



Happy Birthday
Global Disability
Support Services

Happy 2nd Birthday Global Disability Support Services

Celebrating 2 Years of Global Disability Support Services!

On 23 January 2026, Global Disability Support Services proudly celebrated our 2nd Birthday!

Over the past two years, it has truly been our pleasure to support and walk alongside our amazing participants. We are so grateful for the trust you place in us and for allowing us to be part of your journeys.

To our incredible team of support workers – thank you for your dedication, compassion, and heart. Your commitment makes a real difference every single day, and we couldn't do this without you.

We also want to thank our participants and their families for your ongoing support over the last two years. You inspire us to keep growing, learning, and striving to provide the very best care.

As we look ahead, we are excited for the wonderful things to come in the next two years and beyond. Here's to new goals, new achievements, and continuing to support our community with care from the heart.

Happy 2nd Birthday, Global Disability Support Services - and Thank You for being part of our journey!





A Message from the CEO - Wayne Tynan

February is often called the month of love, and while we celebrate connection with others, it's also a gentle reminder to show kindness to ourselves.

The start of a new year invites reflection, not on what we haven't achieved, but on the strength, it takes to keep going, especially when the path feels uncertain. Loving ourselves can be as simple as slowing down, acknowledging progress, and allowing space for rest when it's needed.

At GDSS, we remain committed to supporting choice, independence, and wellbeing at a pace that feels right for each individual. As this year continues to unfold, I hope February brings moments of calm, confidence, and care for yourself and those around you.

Warm regards, Wayne Tynan
CEO - Global Disability Support Services



Read Eugene's story here: [The Sharing place](#)

Want to know what's on? Have a look here: [Community buzz](#)

For NDIS News click here: [NDIS update](#)

Take a moment for yourself and dive into this month's *Puzzle Patch*! [Puzzle patch](#)

Meet the team: [Meet the team](#)

Find Wellbeing Tips here: [Wellbeing tips](#)

Yummy treats: [Treat yourself](#)

Meet Friends of GDSS: [Friends of GDSS](#)

Have a look at this month's [Community spotlight](#)



MEET OUR TEAM



Wayne Tynan

Co-Founder and Chief Executive Officer (CEO)

Wayne brings strong professional leadership to his role, along with invaluable lived experience with disability. After experiencing a stroke and needing disability care himself, Wayne recognised the need for quality, person-centred support built around individual needs.

Driven by empathy, dignity, and respect, Wayne founded Global Disability Support Services to ensure people receive genuine, compassionate, and well-managed support from skilled and caring support workers. His vision is centred on connection, trust, and choice — creating a service that truly listens and puts people first.

Wayne's passion and commitment continue to inspire both the team and the community, helping make Global Disability Support Services a place where people feel valued, heard, and supported.



**Almario Delos Santos
(Tynan)**

Co-Founder , Training Manager & Head Care Coordinator

Almario being an experienced nurse, Lifestyle Manager in Aged Care for more than 8 years has the experience to train our support team in all aspects of safely caring for our clients.

Almario ensures the strategic alignment of Global Disability Support Services training with our business goals. Evaluating individual and organisational performance to ensure training is meeting business needs and improving performance. Identifying training needs by consulting with clients, families & Support coordinators.

Languages Spoken
English
Tagalog [Phillipines]



Sue

Office Administration
Highly skilled and experienced professional.
Sue is also our Amazing Newsletter Editor.

You can find our Newsletters in the Participants Page on our website.

Languages Spoken
English/Some Afrikaans



Kurt

A Very Caring and highly skilled and experienced Support professional.
Kurt has more than 3 years of Support Work experience.

Languages Spoken
English [Australian]
Portuguese
Spanish



Eugene

A Very Caring and highly skilled and experienced Support professional. Warm and friendly personality. Eugene loves animals and is a veterinarian in Brazil .
Eugene has more than 2 years experience as a Support Worker.

Languages Spoken
English
Portuguese [Brazil]
Spanish



David

A Very Caring and highly skilled and experienced Support professional. Into sports, Fitness, healthy living & Surfing. David holds a bachelors Degree in Psychology from Griffith University.
David is a part-time Australian Army Reservist, he is currently on leave having a New Zealand South Island Adventure. Hopefully enjoying his love of Snowboarding. We wish him safe travels and we hope to see him back again soon.

