

If you would like to have a look at any of our previous newsletters you can find them all on our website here:

[Global Disabilty Support Services]

GLOBAL DISABILITY
SUPPORT SERVICES

A Message from our CEO - Wayne Tynan

Welcome to our October edition!



Spring is well and truly here, and with the days becoming warmer, it is a great time to get outside and enjoy everything our beautiful community has to offer. Whether you are heading out for an activity, spending time with friends and family, or simply enjoying some fresh air, remember to take care of yourself as the temperatures begin to rise.

Don't forget the simple things that can make a big difference - wear a hat when you're outdoors, protect yourself from the sun, drink plenty of water and take breaks when you need to. Staying hydrated and keeping cool will help make sure you can enjoy the warmer weather safely.

October is also another exciting month for us here at GDSS, and we look forward to sharing more news, activities and community moments with you.

As always, thank you for being part of the GDSS community. We hope you enjoy this month's newsletter and all that October has to offer!

Stay safe, stay well and enjoy the sunshine!

Warm regards,

Wayne Tynan
Chief Executive Officer
Global Disability Support Services

Have a look at our website: GDSS_Website

Want to know what to do for Halloween

For NDIS News click here: NDIS_update

Take a moment for yourself and dive into this month's *Puzzle Patch*! Puzzle_patch

Have a look at this month We_Celebrate

Lets learn about Stroke and Breast_Cancer

Meet the team: Meet_the_team

Find_Wellbeing_Tips_here: Wellbeing_tips

Yummy treats: Treat_yourself



October **Awareness, inclusion, connection & a little Halloween fun!** ❤️‍🩹

🌸 **Breast Cancer Awareness Month**

October is a time to raise awareness of breast cancer, encourage people to look after their health and show support for those affected by breast cancer.

🗣️ **AAC Awareness Month**

Everyone deserves to have a voice.
Augmentative and Alternative Communication (AAC) includes the many ways people communicate when speech alone isn't enough — including gestures, pictures, signs, communication boards and technology.

👁️ **Blindness & Vision Awareness**

October is a wonderful opportunity to promote understanding and inclusion for people who are blind or have low vision, while recognising the importance of accessibility and independence.

🧠 **World Mental Health Day — 10 October**

A day to encourage conversations about mental health, reduce stigma and remind us that looking after our wellbeing is important for everyone.

🧠 **World Stroke Day — 29 October**

A day to raise awareness of stroke, recognise the importance of knowing the warning signs and highlight the support available to people living with stroke and their families.

🎃 **Halloween — 31 October**

Time for a little spooky fun! 👻
Whether you're dressing up, decorating the house, carving a pumpkin or simply enjoying a favourite Halloween treat, we hope you have a safe and fun-filled Halloween!

🎂 **Happy Birthday, Kurt Kopittke!** On **5th October**
We hope you have a fantastic birthday filled with happiness and laughter! 🥳



Come visit our website at:

www.globaldisabilitysupportservices.com.au

Have you had a look at Our participants page?

Find all the details for our participants and all past newsletters:
https://globaldisabilitysupportservices.com.au/participant-%26-family-page

Have You Visited Our Blog?

Our blog is packed with helpful information, practical tips, and inspiring stories to support your journey. Whether you're looking for NDIS advice, travel ideas, community news, or everyday living tips, there's something for everyone.

Click the link and start exploring: https://globaldisabilitysupportservices.com.au/blog

Any Questions? Have a look here:

https://globaldisabilitysupportservices.com.au/faqs



BREAST CANCER AWARENESS MONTH

October is Breast Cancer Awareness Month

October is a time to raise awareness about breast cancer, encourage people to look after their breast health and remind everyone that **early detection can make a difference**.

Breast cancer can affect women and, although it is much less common, men too. Knowing what is normal for your body and talking to a doctor if you notice a change is an important part of looking after your health.

Know Your Normal

Everyone's breasts are different, and they can change naturally over time.

It's a good idea to become familiar with how your breasts normally **look and feel** so that you can notice if something changes.

Some changes to look out for include:

- A new lump or swelling in the breast or armpit
- A change in the size or shape of a breast
- Changes to the skin, such as dimpling or puckering
- A change in the appearance of the nipple
- Nipple discharge that is unusual for you
- Ongoing pain or discomfort in one area
- Any other change that is new or unusual for you

Remember: Most breast changes are not cancer, but it is always a good idea to have a new or unusual change checked by a doctor.

