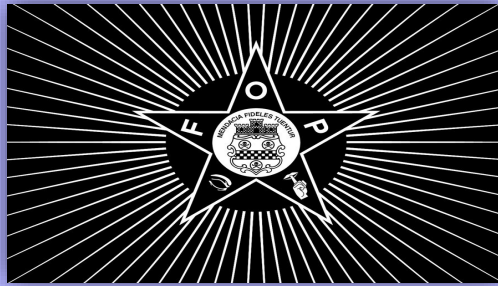


September 2025



Newsletter



President's Message



Emotional Resilience

It is important to maintain composure and regulate emotions, even when facing criticism or negative remarks from others. Refrain from reacting adversely or permitting external opinions to affect your sense of self-worth. While you cannot dictate what others may say, you have control over the accuracy of their statements through your actions and integrity. True resilience is demonstrated by emotional maturity. Remember remaining calm, thoughtful in communication, and adaptable under pressure demonstrates your resilience. Practicing discipline can help safeguard your personal well-being and position you for success.

"Doing more with Lodge 64 "

Secretary Corner

CallingPost is the platform that is used to send out information pertaining to meetings, training, events for the Lodge. It is sent to the email address and phone number that we have on file for you. **To receive the text message, it will come from "24251"** You must open the text and **type OK** in order for you to receive the text messages. **If you have unsubscribed in error to receive the emails from CallingPost, you will have to go to <https://apps.callingpost.com/email/subscribe> Once there, you will enter your email address and click on the "Yes subscribe to emails" button.**

ARE
YOU
READY?

Beginning the first week of October 2025, membership dues invoices will be mailed out to the addresses that we have on file.

Please update your contact information ASAP. On the Lodge website, under Membership Applications, you will find a "Membership Update Card" in fillable PDF format for submitting any updated details. Or you may send your information directly to Secretary A. Grooms at adriennegroomsfop@gmail.com.



UPCOMING EVENTS



**** 2025 General Meeting & Training Location ****

**General Meeting, Thursday
September 25, 2025 @ 6PM**

Training starts at 5:00 PM before the meeting. Class topic - Health, Wellness & Physical Fitness

**Woodward Academy Cafeteria
1662 Rugby Ave.
College Park, GA 30337**

**Light Refreshments will be served **

Upcoming Training Topics

- ♦ **Do you need training hours for 2025? Contact Bro. E.L. Carter as soon as possible.**
- ♦ **Additional training coming soon**

****Look for the CallingPost notification to sign up with Bro. E. Carter for the classes****

Lodge 64 caring for the Community

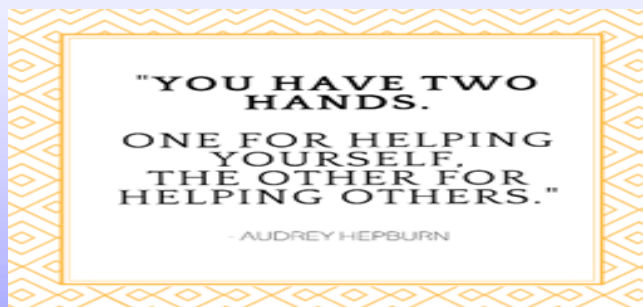


"We need your usable glasses"



Brothers, Sisters, Family and Friends of Fulton County Lodge 64, we have taken on the task of collecting usable eyeglasses as our latest community service project. We need assistance from each and every member to ensure the success of this project. There is a collection box located at the lodge. You can drop off your glasses 24/7 at the lodge by using the mail slot on the side of the front door, you can bring them to the monthly general meeting and/or you can give them to an Executive Board member. We are collecting as many glasses as we can to help in the community. Below is some information on the organization that the glasses will be donated.

The Georgia Lions Lighthouse Foundation: We are building a better tomorrow by bringing individuals into a world of sight. Georgia Lions Lighthouse Foundation, Inc. is committed to maximizing the quality of life for Georgians by setting the standard for vision services and equal access to vision care for all Georgians. We do this by filling the gaps for uninsured and underinsured Georgians by providing access to low-cost vision services. In addition to eyeglasses, we accept readers, sunglasses and hearing aids.



"Doing more with Lodge 64"

FOP, FC LODGE 64 SLIDES

You can get a pair of slides- Fulton County Lodge 64 slides on a first come pre-order basis. The price is based on the quantity of slides we order. We must get a minimum of 20 pairs to submit an order. The product & size information is below. Contact Sis. Andrea Thomas, lodge64treasurer@gmail.com or call 706.536.9362 to place an order.



COLORS VARY



FIND YOUR FIT
ADJUSTABLE COMFORT STRAP CREATES THE MOST PERFECT FIT AND LEAVES NO ABRASIONS

FEEL THE WAVE
UNIQUE, MASSAGING AND SOFT RPL FOOTBED PROVIDES RELIEF

STABILIZED STEPS
EVA MIDSOLE FOR ULTIMATE STABILITY AND COMFORT

100% CUSTOM
PERSONALIZATION CAPABILITIES ON THE TOPS AND THE SIDES

COLORWAYS

CORE						
	BLACK	GREAT WHITE	GREY	NAVY	RED	ROYAL

SEASONAL						
	PURPLE	PINK	ORANGE	KELLY GREEN	CAROLINA	BRED

CORE
12/13Y, 1/2Y, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14/15, 16/17, 18/20

SEASONAL
CALL FOR SEASONAL COLOR VARIETY SIZING AND STOCK LEVELS

MANTRA SIZING
(UNISEX FIT)



Tshirts:large & x-large only



See Bro. Eardley Jarvis or Sis. Andrea Thomas

Call 404.767.0501

IMPORTANT

FRATERNAL ORDER OF POLICE

LEGAL

**NEW PRICING
EFFECTIVE
IN 2026**

IMPORTANT NEWS

Plan Price Adjustment

The FOP Legal Plan Board of Directors reviews coverage pricing with our accounting and actuarial firm partners every other year. This review ensures that the FOP Legal Defense Plan is properly funded and sustainable for our members. Based on our findings this year, a price adjustment effective January 1, 2026, is necessary.

