

# **FIND THE LIFE YOU WERE BORN TO LIVE**

**FOR:** \_\_\_\_\_

(Your name)

## **INTRODUCTION**

You may have done a spiritual gifts survey in the past, but this tool provides you with further valuable information in finding God's plan and purpose for your life. The time you take to go through this assessment I believe will give you new insight into yourself.

## **THE PURPOSE OF SHAPE**

What God made me to **BE** determines what He intends for me to **DO**. I will understand the **purpose** I was created for when I understand the kind of **person** I am. This is the secret of knowing God's purpose for your life! God is consistent in His plan for each of our lives. God created you for a purpose. Your assignment is discover that purpose, to "Find the Life You Were Born to Live." The gifts, abilities, talents, your personality, life experiences all are clues to your divine purpose. By going through this assessment and evaluation tool you will discover the ministry God has for you ... The **unique** way God intends for you to serve Him.

## **THE FOCUS OF THE S.H.A.P.E. ASSESSMENT**

It will focus on **Five Personal Factors** that have been combined to SHAPE the "real" you. By identifying the specific traits you possess in each of these areas, the purpose and life God has designed for you will become crystal clear.

## **UNWRAPPING YOUR GIFTS**

God desires you to know the spiritual gift(s) He has chosen for you. "Ask, and it shall be given to you; seek, and you shall find; knock, and it shall be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it shall be opened." (Matt. 7:7,8) Learning more about His gift(s) to us, and the many ways we can use those gifts within the church is a life-long process.

The Bible does not lock us into tight restrictions as to the number of spiritual gifts or even their definitions. The three major lists of gifts are found in Romans 12:3-8, 1 Cor. 12:1-11, 27 -31, and Eph. 4:11- 12 and there are other passages that mention or illustrate gifts not included in these lists.

One person can have many gifts. This list can serve as a helpful guideline, giving us ideas about the kinds of gifts God gives...The key is to find the areas in which the Holy Spirit seems to supernaturally empower you for the life and purpose God has created you for.

## **INSTRUCTIONS**

As you read through this list, prayerfully consider if the biblical definition for each of the gifts describe you. Remember, you can have more than one gift, but everyone has at least one.

The following assessment is is not a test, so there are no wrong answers. The Spiritual Gifts Assessment consists of 96 statements. Some items reflect concrete actions; other items are descriptive traits; and still others are statements of belief.

- Select the one response you feel best characterizes yourself and place that number in the blank provided beside each item.
- Do not spend too much time on any one item. Remember, it is not a test. Usually your immediate response is best.
- Please give an answer for each item. Do not skip any items.
- Do not ask others how they are answering or how they think you should answer.
- Work at your own pace.

Your response choices are:

1. Not at all characteristic of me/definitely untrue for me
2. Occasionally characteristic of me/true for me-about 25 percent of the time
3. Frequently characteristic of me/true for me-about 50 percent of the time
4. Most of the time this would describe me/be true for me
5. Highly characteristic of me/definitely true for me

## THE PURPOSE OF YOUR LIFE CAN BE DETERMINED BY SEVERAL FACTORS

**My S. H. A. P. E. will points toward my purpos!**

**S = Spiritual Gifts**

**What gifts do I have?**

**H = Heart (passion, desire)**

**What do I love to do?**

**A = Abilities**

**What natural talents and skills do I have?**

**P = Personality**

**Where does my personality best suit me to serve?**

**E = Experience**

**What spiritual, painful, educational, life, job, and ministry experiences have I had?**



**Unwrapping Your Gifts** will give you an overview of spiritual gifts and help you identify which ones you may have been given by God.



**Monitoring Your Heartbeat** will help you clarify what you really love to do.



**Applying Your Abilities** will help you appreciate the natural talents and vocational skills you have.



**Plugging in Your Personality** will help you see how your God-given temperament can best be used in your life calling and purpose.



**Examining Your Experiences** will help you review your history to discover how God has prepared you for a unique purpose and life that only you can fulfill.

As you complete each tool, transfer your results to the form called –  
**“My Personal Profile” on page 22**

## PART I – UNWRAPPING MY SPIRITUAL GIFTS

### Spiritual Gifts Survey

Next to each of the follow 63 statements check the appropriate number that expresses your feelings.

