



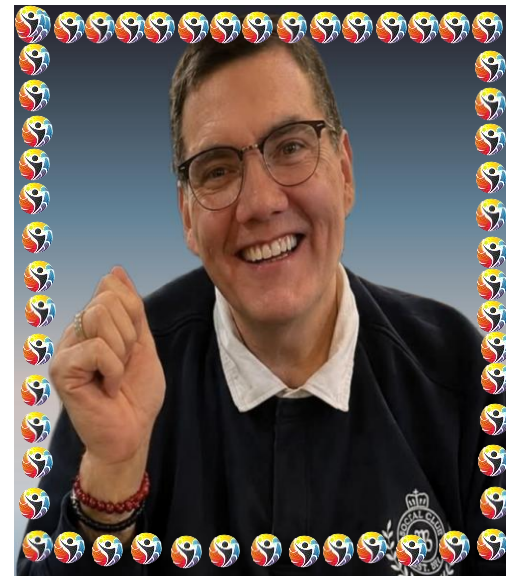
A Message from the CEO - Wayne Tynan

Spring is here, and although we may still have a few chilly nights ahead of us, we know that warmer weather is on its way! Spring is a wonderful time to look ahead, get outside and enjoy a little more sunshine.

It is also a great time to get out into the garden, give things a tidy-up or spend some time getting your potted plants ready for the warmer months ahead. Even something as simple as planting a few flowers, pulling out a few weeds or giving your plants some extra care can be a great way to enjoy the outdoors and watch something grow.

We would like to wish all the Dads, Grandads and Father figures in our GDSS community, an Amazing and Awesome Fathers day and are able to spend some special time with the people who matter most.

As always, thank you for being part of the GDSS family. We look forward to continuing to support you, encourage you and celebrate your achievements along the way. Enjoy the beginning of spring, take care and keep smiling!



Warm regards,

Wayne Tynan
Chief Executive Officer
Global Disability Support Services

Have a look at our website: [GDSS Website](#)

Want to know what's on? Have a look here: [Riverfire](#) or what to do for [Fathers day](#)

For NDIS News click here: [NDIS update](#)

Take a moment for yourself and dive into this month's *Puzzle Patch*! [Puzzle patch](#)

Have a look at our recognition awards [Recognition awards](#)

Meet the team: [Meet the team](#)

Find Wellbeing Tips here: [Wellbeing tips](#)

Yummy treats: [Treat yourself](#)

Carers have a look here: [Care for the Carer](#)



September

🔥 Riverfire — 5 September

Brisbane is lighting up! Riverfire is back for another spectacular evening of fireworks, entertainment and celebrations along the Brisbane River. Whether you're heading out to enjoy the festivities or watching from home, it's a wonderful way to welcome spring and enjoy a little Brisbane magic! ✨

💙 Father's Day — 6 September

A special day to celebrate the dads, grandads, stepdads and father figures who make a difference in our lives. Whether through love, guidance, encouragement or simply being there, today is a wonderful opportunity to say **thank you!**

Happy Father's Day to all the amazing dads and father figures in our GDSS community!

💛 R U OK? Day — 10 September

Sometimes a simple question can make a big difference. Take a moment to check in with the people around you and ask, **"Are you OK?"** Listening, caring and being there for someone can mean more than you realise.

🌍 World Peace & Gratitude Day — 21 September

A beautiful day to celebrate **peace, kindness and gratitude**. Peace begins with how we treat one another, while gratitude reminds us to appreciate the people and little things that make our lives special.

🎂 Happy Birthday, David Christie! On 6th September

We hope you have a fantastic birthday filled with happiness and laughter! 🥳



A promotional banner for GDSS (Global Disability Support Services). The banner features the GDSS logo at the top left, which consists of a stylized human figure in blue and orange. The text 'GDSS Global Disability Support Services' is next to it. The main headline reads 'EXPLORE. LEARN. GET SUPPORT.' in large, bold, orange and black letters. Above this, it says 'Stay Connected.' in a script font. Below the headline, a black brushstroke contains the text 'Everything you need is just a click away on the GDSS website!'. There are five circular icons representing different services: 'NDIS & Participant Information', 'Our Services', 'News, Updates & Events', 'Resources & Wellbeing Support', and 'Contact Us'. To the right, a laptop displays the GDSS website, which has a navigation bar with links like 'Home', 'About Us', 'Our Services', 'Participants', 'News', 'Contact', and 'Get Support'. The website content includes the tagline 'Empowering lives. Enriching communities.' and a list of values: 'Support Independence', 'Choice & Control', 'Inclusion & Community', and 'Respect & Dignity'. A speech bubble on the right says 'Your support journey starts here.' with a heart icon. At the bottom, there's a globe icon, a search bar with the URL 'https://globaldisabilitysupportservices.com.au/', and a magnifying glass icon. The text 'VISIT US TODAY!' is written in a script font. On the right side of the banner, there's a quote: 'New information. Helpful resources. Stronger connections. All in one place!' with a heart icon and a dashed line leading to a paper airplane icon.