Screening Saves Lives

Breast screening can help find breast cancer early, sometimes before there are any signs or symptoms.

In Australia, eligible women are invited to have a **free mammogram through BreastScreen Australia**.

If you are unsure whether you are due for a breast screen, talk to your doctor or healthcare professional.

Don't be afraid to ask questions.

You can also ask a trusted person, support worker or carer to help you make an appointment, get to your appointment or understand information from your healthcare team.

Looking After Yourself

Looking after your health is important at every age.

Try to:

- Know what is normal for you
- Attend recommended health checks
- Talk to your doctor about any concerns
- Ask questions if you don't understand something
- Ask for support when you need it

Your health matters, and you deserve to understand and be involved in your own healthcare.

DID YOU KNOW?

Breast cancer is one of the most common cancers affecting Australian women.

Finding breast cancer early can give people more treatment options and improve outcomes.

That's why **awareness, regular health checks and speaking up about changes are so important.**

YOUR HEALTH MATTERS.

Information in this article is for general awareness only and is not a substitute for advice from your doctor or healthcare professional.

A LITTLE REMINDER

Check. Talk. Ask. Support. You don't have to manage your health on your own. If you are worried about a change or have questions about breast health, **talk to your doctor or healthcare professional.** And if you need help making an appointment or getting to one, **ask your support worker or someone you trust.**



🧠 OCTOBER 29TH IS WORLD STROKE DAY

Know the Signs. Act FAST.
Stroke can happen suddenly and to anyone. Knowing the warning signs and acting quickly can make a vital difference.
A stroke is a medical emergency. If you notice the signs of a stroke, **call Triple Zero (000) immediately — even if the symptoms disappear.**

🟧 **F.A.S.T. — KNOW WHAT TO LOOK FOR**

F — FACE
Ask the person to smile.
➞ **Has their mouth or face drooped?**

A — ARMS
Ask the person to raise both arms.
➞ **Can they lift both arms, or is one arm weak or drifting down?**

S — SPEECH
Ask the person to repeat a simple sentence.
➞ **Is their speech slurred or unusual? Do they have difficulty understanding you?**

T — TIME
⏰ **Time is critical.**
➞ **Call Triple Zero (000) straight away.**
Think F.A.S.T. — Act FAST.

For more information check the Stroke Foundation website: Stroke Foundation - Australia

🟧 OTHER WARNING SIGNS

F.A.S.T. covers the most common signs, but a stroke can also cause:
- Sudden numbness, weakness or paralysis of the face, arm or leg
- Sudden dizziness or loss of balance
- An unexplained fall
- Sudden loss or changes in vision
- A sudden, severe headache
- Difficulty swallowing
- Nausea or vomiting

Remember: Stroke symptoms can sometimes disappear after a short time. This may be a **transient ischaemic attack (TIA)**, sometimes called a mini-stroke. It is still important to call **000 immediately**, because a TIA can be a warning that a stroke may follow.

🤍 WHAT TO DO WHILE YOU WAIT FOR THE AMBULANCE

Call 000 first.

While waiting for help:

- Keep the person comfortable and supported.
- Do **not** give them food or drink.
- Do **not** give them medication, including aspirin, unless instructed by emergency services.
- If they become unconscious, check their breathing and follow the ambulance call-taker's instructions.
- Try to remember **when they were last known to be well**, as this information can be important for the medical team.

🧡 A MESSAGE FROM GDSS

Knowing the signs of stroke could help save a life.

Take a moment to learn **F.A.S.T.** and share it with your family, friends, support workers and the people around you. World Stroke Day has a special meaning for GDSS. Wayne knows firsthand that life can change in an instant, but his journey has also shown the importance of determination, support and continuing to look forward.

His experience is a reminder that recovery doesn't always look the same for everyone, and every step forward matters. 🧡

Every Brain Matters



Because your wellbeing matters, every day

This month, take a few moments each day to slow down, recharge, and be kind to yourself. Even the smallest acts of self-care can make a big difference to your wellbeing.

Here are a few gentle ideas to try:

🌿 Take three slow, deep breaths and allow yourself to pause.