	(3) MUCH	(2) SOME	(1) LITTLE	(0) NOT AT ALL
1. You can easily delegate job responsibilities to others.				
2. You enjoy designing brochures and illustrating text.				
3. You enjoy fixing and repairing things.				
4. You enjoy introducing people to Jesus Christ so that they understand what a personal relationship with Jesus Christ is.				
5. You enjoy encouraging people when they are discouraged.				
6. You find it easy to make money and you enjoy giving it to the church and other Christian projects.				
7. You like helping people do things as long as you can stay behind the scene.				
8. You like to provide food and/or housing for people when they are in need.				
9. You like to pray often for other people.				
10. When you read the Bible, you see new truths and you want to explain them to others in everyday language.				
11. You enjoy getting others to reach their goals.				
12. You enjoy reaching out to the down and outers.				
13. You enjoy listening to people and gently helping them to take steps towards maturity in Christ.				
14. You like music and enjoy playing an instrument or singing to the glory of God.				
15. You like doing the little routine things around the church that no one else ever gets to do.				
16. You like helping other people learn new things about the Bible.				
17. You enjoy speaking for God when faced with situations where God's will is in doubt.				
18. You like to see through to the heart of matters and determine if people's motives are good or bad.				
19. You enjoy envisioning how much better things could be and acting on those convictions.				
20. You enjoy speaking to God in an unknown but very expressive language.				
21. You enjoy being God's instrument in making people well, physically, emotionally or spiritually.				
22. You like to organize time, talent, and people to accomplish projects.				
23. You like working in gardens and flower beds.				
24. You like working on lawns and outside maintenance and inside repairs.				
25. You enjoy telling others how you began your relationship with Jesus Christ, and how they too can have a relationship with Christ.				
26. You like supporting people who are working at solving problems in their lives.				
27. You enjoy giving lots of time, talent or money to the church because you are so thankful for what God has done for you.				

	(3) MUCH	(2) SOME	(1) LITTLE	(0) NOT AT ALL
28. You enjoy doing office work such as typing, filing, and answering phones.				
29. You enjoy having people stay with you in your home and sharing your things (cars, equipment, etc.) with them.				
30. You are very aware that your prayers are heard by God and that He acts on them.				
31. You enjoy discovering new facts and principles that help others in their spiritual growth.				
32. You enjoy knowing that people feel good about following your example and directions.				
33. You like calling on people when they are sick, or in jail, or just can't get out of the house.				
34. You like taking responsibility for the spiritual maturity of others and helping them grow.				
35. You enjoy taking part in a church, school, or community music program.				
36. You enjoy doing fix-it jobs around the church.				
37. You enjoy teaching Bible stories and helping other people understand them better.				
38. You are glad to speak up for the ways of God in the face of worldly injustice and immorality.				
39. You enjoy an ability to test the spiritual source behind a deed or activity when others can't see it.				
40. You easily believe that with God all things are possible, even when facing extreme difficulties.				
41. You enjoy an ability to communicate with God and others in extraordinary languages.				
42. You are humbled to think that God has worked through you in powerful ways to bring real healing into the lives of suffering people.				
43. You enjoy planning programs which help other Christians.				
44. You really enjoy working with your hands.				
45. You find great joy in repairing things.				
46. You look forward to opportunities to share Christ with strangers.				
47. You like to do and say things that are positive and helpful to people who are discouraged, suffering from shame, or addiction.				
48. You respond enthusiastically when confronted with real financial needs.				
49. You enjoy it when someone depends on you for practical kinds of help.				
50. You love making people feel at home when they visit a church event.				
51. You really enjoy times set aside for prayer, both in your personal devotions and other opportunities.				
52. You seem to be able to help people make sense of the Bible and how to apply their new insights.				
53. You enjoy motivating others to make positive decisions to complete projects.				
54. You enjoy visiting retirement homes and places where people are sick or disadvantaged.				
55. You enjoy the way people entrust their lives and spiritual problems to you and you protect this trust.				
56. It makes you happy to give other people enjoyment by doing something musical.				
57. You like it when people ask you to do things to help them and you do it cheerfully and humbly.				
58. You enjoy the challenge of teaching children or adults about God's love.				
59. You find it easy to take a meaningful stand for the truth when others seem to ignore it.				
60. You sense immediately what God is asking when the Bible says "test the spirits".				