Come visit our website at:

[www.globaldisabilitysupportservices.com.au](https://globaldisabilitysupportservices.com.au)

Have you had a look at Our participants page?

Find all the details for our participants and all past newsletters:

<https://globaldisabilitysupportservices.com.au/participant-%26-family-page>

Have You Visited Our Blog?

Our blog is packed with helpful information, practical tips, and inspiring stories to support your journey. Whether you're looking for NDIS advice, travel ideas, community news, or everyday living tips, there's something for everyone.

Click the link and start exploring: <https://globaldisabilitysupportservices.com.au/blog>

Any Questions? Have a look here:

<https://globaldisabilitysupportservices.com.au/faqs>





🌟 Get Ready for Riverfire!

Brisbane's night of fireworks is almost here! Riverfire is happening on **Saturday, 5 September**, and it's a fantastic opportunity to get out and enjoy one of Brisbane's biggest annual celebrations.

Whether you're planning to watch the fireworks from one of the popular viewing areas, enjoy the atmosphere around the city, or find a quieter spot to take in the show, a little planning can help make the evening safe, comfortable and enjoyable.

🕒 What's Happening?

4:00 PM – Pre-show festivities

Events and activities begin across Brisbane.

4:45-5:30 PM – ADF Flyovers 🛩️

Keep an eye on the sky for spectacular fighter jets and helicopters.

7:00-7:20 PM – Fireworks! 🌟

The main event! Fireworks will light up the Brisbane River from barges, bridges and rooftops.

📍 Popular Free Viewing Spots

Some popular places to watch Riverfire include:

- South Bank Parklands
- Kangaroo Point Cliffs
- Howard Smith Wharves
- Wilson Outlook Reserve
- Captain Burke Park

Remember that popular viewing areas can become **very busy**, so it's a good idea to plan ahead.

Thinking about going? Please speak with your **GDSS support worker** as soon as possible so you can plan your visit together. They can help you discuss:

- Your support needs for the day.
- Transport to and from your viewing area
- Accessibility requirements.
- Planning breaks, meals, and a comfortable schedule.

Planning ahead helps make your day safe, enjoyable, and stress-free. We hope everyone who attends has a fantastic time and creates some wonderful memories!



Celebrating the Dads & Father Figures in Our Lives

Happy Father's Day!

Father's Day is a wonderful time to celebrate the special people who care for us, support us, make us laugh and are there when we need them.

Today we celebrate **Dads, Grandads, Stepdads, Uncles, Carers and all the special father figures** who make a difference in our lives. And let us not forget the Dads that are no longer here to celebrate, gone but never forgotten!

Things To Do Together on Father's Day

You don't need to spend lots of money to have a great day!



Make Dad a cuppa - Start the day with his favourite drink.



Make lunch together - Try making sandwiches, pizza or another favourite meal.



Have a movie afternoon - Pick one of Dad's favourite movies and enjoy it together.



Play his favourite music - Have a little sing-along or dance!



Play a game - Cards, board games, puzzles or even a quiz.



Get outside - Go for a walk, visit a park or have a picnic.



Look through old photos - Share some favourite family memories.



Make a treat - Bake something yummy to enjoy together.



Make a card - A handmade card can be more special than an expensive present.



Spend time together - Sometimes the best gift is simply being together.

Whatever you choose to do on this day we hope it will be an amazing day!



The winner of the \$50 Visa gift card drawn randomly is S.W. from Gold Coast, enjoy and congratulations!

Your Voice Matters!

Thank you for sharing your thoughts, experiences and feedback with us. Your feedback helps us understand what we are doing well and where we can continue to grow. Most importantly, it reminds us that the work we do is making a positive difference in the lives of our participants.

We are listening, we are learning, and we are proud to be on this journey with you!