🎵 Listen to your favourite song and let yourself enjoy the moment.

🌞 Step outside for a little fresh air and sunshine, a change of scenery can help lift your mood.

🫖 Enjoy a quiet cup of tea or coffee without distractions.

📞 Connect with someone you care about, whether it's a phone call, a visit, or a friendly chat.

💛 Think of one thing you're grateful for today, no matter how small.

🗓️ Keep a simple routine to help create structure and balance.

😴 Rest when your body or mind needs it, taking time to recharge isn't a luxury, it's an important part of staying well.

This month's gentle reminder: You don't have to do everything at once, take one small step each day, and remember that caring for yourself is an important part of life

If You Need Help, You're Never Alone

If you or someone you care about feels overwhelmed at any point, there are services available even during the holidays:

- **Lifeline Australia:** 13 11 14
- **Beyond Blue:** 1300 22 4636
- **Disability Gateway:** 1800 643 787

Reaching out for help is a sign of strength.

You deserve peace, connection, and care
Take things slowly, honour your needs, and remember that support is always within reach
So, pop the kettle on, wrap yourself in something cozy, and take a moment just for you

NDIS Update - Keeping You in the Loop

As always, we'll keep you informed of any meaningful updates that may impact you or your supports.

New Provider Registration Rules Are Now in Effect

From 1 July 2026, new registration requirements have started for some NDIS providers, including Supported Independent Living (SIL) providers and certain digital platform providers.

These changes are designed to:

- Improve participant safety
- Increase the quality of services
- Strengthen oversight of providers

What this means for participants:
Most participants won't need to do anything. If your provider is affected, they should let you know if any changes are needed.

Government Expands Crackdown on Fraud

The Australian Government has announced further measures to stop fraudulent NDIS providers, including preventing the sale of pre-registered "shell" provider companies that could bypass checks.

The aim is to ensure NDIS funding is spent where it belongs—supporting participants.

Participant Tip:

✔ Always check that your provider is legitimate.

✔ Keep copies of invoices and service agreements.

New Planning Reforms Continue to Roll Out

The NDIA continues to prepare for its new way of planning, which is being introduced gradually.

The reforms aim to:

- Make planning more consistent
- Focus on individual support needs
- Create a simpler planning process

Good news: Existing participants won't automatically have their plans changed overnight. If your plan is affected, you'll be contacted and supported through the process.

Protecting the NDIS

The NDIS provides essential support that helps people with disability live independently, participate in their communities, access employment, and manage everyday activities safely. These supports can include personal care, therapy, assistive technology, home modifications, and support workers.

There are growing concerns about proposed measures to slow the growth of NDIS funding. Many people within the disability community fear that changes to eligibility, funding plans, or support levels could reduce access to services that participants rely on every day.

Supporters of the campaign are calling on the Australian Government to protect access to reasonable and necessary supports, ensure individual needs remain at the centre of decision-making, and work closely with people with disability when considering future reforms.

You can help by sharing your story, contacting your local Member of Parliament, or signing the petition to show your support for a strong and accessible NDIS.

Find out more and sign the petition on our website here:
https://globaldisabilitysupportservices.com.au/about-us

Or Here: : https://www.change.org/p/protect-the-ndis

Reminder: Protect Your NDIS Plan

- Never share your plan details for cash offers
- Only work with trusted providers
- Report suspicious activity

Please visit latest news for other NDIS updates.

For more information or to take part, visit the NDIS Engage and Participant First pages on the NDIS website.



Be Scam Aware – Stay Safe Online Please stay alert to suspicious calls, texts, or emails asking for NDIS or bank details. The NDIA will never request your details via links.

Report scams: 1800 650 717 | Email: fraudreporting@ndis.gov.au



Your Safety Matters

We want to share an important safety reminder to help keep you and your home safe.

Lithium battery safety
There has been an increase in house fires linked to lithium batteries used in everyday items such as e-scooters, mobility devices, phones, and rechargeable equipment.

To stay safe:
• Always use the correct charger for your device
• Avoid overcharging or leaving devices charging overnight
• Keep batteries away from heat and direct sunlight
• Stop using any device that feels hot, damaged, or unusual

Flood and emergency preparedness
With recent extreme weather across Australia, it's important to be prepared for unexpected events like flooding or service disruptions.