61. You prefer to relate to people in terms of the potential you see in them rather than their history.	(3) <b>MUCH</b>	(2) <b>SOME</b>	(1) <b>LITTLE</b>	(0) <b>NOT</b>
62. Occasionally you've had your personal prayers interpreted into ordinary language so that other people could benefit from them.				<b>AT ALL</b>
63. You sometimes sense God's leading to lay hands on a person and pray for them because He is about to heal them.				

## Instructions

Now place the number you selected from the Spiritual Gifts Survey next to the corresponding question number in the "Value of Answers" column below. Then add up the three numbers that you have recorded across in each row, placing the sum in the "Total Column".

<b>ROWS</b>	<b>VALUE OF ANSWERS</b>			<b>TOTAL</b>	<b>SPIRITUAL GIFTS</b>
Row A	1	22	43		Administration
Row B	2	23	44		Artistic
Row C	3	24	45		Craftsmanship
Row D	4	25	46		Evangelism
Row E	5	26	47		Encouragement
Row F	6	27	48		Giving
Row G	7	28	49		Helps
Row H	8	29	50		Hospitality
Row I	9	30	51		Prayer
Row J	10	31	52		Knowledge
Row K	11	32	53		Leadership
Row L	12	33	54		Mercy
Row M	13	34	55		Shepherding
Row N	14	35	56		Music
Row O	15	36	57		Serving
Row P	16	37	58		Teaching
Row Q	17	38	59		Prophecy
Row R	18	39	60		Discernment
Row S	19	40	61		Vision (Faith)
Row T	20	41	62		Tongues
Row U	21	42	63		Healing

Now write in the list below and on your profile on page 22, the three categories in which you scored the highest. This will give you one indication of your spiritual gifts:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### **DEFINITIONS OF THE SPIRITUAL GIFTS**

**Administration:** The special ability to be a leader for the church in directing and planning its life and order. The special ability to plan and execute procedures that increase the church's organizational effectiveness. An example can be found in Acts 15.

**Art/Graphic Artist:** The special ability to sense what will look good or communicate in an effective way on paper, banners, in sculpture, gardens, and other visual mediums. See Exodus 31:3-11.

**Craftsmanship:** The special ability to create, troubleshoot, and repair the technical and hardware supports necessary for church ministries. See 2 Chronicles 34:9-13.

**Evangelism:** The special ability to effectively share one's faith with non-Christians in a way that leads to a new commitment to Christ. An example is Peter in Acts 2:14-29 or Philip in Acts 8:1-7.

**Encouragement:** The unique ability to comfort, strengthen, and challenge those faced with significant choices or actions. An example can be found in Acts 9:26-30.

**Giving:** This is the ability to contribute significant material wealth, time, or talents to support ministries of Christ and the church. People with this gift seem to be able to create resources easily and contribute them unselfishly. See 2 Corinthians 8:1-7.

**Helps:** The special ability to assist others in practical ways that are nonetheless very necessary. Often this gift complements other ministries and makes them more effective. See Romans 16:1-2.

**Hospitality:** The special ability to open one's home to strangers in a way that makes them feel comfortable and to make visitors to church events feel welcome and appreciated. See Acts 16:15.

**Prayer:** This is the unique ability to intercede faithfully and constantly before God for the needs of people and ministries. Often these "prayer warriors" see God answering prayer in exceptional ways. Colossians 4:12.

**Knowledge:** This is the special ability to discover and comprehend truths one gains in Bible study -- the details, the various themes, and the message of the Bible as a whole as it applies to any situation. An example of this gift can be found in 1 Corinthians 2 and 4.

**Leadership:** The unique ability to motivate, equip, and direct others in the ministry of Christ. This ability is always tempered by a loving concern for the ones being led. See Acts 13:1-3 and Acts 15.