 **And Now... Meet Our Recognition Award Winners!**

Recognition Awards as nominated by the participants are (in no particular order)

Recognition Awards



KURT
THANK YOU. YOUR HARD
WORK DOES NOT GO
UNNOTICED!



OSSAMA
THANK YOU, YOUR
CONTRIBUTION IS
APPRECIATED!



LEILA
THANK YOU FOR
ALL THAT YOU DO!



SUE
THANK YOU YOUR
CONTRIBUTION IS
APPRECIATED!

A BIG CONGRATULATIONS TO YOU ALL!



Because your wellbeing matters, every day

This month, take a few moments each day to slow down, recharge, and be kind to yourself. Even the smallest acts of self-care can make a big difference to your wellbeing.

Here are a few gentle ideas to try:

- 🌿 Take three slow, deep breaths and allow yourself to pause.
- 🎵 Listen to your favourite song and let yourself enjoy the moment.
- ☀️ Step outside for a little fresh air and sunshine, a change of scenery can help lift your mood.
- ☕ Enjoy a quiet cup of tea or coffee without distractions.
- 📞 Connect with someone you care about, whether it's a phone call, a visit, or a friendly chat.
- 💛 Think of one thing you're grateful for today, no matter how small.
- 📅 Keep a simple routine to help create structure and balance.
- 😴 Rest when your body or mind needs it, taking time to recharge isn't a luxury, it's an important part of staying well.

This month's gentle reminder: You don't have to do everything at once, take one small step each day, and remember that caring for yourself is an important part of life

If You Need Help, You're Never Alone

If you or someone you care about feels overwhelmed at any point, there are services available even during the holidays:

- **Lifeline Australia:** 13 11 14
- **Beyond Blue:** 1300 22 4636
- **Disability Gateway:** 1800 643 787

Reaching out for help is a sign of strength.

You deserve peace, connection, and care

Take things slowly, honour your needs, and remember that support is always within reach
So, pop the kettle on, wrap yourself in something cozy, and take a moment just for you

NDIS Update - Keeping You in the Loop

As always, we'll keep you informed of any meaningful updates that may impact you or your supports.

New Provider Registration Rules Are Now in Effect

From 1 July 2026, new registration requirements have started for some NDIS providers, including Supported Independent Living (SIL) providers and certain digital platform providers.

These changes are designed to:

- Improve participant safety
- Increase the quality of services
- Strengthen oversight of providers

What this means for participants:

Most participants won't need to do anything. If your provider is affected, they should let you know if any changes are needed.

Government Expands Crackdown on Fraud

The Australian Government has announced further measures to stop fraudulent NDIS providers, including preventing the sale of pre-registered "shell" provider companies that could bypass checks.

The aim is to ensure NDIS funding is spent where it belongs—supporting participants.

Participant Tip:



Always check that your provider is legitimate.



Keep copies of invoices and service agreements.

New Planning Reforms Continue to Roll Out

The NDIA continues to prepare for its new way of planning, which is being introduced gradually.

The reforms aim to:

- Make planning more consistent
- Focus on individual support needs
- Create a simpler planning process

Good news: Existing participants won't automatically have their plans changed overnight. If your plan is affected, you'll be contacted and supported through the process.

Protecting the NDIS

The NDIS provides essential support that helps people with disability live independently, participate in their communities, access employment, and manage everyday activities safely. These supports can include personal care, therapy, assistive technology, home modifications, and support workers.

There are growing concerns about proposed measures to slow the growth of NDIS funding. Many people within the disability community fear that changes to eligibility, funding plans, or support levels could reduce access to services that participants rely on every day.

Supporters of the campaign are calling on the Australian Government to protect access to reasonable and necessary supports, ensure individual needs remain at the centre of decision-making, and work closely with people with disability when considering future reforms.

You can help by sharing your story, contacting your local Member of Parliament, or signing the petition to show your support for a strong and accessible NDIS.

Find out more and sign the petition on our website here:
<https://globaldisabilitysupportservices.com.au/about-us>

Or Here: [: https://www.change.org/p/protect-the-ndis](https://www.change.org/p/protect-the-ndis)

Reminder: Protect Your NDIS Plan

- Never share your plan details for cash offers
- Only work with trusted providers
- Report suspicious activity

Please visit [latest news](#) for other NDIS updates.

For more information or to take part, visit the NDIS Engage and Participant First pages on the NDIS website.