Simple ways to prepare:
• Keep a list of your important contacts handy
• Have a small emergency kit (medications, water, essentials)
• Know your support plan if services are delayed
• Reach out early if you feel unsure or need support

Your safety is always our priority. If you have any concerns or would like help preparing, please reach out to our team — we're here for you.





Helpful Supports You Might Not Know About

💡 **Did You Know? — Assistive Technology**

Did you know the NDIS may be able to help you access Assistive Technology (AT)?

Assistive Technology is equipment or technology that can help you do everyday things more easily, safely and independently.

It can include things like:

🦽 **Mobility equipment - wheelchairs, walkers and mobility scooters**

🛁 **Bathroom equipment - shower chairs, rails and other safety equipment**

📱 **Communication technology - communication devices, apps and software**

👂 **Hearing and vision supports - equipment that helps you see or hear better**

🏠 **Equipment around the home - items that can make everyday activities easier**

🛏️ **Specialised equipment - beds, pressure care equipment and other supports**

Assistive Technology is not one-size-fits-all. The right equipment depends on what you need and how it helps you achieve your goals.

👉 **If you think Assistive Technology could make your everyday life easier, talk to your support coordinator, support worker or other NDIS professional about your options.**

Always check your NDIS plan and funding before purchasing equipment.

Are you using assistive technology? We'd love to hear your experience. Email us at:

Wayne: customercare@globaldisabilitysuccessservices.com.au or Sue: sueelliott@globaldisabilitysupportservices.com.au



Things to do this Halloween

🎃 **MaudCare's Spook-tacular Halloween Fun - Friday 30 October, 6pm-9pm.**

MaudCare is holding an inclusive Halloween evening with:

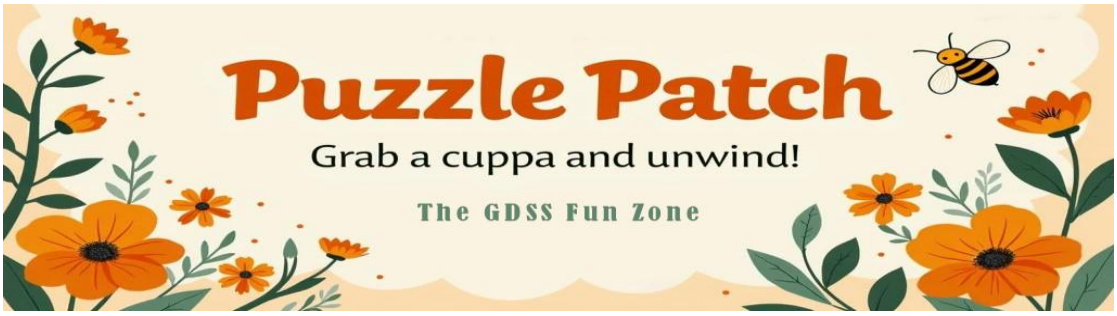
- 🎃 Pumpkin carving
- 🎨 Halloween arts and crafts
- 🍬 Trick-or-treating
- 🎵 Music
- 👻 Dressing up
- A **safe, supportive environment where activities can be adapted to suit participants' needs**
- No scary activities required

🕺 **Fun Farm Halloween Disco - Saturday 24 October**
At **Birkdale Multi Sports Centre**, Fun Farm is running a Halloween Disco specifically connected with social activities for **teenagers and young adults with disability, their carers and families**. It's **5pm-7pm**.

🎧 **Inclusive & Sensory-Friendly Halloween Silent Disco - Tuesday 27 October**
It's an **18+ inclusive Halloween event** at **Beenleigh Events Centre**, 4pm-6pm. Participants can control their own volume with headphones and take the headphones off whenever they need a quieter break. Support workers can attend with participants.

🎃 **Freedom's Halloween Spooktacular - Saturday 31 October**
At **Freedom Hub in Redcliffe**, this event is specifically designed for NDIS participants and is advertised as a **fully accessible, safe and structured environment**. It includes dancing, games, a costume parade, Halloween food and prizes. Support workers/carers attend free.





Puzzle Patch Prize! Complete this month's puzzle for your chance to WIN a **$50 Gift Voucher!**

To enter: Complete the puzzle
Write your name and contact details, take a photo or scan it, submit your entry before 25th September 2026 to: sueelliott@globaldisabilitysupportservices.com.au
One lucky winner will be drawn at random and featured in next month's newsletter! Good luck everyone, happy puzzling!