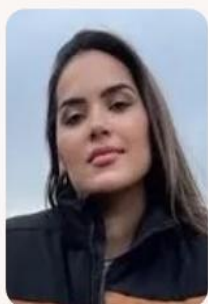
Languages Spoken
English



Leticia

Leticia is deeply committed to supporting participants with respect and kindness, always striving to make a positive difference through encouragement and understanding.

Languages Spoken
English
Portuguese



Lorena

Lorena is known for her caring nature and thoughtful approach to support. She takes pride in understanding each participant as an individual and is committed to creating positive, meaningful experiences that encourage independence and well-being.

Languages Spoken
English
Portuguese [Brazilian]



Natalia

Natalia is a dedicated and compassionate support professional who brings warmth, patience and reliability to her role. She is passionate about building genuine connections with participants and supporting them to feel confident, valued and comfortable in their day-to-day lives.

Languages Spoken
English
Spanish
Portuguese [Brazil]



Damaris

Damaris is a very caring and highly skilled and experienced Support professional, With a warm and friendly personality, Compassionate and responsible individual with a strong desire to help others and make a positive impact in the community. Damaris has a true desire to support people with respect, empathy, and dignity. Welcome to the team.

Languages Spoken
English
Spanish



Eugene - When Care Chose Me



Entering the disability support industry was both exciting and quietly daunting. I didn't plan to become a support worker. It wasn't a childhood dream, nor was it written on a carefully crafted list of goals. The truth is that it all began unexpectedly, quietly – like many of the most meaningful things in life. An invitation, a need, an opportunity that appeared without warning. I accepted it without fully knowing where it would lead me, but with a deep certainty I had always carried: I have always enjoyed caring for others.

Being a support worker means standing alongside someone. It means understanding that every person has their own pace, their own story, their struggles and their victories – even the small ones that often go unnoticed. It is learning every day that helping is not about doing things for someone, but doing things with them. It is about respecting boundaries, celebrating progress, and above all, offering dignity.

In the beginning, I admit, I felt afraid. Afraid of not being enough, of making mistakes, of not living up to the responsibility that care requires. But it was through this process that I discovered something essential: there is no such thing as perfect care – there is only genuine care. And that is what I strive to offer every day – my very best, with responsibility, attention, and love.

I put love into everything I do because I believe it transforms. Love not as something abstract, but as an attitude: in the way I speak, in the patience to explain, in the gentleness of touch, in the respect shown when listening. Often, what someone needs is not grand gestures, but someone who is truly there – fully present, without rushing.

Being a support worker has taught me far more than any course ever could. I have learned about resilience, quiet strength, and empathy in practice. I have learned that caring for others is also a constant invitation to grow, to become more aware, and to develop sensitivity in a world that often moves too fast.

Today, when I look back, I smile at the realization that what began unexpectedly has turned into purpose. I do not do this work simply because I know how to do it – I do it because I believe in it. Because I see value in people, in their stories, and in the small daily achievements. Every day, I try to be better than I was yesterday, knowing that care is an ongoing process.

And as long as I am able to offer support with empathy, respect, and love, I will continue on this path with the certainty that I am exactly where I need to be.



If you would like to share your story please email us at:
customer care@globaldisabilitysupportservices.com.au



Things To Do

MAKING CONNECTIONS
FINDING SOLUTIONS

DEVELOPING
POSITIVE
COMMUNITIES

BRISBANE DISABILITY CONNECTION EXPO 2026

13th - 14th MARCH / Brisbane Convention & Exhibition Centre

Creating a Voice for the Disability Sector



We'll be there!

Connect and Share! This expo offers people living with with disability, families, carers and professionals the opportunity to connect, explore, learn, and discover new solutions. Whether you're seeking information on assistive technologies, support services, community and government programs, come and connect.



A C A D E M Y

Our Art Therapy Painting Classes are co-facilitated by two passionate professionals who combine creative expression with calm, healing practices. Together, they guide you through a soothing, enriching experience of self-discovery and reflection. Katrina Puranik is a Qualified & Registered Art Teacher with QCT – Queensland College of Teachers #826556. Riaz Peter is a qualified & registered Therapist with ACA #S86661 (Australian Counselor's Association) **Explore the therapeutic power of meditative art together – Book Now >**



If you're looking for local NDIS related events in your area, keep an eye on our [latest events](#) page on our website.