Be Scam Aware - Stay Safe Online Please stay alert to suspicious calls, texts, or emails asking for NDIS or bank details. The NDIA will never request your details via links.

Report scams: 1800 650 717 | Email: fraudreporting@ndis.gov.au





Your Safety Matters

We want to share an important safety reminder to help keep you and your home safe.

Lithium battery safety

There has been an increase in house fires linked to lithium batteries used in everyday items such as e-scooters, mobility devices, phones, and rechargeable equipment.

To stay safe:

- Always use the correct charger for your device
- Avoid overcharging or leaving devices charging overnight
- Keep batteries away from heat and direct sunlight
- Stop using any device that feels hot, damaged, or unusual

Flood and emergency preparedness

With recent extreme weather across Australia, it's important to be prepared for unexpected events like flooding or service disruptions.

Simple ways to prepare:

- Keep a list of your important contacts handy
- Have a small emergency kit (medications, water, essentials)
- Know your support plan if services are delayed
- Reach out early if you feel unsure or need support

Your safety is always our priority. If you have any concerns or would like help preparing, please reach out to our team – we're here for you.





Helpful Supports You Might Not Know About

Did You Know?

Your NDIS Plan Can Be Reviewed if Your Needs Change

Your NDIS plan isn't set in stone. If your circumstances or support needs change significantly, you may be able to request a plan reassessment.

Changes such as a new diagnosis, changes in your living arrangements, increased support needs, or achieving your current goals may all be reasons to discuss your plan with your Support Coordinator or NDIS contact.

You have the right to ask questions about your NDIS plan. If you don't understand:

a planning meeting,

a funding decision,

or a letter from the NDIA,

you can ask for it to be explained in plain language. You can also have a support person, advocate, family member, or support coordinator with you during meetings.

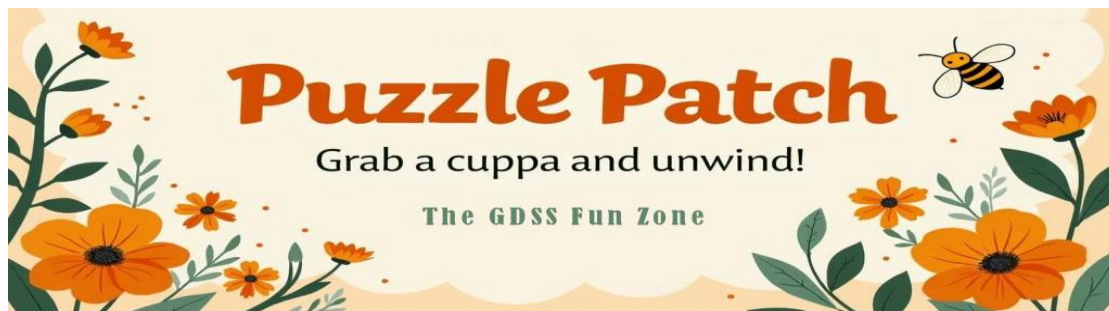
Remember: You don't have to navigate the NDIS alone.

If you feel your current plan no longer reflects your needs, don't wait until your next scheduled review. Speak with your Support Coordinator or Plan Manager about the options available to you.

You can call Wayne during office hours on (07)2810 5569 to find out more and to organise your services

Have you accessed Professional help before? We'd love to hear your experience. Email us at:

Wayne: customercare@globaldisabilitysuccessservices.com.au or Sue:
sueelliott@globaldisabilitysupportservices.com.au



Puzzle Patch Prize! Complete this month's puzzle for your chance to WIN a \$50 Gift Voucher!

To enter: Complete the puzzle

Write your name and contact details, take a photo or scan it, submit your entry before 25th September 2026 to: sueelliott@globaldisabilitysupportservices.com.au

One lucky winner will be drawn at random and featured in next month's newsletter! Good luck everyone, happy puzzling!

