

YOUTH TRANSFORMATION CENTER  
**STUDENT REFLECTION PAPER**

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1. What happened?
2. What was I thinking about at the time?
3. How was I feeling? How do I feel about it now?
4. What did I need at the time? Was there a better way to get my needs met?
5. Who did it affect? (me, my friends, other students, teachers, SRO's, principal, parents, neighborhood residents)
6. How did it affect them? Who was the most harmed? How were they harmed?

7. If I were the one who was harmed, how would I feel?

8. What could I have done differently?

9. If this were to happen again, how would I handle it?

10. What can be done now to repair the harm?

11. What is the best possible outcome?

12. Here is what I can do to make sure this doesn't happen again...