foot positions, amounts of turn, exact description of dance holds
LADTCIV	Introduction of dance technique and identification of the fundamentals of dance technique
LAWMCIV	Competently demonstrate weight movement from foot to foot consistently through the dancing of foundation patterns
LADUCIV	Demonstrable understanding of lead and follow
LALFDIP	An understanding of the lead and follow parts of graded figures, alignments and body positions
LAUTDIP	An understanding of the techniques involved in lead and follow
LADKDIP	Demonstrable knowledge of additional movements and step patterns
LATFDIP	Exhibit transitions of frame and body shape at fundamental levels
LATUDIP	Theoretical understanding of how the acquisition of motor skills affects performance
LABBDIP	Understanding of beats and bars of music, body positions and precedes and follows of movement
LATTDIP	Knowledge and understanding of Technical Terms
LAMSDIP	Introduction to investigating and understanding the foundation of movement skills, their components and application in relation to sport (dance) and physical activity
LAELDIP	Demonstrable, technical and theoretical knowledge of style and examination level specific dance steps/movements
LADSADV	Descriptive knowledge of all standard figures
LABPADV	Demonstratable use of complex body positions
LACRADV	Demonstratable ability to dance complex rhythms and syncopations
LAIMADV	Understanding and ability to demonstrate consistent body isolations while in movement without disturbing core strength
LATFADV	Demonstratable understanding of transitions with more complex frames (body shaping, control and balance)
LATMADV	Demonstrable understanding of dance technique across the syllabi including teaching methods and methodology
LADIADV	Demonstrable knowledge of the different instructional models available for the teaching of dance and/or coaching of sport (dance) as well as the strengths and weaknesses of those models
LATKMAS	Complete technical knowledge of all standard figures and any of the 'named' variations in the current (relevant) technique references
LATSMAS	Understanding and effective teaching strategies and skills to successfully teach students with additional learning needs due to intellectual, physical, psychological and behavioural disabilities
LABWMAS	Knowledge and demonstratable ability to change inside and outside of curve with greater frequency and rapidity and the ability to change direction with speed by an understanding of body weight
LAKMMAS	Demonstratable knowledge of movement using the whole body through isolations to create greater speed and strength
LAADMAS	Articulated and demonstratable advanced understanding of complex frame and body position transitions
LAKFMAS	Articulated and demonstratable knowledge of flexibility with timings, patterns, new movements and body shapes



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Skill Sets and Competency Structure: New Vogue

Cert IV | Diploma | Advanced Diploma | Masters Diploma

NVTOCIV	Introduction and understanding of timing, tempo, footwork, position of feet
NVDTCIV	Introduction of dance technique and identification of the fundamentals of dance technique
NVBACIV	Demonstrable understanding of body alignment
NVGTCIV	Introduction and understanding of the general theory behind rise and fall techniques and alignment
NVWMCIV	Competently demonstrate weight movement from foot to foot consistently through the dancing of foundation patterns
NVCBDIP	Understanding of contra body movement and contra body movement position
NVTUDIP	Theoretical understanding of how the acquisition of motor skills affects performance
NVUMDIP	Understanding of amounts of turn, rhythm and variations on dance holds
NVTTDIP	Knowledge and understanding of Technical Terms
NVMSDIP	Introduction to investigating and understanding the foundation of movement skills, their components and application in relation to sport (dance) and physical activity
NVELDIP	Demonstrable, technical and theoretical knowledge of style and examination level specific dance steps/movements
NVTFDIP	Exhibit transitions of frame and body shape at fundamental levels
NVMPADV	Knowledge of musical phrasing and general knowledge of dance styles
NVTMADV	Demonstrable understanding of dance technique across the syllabi including teaching methods and methodology
NVDIADV	Demonstrable knowledge of the different instructional models available for the teaching of dance and/or coaching of sport (dance) as well as the strengths and weaknesses of those models
NVCBADV	Demonstratable use of complex body positions
NVCRADV	Demonstratable ability to dance complex rhythms and syncopations
NVIMADV	Understanding and ability to demonstrate consistent body isolations while in movement without disturbing core strength
NVTFADV	Demonstratable understanding of transitions with more complex frames (body shaping, control and balance)
NVCDMAS	Creation of dance sequence routine consisting of 16 bars of music in a rhythm of choice
NVTSMAS	Understanding and effective teaching strategies and skills to successfully teach students with additional learning needs due to intellectual, physical, psychological and behavioural disabilities
NVBWMAS	Knowledge and demonstratable ability to change inside and outside of curve with greater frequency and rapidity and the ability to change direction with speed by an understanding of body weight
NVKMMAS	Demonstratable knowledge of movement using the whole body through isolations to create greater speed and strength
NVADMAS	Articulated and demonstratable advanced understanding of complex frame and body position transitions
NVKFMAS	Articulated and demonstratable knowledge of flexibility with timings, patterns, new movements and body shapes