MAPPINS

Learn how to make a large fish bowl (33cm diameter)

terrarium with your choice of plants to take home.

In this workshop, you will learn how to make extra large terrarium which can proudly be taken home afterwards.

The size of the fish bowl is 33cm x 33cm, and has the lid.

The plants, moss, soil, rocks, driftwood, stones, sand, ingredients and a large fish bowl with lid are all provided.

A bottle of water and Japanese sweets will be served.



For more information or to book: <https://www.eventbrite.com.au/e/large-terrarium-workshop-tickets-1825874643209?aff=oddtcreator>

Lets Dance!



INCLUSIVE DISCOS

2025 - 2026
6:00PM - 9:00PM



November 21st - Cowboy

December 12th - Christmas

January 16th - Hawaiian

February 13th - Valentines

March 13th - Pirates & Princesses

April 10th - Garden party

May 8th - Flower Power

June 19th - Pajama Party

July 10th - Black Tie Formal Night

August 14th - Black & White

September 11th - Mexican Fiesta

October 9th - Sports Team

November 20th - Disney

December 11th - Holiday fun



Dancing Games Fun Pizza



MOOROOKA COMMUNITY CENTRE
DANCE@INSIDEOUTSIDEDANCE.COM



PRE-REGISTER NO TICKETS AT THE DOOR RSVP ESSENTIAL



Podcast

Coming Soon with your hosts- Wayne, Kurt & Special Guests

Our New Podcasts from the team at Global Disability Support services, Talking about all things NDIS, Positive stories about recovery, Interviews with Support Workers, Service coordinators, Plan Managers, Providers and Services such as Physio's and much more! and a bit of fun. in the latest Podcast Wayne and Kurt will be discussing how intimacy can play a significant role in the recovery and wellbeing of stroke survivors, for more information check out our website.





Because your wellbeing matters, every day

Practice kind self-talk

Notice how you speak to yourself. Try offering the same patience and understanding you would give a friend.

Rest without guilt

Rest is not a reward — it's a necessity. Even small pauses can help restore energy and calm.

Acknowledge small wins

Getting through the day, asking for help, or trying something new all count. Progress doesn't have to be big to matter.

Stay connected

A short message, a shared laugh, or a familiar face can make a big difference. You don't have to do everything alone.

Check in with yourself

Take a moment to ask: *What do I need right now?* Listening to yourself is an act of self-care.

If You Need Help, You're Never Alone

If you or someone you care about feels overwhelmed at any point, there are services available even during the holidays:

- **Lifeline Australia:** 13 11 14
- **Beyond Blue:** 1300 22 4636
- **Disability Gateway:** 1800 643 787

Reaching out for help is a sign of strength.

You deserve peace, connection, and care

Take things slowly, honour your needs, and remember that support is always within reach.



NDIS Update - Keeping You in the Loop

As always, we'll keep you informed of any meaningful updates that may impact you or your supports.

The NDIS has released its first **Participant First Newsletter for 2026**, highlighting new engagement opportunities and recent updates.

Have your say:

Participants, families and carers are invited to get involved in upcoming consultations, including:

Helping shape a new NDIS pathway for First Nations children and young people (paid engagement opportunities). Sign up here to become a member: [complete a Participant First information form](#)

Consultation on improving service agreements, aimed at making them clearer, fairer and easier to understand (closes **27 February 2026**). Sign up here: [Register your interest using the form and help shape the future for First Nations children and young people](#)

You said, we did:

Feedback from a Supported Independent Living (SIL) pilot focus group is helping shape future supports, with key themes including staff training, continuity of care, choice and control, and connection to community.

The SIL Pilot is ongoing and will finish in June 2026.

What's new:

Here are the latest headlines from the NDIS news page which may be of interest to you.

