



## FAMILY

# Collaboration

### what is it?

In treatment, a collaborative relationship occurs when the family and provider work together to meet the family's needs and goals.<sup>1,2</sup>

### importance

Good collaboration is associated with:

- Less severe mental health symptoms<sup>3</sup>
- Greater trust in provider and treatment<sup>4</sup>
- Higher child and parent participation during treatment<sup>1,5,6,7,8,9</sup>
- Greater family satisfaction with treatment experience<sup>10,11</sup>

### characteristics

Partnership: A positive relationship between family and provider<sup>1</sup>

Family-centered: Treatment considers the family's needs and goals<sup>12,13,14,15,16</sup>

Participation: Family is actively involved in treatment<sup>1</sup>

### ?s to Ask

How will my family's top concerns be considered in treatment?

How will my family's goals be integrated into treatment?

How are the provider's and my family's goals similar and/or different?

How will my family participate in my child's treatment?