

Restorative Reflection Sheet (For Student Who was harmed)

NOTE: This sheet is designed for grades 3-12 and students with limited intellectual disabilities. It would be best to have an adult work with the student on this reflection. They will likely need support in telling their story by you asking questions to help draw them out, identifying feelings and impact on them and others. This does not mean the adult tells the student what to say, rather, give them ideas and explanations to help them come up with their own answers. Doing this with students will create relationship between student and adult and may be used as a pre-conference.

Supportive documents: feelings chart/emojis

Name: _____ . Grade: _____

Date: _____

Adult support person: _____

1. What happened?

2. What were you thinking/feeling when this happened?

3. How do you think other people felt when this happened? Who else might have been hurt/harmed by this situation?

4. What has been the hardest thing for you?

5. What could make things better for you?

6. What could happen that would make things right?

7. What support do you need and from whom?