September Puzzle

C	U	I	M	C	X	M	L	U	P	G	D	E	P	H	Z	Y	C
E	L	R	A	I	N	B	O	W	R	F	E	M	G	C	T	T	U
L	F	B	U	T	T	E	R	F	L	Y	S	E	B	G	C	J	D
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B	F	V	H	Z	O	A	H	C	X	S	E	O	G	G	E	B	D
R	L	H	E	R	O	I	M	O	L	E	C	R	A	S	P	L	A
A	O	A	E	B	X	H	D	V	J	E	I	I	R	P	L	O	D
T	W	H	U	G	H	S	U	R	N	D	A	E	D	R	A	O	C
E	E	T	D	F	A	M	I	L	Y	S	L	S	E	I	N	M	H
V	R	F	A	T	H	E	R	A	O	D	F	X	N	N	T	L	H
P	S	F	O	L	S	B	D	H	R	T	R	D	H	G	S	J	Q
Q	V	V	B	I	R	D	S	C	K	S	I	N	S	O	Q	Z	B

Find the following words in the puzzle.
Words are hidden → and ↓ and ↘

BEE	FATHER	PLANTS
BIRDS	FLOWERS	RAINBOW
BLOOM	GARDEN	SEEDS
BUTTERFLY	HERO	SPECIAL
CELEBRATE	HUG	SPRING
DAD	LOVE	SUNSHINE
FAMILY	MEMORIES	

Need a hint? Sneak peek the [Answers here](#)



A Sweet Treat for September 🍓 Strawberry Bark



Share a photo with the GDSS team for the newsletter gallery!
sueelliott@globaldisabilitysupportservices.com.au





In caring professions, giving is second nature. You show up, you listen, you support, and you carry more than most people ever see. Day after day, you make a difference in the lives of others—often in moments that matter most. But in the middle of all that giving, there's one person who is easy to overlook: **you**.

Caring is not just what you do, it's who you are. And while that is something to be proud of, it can also mean that your own needs quietly slip to the bottom of the list. Breaks get shortened, emotions get pushed aside, and "I'm fine" becomes the default response. Over time, this can take a toll, not just physically, but emotionally and mentally as well.

Taking care of yourself is not a luxury, and it's not selfish. It is essential. When you are supported and well, you are better able to provide the compassionate, thoughtful care that others rely on. More importantly, you deserve that same care and kindness.

Sometimes, caring for yourself doesn't mean making big changes. It can start with small, meaningful moments:

- Taking a few deep breaths between tasks
- Stepping outside for fresh air
- Having a proper break, even on a busy day
- Checking in with yourself and acknowledging how you're really feeling

These small acts are not insignificant—they are powerful. They create space to reset, even briefly, and remind you that your wellbeing matters.

It's also important to recognise when things feel heavier than usual. Feeling overwhelmed, emotionally drained, or disconnected doesn't mean you're not good at your job—it means you're human. Talking to a colleague, reaching out for support, or simply sharing how you feel can make a real difference. You are not expected to carry everything alone.

There is strength in caring but there is also strength in pausing, in asking for help, and in setting boundaries when needed. Looking after yourself is not stepping away from your role; it is sustaining it.

So today, take a moment. A small pause. A quiet breath. A reminder that while you care for others every day, you are just as worthy of care, compassion, and support.

Because caring for the carer isn't just important - it's essential.

If you need help contact your management team, or have a look at: https://www.wellways.org/our-services/carers-gateway/?gad_source=1&gad_campaignid=20035212701

MEET OUR TEAM



Wayne Tynan

Co-Founder and Chief Executive Officer (CEO)

Wayne brings strong professional leadership to his role, along with invaluable lived experience with disability. After experiencing a stroke and needing disability care himself, Wayne recognised the need for quality, person-centred support built around individual needs.

Driven by empathy, dignity, and respect, Wayne founded Global Disability Support Services to ensure people receive genuine, compassionate, and well-managed support from skilled and caring support workers. His vision is centred on connection, trust, and choice — creating a service that truly listens and puts people first.

Wayne's passion and commitment continue to inspire both the team and the community, helping make Global Disability Support Services a place where people feel valued, heard, and supported.



**Almario Delos Santos
(Tynan)**

Co-Founder , Training Manager & Head Care Coordinator

Almario being an experienced nurse, Lifestyle Manager in Aged Care for more than 8 years has the experience to train our support team in all aspects of safely caring for our clients.

Almario ensures the strategic alignment of Global Disability Support Services training with our business goals. Evaluating individual and organisational performance to ensure training is meeting business needs and improving performance. Identifying training needs by consulting with clients, families & Support coordinators.

Languages Spoken
English
Tagalog [Phillipines]



Sue

Office Administration

Highly skilled, Warm and experienced professional.

Sue is also our Amazing Newsletter Editor.

You can find our Newsletters in the Participants Page on our website.