**Mercy:** The ability to express deep concern and loving compassion towards people who are discouraged, mistreated, or just plain down and out, even if as a result of their own choices. Mercy is the gift that finds a way to minister appropriately to people who suffer. Acts 9:36 or Romans 15:1.

**Shepherding:** The special ability to guide, nurture, and care for individuals and groups in the church so that they grow in their faith and spiritual maturity. This is the gift of being responsible for the welfare and unity of Christ's disciples. See 1 Peter 5:1-9.

**Musical:** The ability to use one's voice or an instrument to bring glory to God and communicate effectively with people. An example is found in 1 Chronicles 16:41-42.

**Serving:** This is the ability to meet the physical and practical needs of people in or out of the church. The gift of service meets those needs with humility and takes joy in being helpful to others. Acts 6:1-6.

**Teaching:** The ability to teach, train, and encourage Christians in the way of Christ with clarity and faithfulness to the Bible. John 21:15-17 or 1 Timothy 4:6,11 and 5:17.



**Prophecy:** The special ability to proclaim and stand for God's truth in the face of confusion or disobedience and in a way that leads to correction, repentance or encouragement. Acts 11:27-30, 21:7-12.

**Discernment:** The special ability to see through to the spiritual motives in people, events and actions and to determine whether or not they are of God. See 1 John 2 and 3.

**Vision or Faith:** It is an exceptional ability to see what isn't and to believe and act as though it will be because God will do it, especially in terms of the advance of the Kingdom or the increase in the church. Acts 16:9,10,18, 18:9-11, 27:21-26.

**Tongues:** The special ability to communicate effectively with God or others in a language not learned in conventional ways. Tongues may be a gift for personal encouragement or it may be a gift for the building up of the whole church (when interpreted). See Acts 2:1-13; 1 Corinthians 14:1-19.

**Healing:** The ability to be a channel of God's power to restore human brokenness and relieve suffering. See Acts 3:1-10; 1 Corinthians 12:27-30.

## PART II - MONITORING MY HEARTBEAT

### GOD HAS GIVEN EACH PERSON A UNIQUE "HEARTBEAT"

God had a purpose in giving you your inborn interests. In fact, your emotional heartbeat reveals a very important key to understanding God's design and intention for your life. The key to understanding your heartbeat is to look at your past accomplishments.

#### **Step One:** LIST AND DESCRIBE YOUR ACCOMPLISHMENTS SINCE CHILDHOOD

##### **What to Include:**

- ✂ Accomplishments at home, school, work, etc.
  - ✂ Things you **enjoyed** doing
  - ✂ Things you believe you did **well**
  - ✂ Give specific details about what you did
  - ✂ Forget what other people think about it
1. Remember, you are recalling things you **enjoyed doing** and **did well** (accomplishments), not just pleasant experiences.  
**Bad example:** "Had a great vacation in the Rockies."  
**Good example:** "Took some stunning photographs during my vacation."
  2. You do not have to cover every year of your life. Just focus on what **you feel** are the highlights of the things you've done.

Here are some brainstorming suggestions to get you started. For each period of your life, think about the following things:

- |           |   |
|-----------|---|
| Your home | – favorite rooms, how was your room decorated? Favorite toys, games, activities, movies, books. |
| School    | – awards you won, favorite teachers and classes, extra curricular activities.                   |
| Friends   | - boy/girlfriends, enemies.   |
| Jobs      | - places you worked those you liked/disliked.   |
| Clothes   | - you wore, things you enjoy doing around the house.  |

**MY HIGHLIGHTS OF THE THINGS I DID WELL AND ENJOYED DURING**  
**MY ELEMENTARY SCHOOL YEARS**

1.

2.

3.

**AS A TEENAGER**

1.

2.

3.

**IN COLLEGE OR EARLY 20's**

1.

2.

3.

4.

**MY "THIRTY-SOMETHING" YEARS**

1.

2.

3.

4.

**COMPLETE UP TO YOUR PRESENT**

1.

2.

3.

4.

5.

## **Step Two:** DISCOVER THE MOTIVATED DIRECTION OF YOUR HEART

Examine your achievements for a common motivational thread. You might find a key phrase repeated. See if you can match one of the "heartbeats" listed below as examples. Choose as many as apply to you.