- [Update - A new way of planning](#)
- [NDIA Board Chair reappointment for 3-year term](#)
- [Sydney man charged with alleged \\$3.5 million NDIS fraud](#)

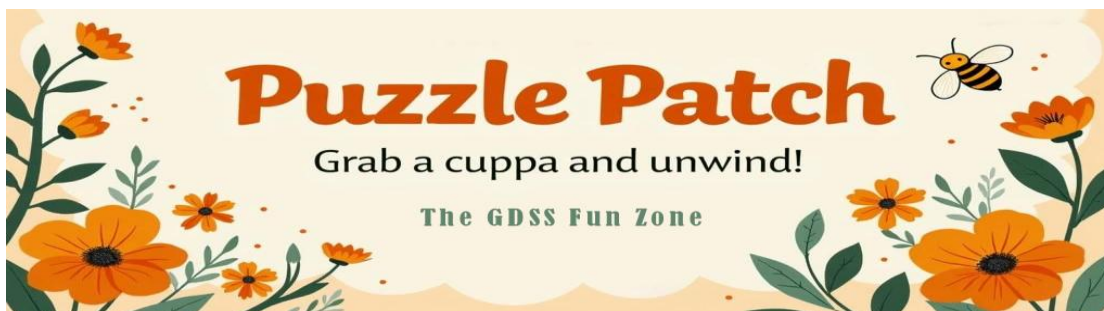
Please visit [latest news](#) for other NDIS updates.

For more information or to take part, visit the NDIS Engage and Participant First pages on the NDIS website.



Be Scam Aware - Stay Safe Online Please stay alert to suspicious calls, texts, or emails asking for NDIS or bank details. The NDIA will never request your details via links.

Report scams: 1800 650 717 | Email: fraudreporting@ndis.gov.au



Welcome to the *Puzzle Patch* – a cozy little spot to pause, smile, and give your brain a happy stretch. Enjoy your cuppa and see how many words you can find!

Valentine Puzzle

V Y L T W R U V V L D G W W Q H F F Q B
E P X P I M I Q A E B U O I L A K V A A
G V Z R V P S H L T V A D N D R I P J F
C B R U K I Q V E T K I D I A G X A G L
U G A J G N H J N E D T Q N N K K A Q O
B Z L L U K M I T R R E R G C V Y L F W
W V U Q L T I N I S O V J A I F M G Z E
Y R Z J R O M V N N M O H N N S M I T R
F Z Y Z R Y O X E V A U S D G V E F V S
Z A B C N R I N J U N J A D M W H T U C
F C T H X H G S S B C O W I H L A S Q U
G I E R O S E S M Y E M R N A D T H P P
Q T C U Y B J Y B K F G E I Y V G J F I
F D H V Y C N U H O V Y D N W G K L A D
J V H E O H K C Z W U T J G A B Q Y O J
O N Y V A Z H U A U B Q P I Q O F X Y W
C U R N P R S I J R C N U L O V E Q L M
D T A M U N T A R Z D X H E V Q L X Z V
U K U F V U J S Q T I S O W T B G R T C
L B J R I P M O O N L I G H T J W V F Y

Wining and Dining	Valentine	Moonlight	Gifts
Romance	Balloons	Letters	Love
Flowers	Bouquet	Roses	Pink
Dancing	Hearts	Cards	Red
Cupid			



Need a hint? Sneak peek the [Answers here](#)



A Sweet Treat for February: Chocolate Crackles

♥ Treat Yourself - Valentine Edition

This month's Treat Yourself ideas are all about simple joys and a little bit of love. These treats are easy to make, fun to share, and perfect for Valentine's Day – or any day you feel like treating yourself.

Chocolate Crackles

A classic favourite that's fun, chocolatey, and very easy to make.

You will need:

- 1 cup rice bubbles
- ½ cup desiccated coconut
- ¼ cup cocoa powder
- ½ cup icing sugar
- 125g copha
- Patty pans or heart-shaped silicone moulds (optional)

Steps:

1. Place the rice bubbles, coconut, cocoa, and icing sugar into a large bowl.
2. Ask for help to melt the copha in the microwave or on the stove until liquid.
3. Pour the melted copha into the bowl.
4. Mix everything together until well combined.
5. Spoon the mixture into patty pans or gently press into heart-shaped moulds.
6. Place in the fridge until firm.
7. Enjoy your chocolate crackles – made with love ♥

Optional Valentine touch:

Use heart-shaped moulds or add a few pink or red sprinkles on top before chilling.