New Pricing Effective January 1, 2026

The new annual cost for the FOP Legal Defense Plan, shown below, will be reflected in your 2026 renewal date. For example, the new pricing will take effect if your plan renews on August 1, 2026.

- **Full Coverage (ABC): \$396**
- **Civil/Criminal Coverage (BC): \$84**

We understand this change could create uncertainties. As the group administrator, you play a key role in ensuring Lodge Participants understand the value of the FOP Legal Defense Plan and are properly enrolled. Here are a few of the advantages of the FOP Legal Defense Plan.

Comprehensive Legal Coverage - Access to attorneys 24/7 for both on- and off-duty incidents, ensuring your members always have immediate, reliable support.

Peace of Mind and Financial Security – Minimize personal financial risk from expensive legal fees so officers can confidently perform their duties without worry.

Defense Tailored for Law Enforcement – Specialized legal representation specifically trained to handle cases involving officer-involved shootings, critical incidents, disciplinary matters, and more.

Trusted Advocacy and Support – Backed by the FOP's longstanding reputation for protecting officers' rights, your members know they have strong advocacy whenever and wherever it's needed. And you, as the administrator, have direct access to our enrollment administration and claims partners for support as you need it.

If you have questions about the plan or the price change, please call 800-341-6038 or email info@foplegal.com for assistance.

"Doing more with Lodge 64"

WELCOME!

Fulton County Sheriff's Office

- ♦ Brian Bolt
- ♦ Antonio Richardson

Other Agencies

- ♦ Johnnie Bailey - South Fulton PD
- ♦ Teakillour Bivins - APD
- ♦ Kirk Bradshaw - APD
- ♦ Penny Cavin - East Point PD
- ♦ Makeal Harris - South Fulton PD
- ♦ Sarah Mitchell - East Point PD
- ♦ Stacy Randolph - APD
- ♦ Shahnawaz Sarker - APD
- ♦ Aerica Sauls - APD
- ♦ Walter Watts Jr. - East Point PD
- ♦ Phyllis White - APD
- ♦ Gary Walker - APD
- ♦ Lance Wood - South Fulton PD

Welcome



NATIONAL FRATERNAL ORDER OF POLICE

**You're not just
clocking hours.
You're protecting
lives, shaping
communities, and
leaving a mark that
lasts beyond the
shift.**



Fulton County Lodge #64 Officers Contact List

<u>Position</u>	<u>Name</u>	<u>Contact#</u>	<u>Email Address</u>
President	Charlene Heard	404.680.0071	cheard714@gmail.com
1 st V. President	Howard Billingslea	770.861.0912	billingsleah@bellsouth.net
2 nd V. President	Elbert Carter	678.575.8454	ecarter@bellsouth.net
Secretary	Adrienne Grooms	470.215.1429	adriennegroomsfop@gmail.com
Treasurer	Andrea Thomas	706.536.9362	lodge64treasurer@gmail.com
State Trustee	Eardley Jarvis	404.808.3910	eej1525@aol.com
Sgt@Arms	Jerome Hull	404.645.1075	Jerome.hull1254@gmail.com
Chaplain			
Motor Unit-Pres.	Elbert Carter	678.575.8454	ecarter@bellsouth.net
Lodge#64 Attorney	Leif Howard	770.270.5080	lhoward@howardfirm.com



FOP Newsletter printed by DPD Group— Located 1 block down from FOP Lodge 64 —corner of East Point Street & Taylor Ave.

If it can be printed— we can print it!

POWER of PRAYER



Praying for friends
to comfort you,
faith to uphold you,
and loving memories
to heal your heart.



 Continued prayers to President Charlene Heard on the recent passing of her mother Ms. Joe Ann Heard

 Continued prayers to Lodge Attorney Leif Howard on the recent passing of his Grandmother Bessie Cobb Howard

 Continued prayers to Bro. Jerome Hull on the recent passing of his loved one.

"Blessed are those who mourn for they shall be comforted"
Matthew 5:4



GET WELL



- Continue to pray for a healthy and speedy recovery for Sis. Gloria Hodgson
- Continue to pray for a healthy and speedy recovery for Bro. Sam Dilworth
- Continue to pray for a healthy and speedy recovery for Bro. John Starks



***Do you know of any member that maybe sick and/or in distress.**

Call 404.767.0501 and leave a message.*

Make a Difference!
DONATE

SAVE THE DATE

2025 Cops & Kids Christmas Community Service Project

**Fraternal Order of Police
Fulton County Lodge #64
East Point, GA**

**Walmart Super Center
4735 Jonesboro Road
Union City, Georgia 30291
Saturday, December 20, 2025
8:00 a.m. — 12:00 p.m.**

Donation Link



Calling all of the awesome, caring brothers, sisters, family and friends of Fulton County Lodge 64 to donate and/or sponsor a family today. Contact Sis. Andrea Thomas, 404.767.0501 or email lodge64treasurer@gmail.com for additional information. Remember this is 100% Tax deductible. Sponsor a family or two!!

"You can donate/sponsor starting today"



**Fraternal Order of Police
Fulton County Lodge #64
2896 East Point Street
East Point, GA 30344**

STAMP



"Those who dare to fail miserably can achieve greatly"

John F. Kennedy

Membership Applications QR Code



Fulton County Lodge 64

"Doing More With Lodge 64!"