October puzzle



F G P P Q O T U Q Q E S W G N G G T X W Z P Y I J
O X U M Y U M S O B U T T E R F L Y A M G Z C L C
J S M H G T W D F Z L R F I G E D V Z Z I T T J K
I N P Q A D M E W E T G A V D Z H O X X M A F I Z
P W K W U O G J B Q I J E C O S T U M E E H U A M
M Q I X V O H L X I C S D D P M Z N R C C K Z F A
B B N D O R O G A R D E N O H U X U J J B N V M G
B L I Q S S S T H A L L O W E E N X A C D B P D I
B O O R Z U T B B Q K B N V K A U D D B B Q X K C
C S W C B O N C S S M L O K G X U T Y A I Y D Y A
J S V A T X X S Z A M P F B C Y P S S P I D E R X
J O G E R O H L H O P W U I T R D B K K J A C H K
S M D G C M B E C I H Q M A N R D W X E O E E A S
N P F K R O H E T F N Q A M L A U F O E L Z Y P P
O X T A Q I G I R V T E B R O I S F R K C E I P E
L O C F X V V G E C A C L E B N M P I E T J T Y V
B M M A C M G J U W C Z F U E B S V O I J H W O X
X B T J N N U D D F C M Y S F O I T W O F O V W N
R D U R D D I D S F L K Q Q F W Z Z E Z K P G B Y
L M K A K S Y J E E Z O W I T C H V K R V Y U S V
Q W A L P Y T G L N M X W D R O S P R I N G W V H
R A A H Q H D I A B Q H E E Y I D P X G N M Y L P
H J A B U F O Z C H O I Y Q R T A A E G U E I L D
F C P A H T B C K U Y L H Q Z S B J T A A G Q D U
G O B T K B N E B P C C L B Q H A L R I L E X M Y

HALLOWEEN
SUNSHINE
COSTUME
FLOWERS
SPIDER
GARDEN
CANDY
HAPPY

BUTTERFLY
OUTDOORS
MONSTER
BLOSSOM
SPOOKY
WITCH
WARM

SKELETON
PUMPKIN
OCTOBER
RAINBOW
SPRING
GHOST
MAGIC

BEE
BAT



Need a hint? Sneak peek the Answers_here



A Sweet Treat for October: Mummy rice cakes



You'll need:

- 300 g Rice Bubbles or puffed rice cereal
- 300 g mini marshmallows
- 70 g butter
- 300 g white chocolate
- Edible candy eyes

Method:

1. Line a square baking tin with baking paper.
2. Melt the butter and marshmallows together over low heat, stirring until smooth.
3. Remove from the heat and quickly stir in the Rice Bubbles until coated.
4. Press the mixture firmly into the lined tin.
5. Refrigerate until firm, then cut into rectangles.
6. Melt the white chocolate gently in the microwave, stirring regularly.
7. Dip or spread some white chocolate over the top of each rectangle.
8. Add two edible eyes while the chocolate is still soft.
9. Put the remaining white chocolate into a small piping bag or zip-lock bag with the corner snipped off.
10. Drizzle backwards and forwards across each treat to create the **mummy bandages**.
11. Allow the chocolate to set before serving. 👻

Little Halloween touch: Don't make the bandages too neat — the wonkier they are, the more character the little mummies have! 😄📸Share a photo with the GDSS team for the newsletter gallery!
sueelliott@globaldisabilitysupportservices.com.au





In caring professions, giving is second nature. You show up, you listen, you support, and you carry more than most people ever see. Day after day, you make a difference in the lives of others—often in moments that matter most. But in the middle of all that giving, there's one person who is easy to overlook**: you.**

Caring is not just what you do, it's who you are. And while that is something to be proud of, it can also mean that your own needs quietly slip to the bottom of the list. Breaks get shortened, emotions get pushed aside, and "I'm fine" becomes the default response. Over time, this can take a toll, not just physically, but emotionally and mentally as well.

Taking care of yourself is not a luxury, and it's not selfish. It is essential. When you are supported and well, you are better able to provide the compassionate, thoughtful care that others rely on. More importantly, you deserve that same care and kindness.