### **I LOVE TO ...**

**DESIGN/DEVELOP** - I love to make something out of nothing. I enjoy getting something started from scratch.

**PIONEER** - I love to test and try out new concepts. I am not afraid to risk failure.

**ORGANIZE** - I love to bring order out of chaos. I enjoy organizing something that is already started.

**OPERATE/MAINTAIN** - I love to efficiently maintain something that is already organized.

**SERVE/HELP** - I love to assist others in their responsibility. I enjoy helping others succeed.

**ACQUIRE/POSSESS** - I love to shop, collect or obtain things. I enjoy getting the highest quality for the best price.

**EXCEL** - I love to be the best and make my team the best. I enjoy setting and attaining the highest standard.

**INFLUENCE** - I love to convert people to my way of thinking. I enjoy shaping the attitudes and behavior of others.

**PERFORM** - I love to be on stage and receive the attention of others. I enjoy being in the limelight.

**IMPROVE** - I love to make things better. I enjoy taking something that someone else has designed or started and improve it.

**REPAIR** - I love to fix what is broken or change what is out of date.

**LEAD/BE IN CHARGE** - I love to lead the way, oversee and supervise. I enjoy determining how things will be done.

**PERSEVERE** - I love to see things to completion. I enjoy persisting at something until it is finished.

**FOLLOW THE RULES** - I love to operate by policies and procedures. I enjoy meeting the expectations of an organization or boss.

**PREVAIL** - I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice.

You should be able to support your choice with examples from your achievements.

For example:

"I feel the basic motivation God put in my heart is to 'ACQUIRE/POSSESS':

My history demonstrates this:

- I purchased my first car at age 16
- I have collected rare stamps
- I have built up a large cash reserve
- I have acquired options on three properties"

WRITE THE BASIC MOTIVATIONAL DIRECTION OF YOUR HEART THAT YOU FEEL MOST STRONGLY ABOUT BELOW, AND ON YOUR PERSONAL PROFILE: (you can have more than one)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## **PART III - APPLYING MY ABILITIES**

### **DISCOVER YOUR MOTIVATED ABILITIES**

Look over your list of accomplishments again.

**Now Circle all verbs** that denote actions performed while you were doing each achievement. Now compare those verbs to the list below and check those abilities you feel you have.

### **26 SPECIALIZED ABILITIES**

**Entertaining Ability** - to perform, act, dance, speak

**Recruiting Ability** - to enlist and motivate people to get involved

**Interviewing Ability** - to discover what others are really like

**Researching Ability** - to read, gather information, collect data

**Artistic Ability** - to conceptualize, picture, draw, paint, photograph or make renderings

**Graphics Ability** - to lay out, design, create visual displays or banners

**Evaluating Ability** - to analyze data and draw conclusions

**Planning Ability** - to strategize, design and organize programs and events

**Management Ability** - to supervise people to accomplish a task or event and co-ordinate the details involved

**Counseling Ability** - to listen, encourage and guide with sensitivity

**Teaching Ability** - to explain, train, demonstrate, tutor

**Writing Ability** - to write articles, letters, books

**Editing Ability** - to proof-read or rewrite

**Promoting Ability** - to advertise or promote events or activities

**Repairing Ability** - to fix, restore, maintain 13

**Feeding Ability** - to create meals for large or small groups

**Recall Ability** - to recall or remember names and faces

**Mechanical Operating Ability** - to operate equipment, tools or machinery

**Resourceful Ability** - to search out and find inexpensive materials or resources needed

**Counting Ability** - to work with numbers, data or money

**Classifying Ability** - to classify, cross-reference, systematize and file articles, data, books, and materials so they can be retrieved easily

**Public Relations Ability** - to handle complaints and unhappy customers with care and courtesy

**Welcoming Ability** - to convey warmth, develop rapport, making others feel welcome

**Composing Ability** - to write music or lyrics

**Landscaping Ability** - to do gardening and work with plants

**Decorating Ability** - to beautify a setting for a special event

LIST YOUR SPECIALIZED ABILITIES BELOW AND ON YOUR PERSONAL PROFILE. (ADD MORE IF YOU NEED TO)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