Languages Spoken
English



Kurt

A Very Caring and highly skilled and experienced Support professional.

Kurt has more than 3 years of Support Work experience.

Languages Spoken
English [Australian]
Portuguese
Spanish



Eugene

A Very Caring and highly skilled and experienced Support professional. Warm and friendly personality. Eugene loves animals and is a veterinarian in Brazil .

Eugene has more than 2 years experience as a Support Worker.

Languages Spoken
English
Portuguese [Brazil]
Spanish



David

A Very Caring and highly skilled and experienced Support professional. Into sports, Fitness, healthy living & Surfing. David holds a bachelors Degree in Psychology from Griffith University.

David is a part-time Australian Army Reservist, he is currently on leave having a New Zealand South Island Adventure. Hopefully enjoying his love of Snowboarding. We wish him safe travels and we hope to see him back again soon.

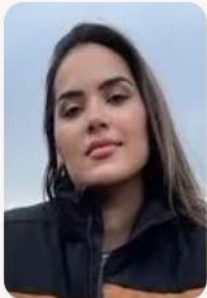
Languages Spoken
English



Leticia

Leticia is deeply committed to supporting participants with respect and kindness, always striving to make a positive difference through encouragement and understanding.

Languages Spoken
English
Portuguese



Lorena

Lorena is known for her caring nature and thoughtful approach to support. She takes pride in understanding each participant as an individual and is committed to creating positive, meaningful experiences that encourage independence and well-being.

Languages Spoken
English
Portuguese [Brazilian]



Stefania

Stefania is a very caring and experienced disability support worker, known for strong communication and emotional support skills.

Her expertise in record maintenance and self-care development, ready to positively impact Participant lives and helping to promote community engagement.

Languages spoken
Spanish
English



Jesse

Jesse is a highly skilled, caring, and active support professional who brings both experience and genuine compassion to his role. We hope you enjoy your journey with us Jesse - we're so glad to have you on board. Jesse is a keen footy player (Rugby League).

Motivated and dependable worker with experience across a

Languages Spoken
English



Daniela

Daniela is a dedicated and compassionate professional, committed to delivering high-quality care, promoting independence, and supporting Participants physical, emotional, and social wellbeing.

Languages Spoken
Portuguese &
English



Ossama

Ossama also known as Sam is a very caring, reliable and highly skilled and experienced support professional, his hobbies and interests are fishing, hiking, sports, camping, swimming and outdoor adventures. He has a Diploma in music and is a Bachelor of pharmacy student. He has 2 and a half years of support worker experience.

Spoken languages
English
Arabic



Diana

Diana is a very Caring, reliable and highly skilled, motivated, enthusiastic and experienced Support professional, Compassionate and dedicated Female Support Worker with 2 years of experience providing high-quality care and assistance to individuals with diverse needs. Mostly experienced in mental health (schizophrenia and ASD), medication administration, Community access activities. Strong empathic approachable and reliable to help her participants feel at home and being listened to.

Languges spoken
English
Portuguese





Join Our GDSS Community

- Share your story for a future newsletter.
- Volunteer or partner with us at upcoming events.
- Follow us on social media for updates and inspiration.

Global Disability Support Services

4/66 Commercial Drive, Shailer Park QLD 4128

Website: globaldisabilitysupportservices.com.au

Phone: (07) 2810 5569

Email: customercare@globaldisabilitysupportservices.com.au

To view past newsletters visit:

<https://globaldisabilitysupportservices.com.au/participant-page>



At Global Disability Support Services, we acknowledge and pay our respects to the traditional owners of the lands across Australia on which we work and live. We pay our respects to Elders, Past, Present and Emerging. We honour their deep connection to land, sea, and community, and recognise their continuing culture and contribution to our nation. We are also committed to embracing diversity and empowering individuals of all abilities. We acknowledge the strength and resilience of people with disabilities and are dedicated to creating inclusive, respectful, and supportive services for everyone in our community. Together, we strive to foster an environment of understanding, equality, and mutual respect for all.



September Puzzle

C	.	.	.	.	.	.	.	.	.	.	.	.	.	.	.
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BEE
BIRDS
BLOOM
BUTTERFLY
CELEBRATE
DAD
FAMILY

FATHER
FLOWERS
GARDEN
HERO
HUG
LOVE
MEMORIES

PLANTS
RAINBOW
SEEDS
SPECIAL
SPRING
SUNSHINE

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