Sometimes, caring for yourself doesn't mean making big changes. It can start with small, meaningful moments:

- Taking a few deep breaths between tasks
- Stepping outside for fresh air
- Having a proper break, even on a busy day
- Checking in with yourself and acknowledging how you're really feeling

These small acts are not insignificant—they are powerful. They create space to reset, even briefly, and remind you that your wellbeing matters.

It's also important to recognise when things feel heavier than usual. Feeling overwhelmed, emotionally drained, or disconnected doesn't mean you're not good at your job—it means you're human. Talking to a colleague, reaching out for support, or simply sharing how you feel can make a real difference. You are not expected to carry everything alone.

There is strength in caring but there is also strength in pausing, in asking for help, and in setting boundaries when needed. Looking after yourself is not stepping away from your role; it is sustaining it.

So today, take a moment. A small pause. A quiet breath. A reminder that while you care for others every day, you are just as worthy of care, compassion, and support.

Because caring for the carer isn't just important - it's essential.

If you need help contact your management team, or have a look at: https://www.wellways.org/our-services/carer-gateway/?gad_source=1&gad_campaignid=20035212701

MEET OUR TEAM



Wayne Tynan

Co-Founder and Chief Executive Officer (CEO)

Wayne brings strong professional leadership to his role, along with invaluable lived experience with disability. After experiencing a stroke and needing disability care himself, Wayne recognised the need for quality, person-centred support built around individual needs.

Driven by empathy, dignity, and respect, Wayne founded Global Disability Support Services to ensure people receive genuine, compassionate, and well-managed support from skilled and caring support workers. His vision is centred on connection, trust, and choice — creating a service that truly listens and puts people first.

Wayne's passion and commitment continue to inspire both the team and the community, helping make Global Disability Support Services a place where people feel valued, heard, and supported.



Almario Delos Santos (Tynan)

Co-Founder , Training Manager & Head Care Coordinator

Almario being an experienced nurse, Lifestyle Manager in Aged Care for more than 8 years has the experience to train our support team in all aspects of safely caring for our clients.

Almario ensures the strategic alignment of Global Disability Support Services training with our business goals. Evaluating individual and organisational performance to ensure training is meeting business needs and improving performance. Identifying training needs by consulting with clients, families & Support coordinators.

Languages Spoken
English
Tagalog [Phillipines]



Sue

Office Administration
Highly skilled, Warm and experienced professional.
Sue is also our Amazing Newsletter Editor.

You can find our Newsletters in the Participants Page on our website.

Languages Spoken
English



Kurt

A Very Caring and highly skilled and experienced Support professional.
Kurt has more than 3 years of Support Work experience.

Languages Spoken
English [Australian]
Portuguese
Spanish



Eugene

A Very Caring and highly skilled and experienced Support professional. Warm and friendly personality. Eugene loves animals and is a veterinarian in Brazil .
Eugene has more than 2 years experience as a Support Worker.

Languages Spoken
English
Portuguese [Brazil]
Spanish



David

A Very Caring and highly skilled and experienced Support professional. Into sports, Fitness, healthy living & Surfing. David holds a bachelors Degree in Psychology from Griffith University. David is a part-time Australian Army Reservist, he is currently on leave having a New Zealand South Island Adventure. Hopefully enjoying his love of Snowboarding. We wish him safe travels and we hope to see him back again soon.

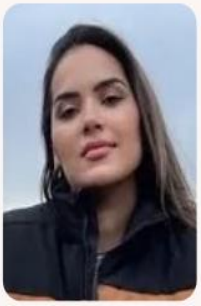
Languages Spoken
English



Leticia

Leticia is deeply committed to supporting participants with respect and kindness, always striving to make a positive difference through encouragement and understanding.

Languages Spoken
English
Portuguese



Lorena

Lorena is known for her caring nature and thoughtful approach to support. She takes pride in understanding each participant as an individual and is committed to creating positive, meaningful experiences that encourage independence and well-being.

Languages Spoken
English
Portuguese [Brazilian]



Stefania

Stefania is a very caring and experienced disability support worker, known for strong communication and emotional support skills.
Her expertise in record maintenance and self-care development, ready to positively impact Participant lives and helping to promote community engagement.