## PART IV - PLUGGING IN YOUR PERSONALITY

### HOW DO I SEE MYSELF?

<b>Extroverted</b>	2	1	2	<b>Introverted</b>	3
extreme		mild		extreme	
<hr/>					
<b>Thinker</b>	2	1	2	<b>Feeler</b>	3
extreme		mild		extreme	
<hr/>					
<b>Routine</b>	2	1	2	<b>Variety</b>	3
		mild		extreme	
<hr/>					
<b>Self-Controlled</b>	2	1	2	<b>Self-Expressive</b>	3
		mild		extreme	
<hr/>					
<b>Cooperative</b>	2	1	2	<b>Competitive</b>	3
		mild		extreme	
<hr/>					

RECORD YOUR RESPONSES ON YOUR PERSONAL PROFILE



## HOW DO I SEE MYSELF?

(Place a check mark next to appropriate descriptions and double for total in each of the four boxes – no score in any box can exceed 28 points)

<p style="text-align: center;"><b>L</b></p> <table style="width: 100%;"> <tr> <td style="width: 50%;"> <b>takes charge</b>  <b>Assertive Bold</b>  <b>Enterprising</b>  <b>Decision maker</b>  <b>Goal driven</b>  <b>Enjoys challenges</b> </td> <td style="width: 50%;"> <b>Determined</b>  <b>Firm</b>  <b>Purposeful</b>  <b>Competitive</b>  <b>Leader</b>  <b>Self-reliant</b>  <b>Adventurous</b> </td> </tr> </table> <p style="text-align: center;"><b>"Let's do it now!"</b></p> <p style="text-align: center;"><b>Total X 2 = _____</b></p>	<b>takes charge</b> <b>Assertive Bold</b> <b>Enterprising</b> <b>Decision maker</b> <b>Goal driven</b> <b>Enjoys challenges</b>	<b>Determined</b> <b>Firm</b> <b>Purposeful</b> <b>Competitive</b> <b>Leader</b> <b>Self-reliant</b> <b>Adventurous</b>	<p style="text-align: center;"><b>O</b></p> <table style="width: 100%;"> <tr> <td style="width: 50%;"> <b>Takes risk</b>  <b>Motivator Fun</b>  <b>Loving Very verbal</b>  <b>Enjoys change</b>  <b>Group oriented</b>  <b>Avoids detail</b> </td> <td style="width: 50%;"> <u><b>Visionary</b></u>  <b>Energetic</b>  <b>Likes variety</b>  <b>Promoter</b>  <b>Creative</b>  <b>Mixes well</b>  <b>Optimistic</b> </td> </tr> </table> <p style="text-align: center;"><b>"Trust me. It will work out!"</b></p> <p style="text-align: center;"><b>Total X 2 = _____</b></p>	<b>Takes risk</b> <b>Motivator Fun</b> <b>Loving Very verbal</b> <b>Enjoys change</b> <b>Group oriented</b> <b>Avoids detail</b>	<u><b>Visionary</b></u> <b>Energetic</b> <b>Likes variety</b> <b>Promoter</b> <b>Creative</b> <b>Mixes well</b> <b>Optimistic</b>
<b>takes charge</b> <b>Assertive Bold</b> <b>Enterprising</b> <b>Decision maker</b> <b>Goal driven</b> <b>Enjoys challenges</b>	<b>Determined</b> <b>Firm</b> <b>Purposeful</b> <b>Competitive</b> <b>Leader</b> <b>Self-reliant</b> <b>Adventurous</b>				
<b>Takes risk</b> <b>Motivator Fun</b> <b>Loving Very verbal</b> <b>Enjoys change</b> <b>Group oriented</b> <b>Avoids detail</b>	<u><b>Visionary</b></u> <b>Energetic</b> <b>Likes variety</b> <b>Promoter</b> <b>Creative</b> <b>Mixes well</b> <b>Optimistic</b>				
<p style="text-align: center;"><b>G</b></p> <table style="width: 100%;"> <tr> <td style="width: 50%;"> <b>Loyal</b>  <b>Even keel</b>  <b>Enjoys routine</b>  <b>Good listener</b>  <b>Sympathetic</b>  <b>Nurturing</b>  <b>Tolerant</b> </td> <td style="width: 50%;"> <b>Non-demanding</b>  <b>Avoids conflict</b>  <b>Dislikes pushiness</b>  <b>Adaptable</b>  <b>Thoughtful</b>  <b>Patient</b>  <b>Deep relationships</b> </td> </tr> </table> <p style="text-align: center;"><b>"Remember that we're a family!"</b></p> <p style="text-align: center;"><b>Total X 2 = _____</b></p>	<b>Loyal</b> <b>Even keel</b> <b>Enjoys routine</b> <b>Good listener</b> <b>Sympathetic</b> <b>Nurturing</b> <b>Tolerant</b>	<b>Non-demanding</b> <b>Avoids conflict</b> <b>Dislikes pushiness</b> <b>Adaptable</b> <b>Thoughtful</b> <b>Patient</b> <b>Deep relationships</b>	<p style="text-align: center;"><b>B</b></p> <table style="width: 100%;"> <tr> <td style="width: 50%;"> <b>Deliberate</b>  <b>Reserved</b>  <b>Practical</b>  <b>Factual</b>  <b>Detailed</b>  <b>Inquisitive</b>  <b>Persistent</b> </td> <td style="width: 50%;"> <b>Controlled</b>  <b>Predictable</b>  <b>Orderly</b>  <b>Discerning</b>  <b>Analytical</b>  <b>Precise</b>  <b>Scheduled</b> </td> </tr> </table> <p style="text-align: center;"><b>"If it's worth doing. It's worth doing right!"</b></p> <p style="text-align: center;"><b>Total X 2 = _____</b></p>	<b>Deliberate</b> <b>Reserved</b> <b>Practical</b> <b>Factual</b> <b>Detailed</b> <b>Inquisitive</b> <b>Persistent</b>	<b>Controlled</b> <b>Predictable</b> <b>Orderly</b> <b>Discerning</b> <b>Analytical</b> <b>Precise</b> <b>Scheduled</b>
<b>Loyal</b> <b>Even keel</b> <b>Enjoys routine</b> <b>Good listener</b> <b>Sympathetic</b> <b>Nurturing</b> <b>Tolerant</b>	<b>Non-demanding</b> <b>Avoids conflict</b> <b>Dislikes pushiness</b> <b>Adaptable</b> <b>Thoughtful</b> <b>Patient</b> <b>Deep relationships</b>				
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**Chart each of these totals from above onto the graph on the following page.**