♥ A Little Reminder

These treats don't need to be perfect – the most important ingredient is **enjoying the moment and being kind to yourself.**





Visit our friends at Precious Coffee or get them to visit you! Precious Coffee is mobile, off-grid, and is housed on the front of a bicycle we can enrich any community. We love pitching up in local parks but can also bring the Precious experience to your event. Precious Coffee can help you create the perfect experience for your next event. We will bring beautiful coffee and flavour packed syrups and elixirs for those who want something a little different. We are located near the Brisbane CBD and can help with events throughout Brisbane. Precious Coffee will tailor a package to suit you, just send us an [email](#) and tell us how we can help bring joy to your special event.



We are proud to provide tailored information, services and support for Australians with brain injury, their carers', family members and organisations.

The Brain Injury Community Inc. team understands that by connecting individuals to support networks within communities and

to the right organisations, we can influence awareness and change to the lives of those most in need. We are able to connect Brain Injury survivors to specialist support services in their local community. By working and bringing people together to think creatively and ask different questions, we can create new solutions for people impacted by brain injury.



As the largest provider in Australia, we've been delivering tailored orthotic and prosthetic services for over 35 years. Our mission is simple, helping you live your best life.

Visit Us: <https://oapl.com.au/>

Contact Us: email: info@oapl.com.au

Phone: 1300 866 275

Community Spotlight

Meet Lucas Smirk - Fit4mula

We're excited to introduce **Lucas Smirk**, who is launching **Fit4mula**, a new fitness service designed to make movement accessible, enjoyable, and inclusive. Lucas is passionate about supporting people of all abilities, offering tailored fitness classes for people with disabilities, children, and older adults. His approach focuses on building confidence, strength, and wellbeing in a safe and supportive environment, because fitness should be for everyone.

"We put the fun into fitness" ~ Lucas

Starting your fitness journey can be challenging, but you don't have to do it alone.

We'll bring our programs to you. No matter your age, interests, ability, we support everyone—from kids thriving in their bodies to families playing together, to older adults being strong and independent. Our unique formula combines cardio, strength, flexibility, and fun, allowing you to enjoy the experience at your own pace.



Visit us here: <https://www.fit4mula.com/>

FIT4MULA



Join Our GDSS Community

- Share your story for a future newsletter.
- Volunteer or partner with us at upcoming events.
- Follow us on social media for updates and inspiration.

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Phone: (07) 2810 5569
Email: customercare@globaldisabilitysupportservices.com.au



At Global Disability Support Services, we acknowledge and pay our respects to the traditional owners of the lands across Australia on which we work and live. We pay our respects to Elders, Past, Present and Emerging. We honour their deep connection to land, sea, and community, and recognise their continuing culture and contribution to our nation.

We are also committed to embracing diversity and empowering individuals of all abilities. We acknowledge the strength and resilience of people with disabilities and are dedicated to creating inclusive, respectful, and supportive services for everyone in our community. Together, we strive to foster an environment of understanding, equality, and mutual respect for all.



Check your answers!

Valentine Puzzle

V Y L T W R U V V L D G W W Q H F F Q B
E P X P I M I Q A E B U O I L A K V A A
G V Z R V P S H L T V A D N D R I P J F
C B R U K I Q V E T K I D I A G X A G L
U G A I G N H J N E D T Q N N K K A Q O
B Z L L U K M I T R R E R G C V Y L F W
W V U Q L T I N I S O V J A I F M G Z E
Y R Z J R O M V N N M O H N N S M I T R
F Z Y Z R Y O X E V A U S D G V E F V S
Z A B C N R I N J U N J A D M W H T U C
F C T H X H G S S B C O W I H L A S Q U
G I E R O S E S M Y E M R N A D T H P P
Q T C U Y B J Y B K F G E I Y V G J F I
F D H V Y C N U H O V Y D N W G K L A D
J V H E O H K C Z W U T J G A B Q Y O J
O N Y V A Z H U A U B Q P I Q O F X Y W
C U R N P R S I J R C N U L O V E Q L M
D T A M U N T A R Z D X H E V Q L X Z V
U K U F V U J S Q T I S O W T B G R T C
L B J R I P M O O N L I G H T J W V F Y

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