



PROCEEDS GO TO BENEFIT
ALZHEIMER'S PROGRAMS AND
RESEARCH AT FIT FOR LIFE



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MIND OVER MATTER 5K RUN WALK

First 100 registrants
receive 10 raffle
tickets
for our Duck Stadium
Luxury Suite Basket
Raffle



John C. Dunphy
Private Foundation, Inc.



Scan QR Code for more information and to
register!



CIRIGLIANO AGENCY
Insurance & Financial Services

Early Registration by April 24th \$30.00
Late Registration or day of \$35.00

Race starts 9:00 am



MAY 3RD, 2026



AT FIT FOR LIFE 4580 SUNRISE HWY OAKDALE