Languages spoken
Spanish
English



Odessa

Odessa is a highly skilled, caring, and active support professional who brings both experience and genuine compassion to her role. We hope you enjoy your journey with us Odessa - we're so glad to have you on board.

Motivated and dependable support worker

Languages Spoken
English



Daniela

Daniela is a dedicated and compassionate professional, committed to delivering high-quality care, promoting independence, and supporting Participants physical, emotional, and social wellbeing.

Languages Spoken
Portuguese &
English



Ossama

Ossama also known as Sam is a very caring, reliable and highly skilled and experienced support professional, his hobbies and interests are fishing,hiking, sports,camping,swimming and outdoor adventures. He has a Diploma in music and is a Bachelor of pharmacy student. He has 2 and a half years of support worker experience.

Spoken languages
English
Arabic



Diana

Diana is a very Caring, reliable and highly skilled, motivated, enthusiastic and experienced Support professional, Compassionate and dedicated Female Support Worker with 2 years of experience providing high-quality care and assistance to individuals with diverse needs. Mostly experienced in mental health (schizophrenia and ASD), medication administration, Community access activities. Strong empathic approachable and reliable to help her participants feel at home and being listened to.

Languges spoken
English
Portuguese



Hailey

Hailey is a very caring, reliable and highly skilled, motivated, enthusiastic and experienced Support professional . Committed to respectful support that promotes dignity, independence, safety, and wellbeing, with a strong willingness to learn and and follow individual support plans and organisational procedures.



Join Our GDSS Community

- Share your story for a future newsletter.
- Volunteer or partner with us at upcoming events.
- Follow us on social media for updates and inspiration.

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Email: customercare@globaldisabilitysupportservices.com.au
To view past newsletters visit:
https://globaldisabilitysupportservices.com.au/participant-page

At Global Disability Support Services, we acknowledge and pay our respects to the traditional owners of the lands across Australia on which we work and live.
We pay our respects to Elders, Past, Present and Emerging. We honour their deep connection to land, sea, and community, and recognise their continuing culture and contribution to our nation.
We are also committed to embracing diversity and empowering individuals of all abilities. We acknowledge the strength and resilience of people with disabilities and are dedicated to creating inclusive, respectful, and supportive services for everyone in our community. Together, we strive to foster an environment of understanding, equality, and mutual respect for all.

Check your answers!





October puzzle

F G P P Q O T U Q Q E S W G N G G T X W Z P Y I J
O X U M Y U M S O B U T T E R F L Y A M G Z C L C
J S M H G T W D F Z L R F I G E D V Z Z I T T J K
I N P Q A D M E W E T G A V D Z H O X X M A F I Z
P W K W U O G J B Q I J E C O S T U M E E H U A M
M Q I X V O H L X I C S D D P M Z N R C C K Z F A
B B N D O R O G A R D E N O H U X U J J B N V M G
B L I Q S S S T H A L L O W E E N X A C D B P D I
B O O R Z U T B B Q K B N V K A U D D B B Q X K C
C S W C B O N C S S M L O K G X U T Y A I Y D Y A
J S V A T X X S Z A M P F B C Y P S S P I D E R X
J O G E R O H L H O P W U I T R D B K K J A C H K
S M D G C M B E C I H Q M A N R D W X E O E E A S
N P F K R O H E T F N Q A M L A U F O E L Z Y P P
O X T A Q I G I R V T E B R O I S F R K C E J P E
L O C F X V V G E C A C L E B N M P I E T J T Y V
B M M A C M G J U W C Z F U E B S V O I J H W O X
X B T J N N U D D F C M Y S F O I T W O F O V W N
R D U R D D I D S F L K Q Q F W Z Z E Z K P G B Y
L M K A K S Y J E E Z O W I T C H V K R V Y U S V
Q W A L P Y T G L N M X W D R O S P R I N G W V H
R A A H Q H D I A B Q H E E Y I D P X G N M Y L P
H J A B U F O Z C H O I Y Q R T A A E G U E I L D
F C P A H T B C K U Y L H Q Z S B J T A A G Q D U
G O B T K B N E B P C C L B Q H A L R I L E X M Y

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COSTUME
FLOWERS
SPIDER
GARDEN
CANDY
HAPPY

BUTTERFLY
OUTDOORS
MONSTER
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