	<b>L</b>	<b>O</b>	<b>G</b>	<b>B</b>
<b>30-</b>	--	--	--	--
<b>26-</b>	--	--	--	--
<b>22-</b>	--	--	--	--
<b>18-</b>	--	--	--	--
<b>14-</b>	--	--	--	--
<b>10-</b>	--	--	--	--
<b>6-</b>	--	--	--	--
<b>2-</b>	--	--	--	--
<b>0-</b>	--	--	--	--

The following page gives a description of each personality type to help give you more insight to who you are. Do any of these descriptions sound like you? Ask others which personality type they think you are.

## Personality Graph

### **L = LION . . . you will naturally**

- ✂ **Gravitate to positions of leadership**
- ✂ **Be decisive and quick to make decisions**
- ✂ **Avoid chit-chat and want to "get to the point"**
- ✂ **Have the time orientation of "let's do it now!"**
- ✂ **Love to overcome obstacles and take on challenges**
- ✂ **May not see the impact of your words or criticisms on others**

### **O = OTTER . . . you will naturally**

- ✂ **Make life fun!**
- ✂ **Love to talk to others**
- ✂ **Easily get excited and encouraged** ✂ **Enjoy groups and high activity level**
- ✂ **Avoid details, close accountability and deadlines**
- ✂ **Have the future oriented time frame of "it'll all work out!"**

### **G = GOLDEN RETRIEVER . . . you will naturally**

- ✂ **want to go deep in your relationships**
- ✂ **Express tremendous loyalty to those you love**
- ✂ **Listen attentively (and at length) to another's problems**
- ✂ **Be more sensitive to needs of others than other bents**
- ✂ **Carry emotional and financial stability**
- ✂ **Prefer stability . . . even if it means peace at all costs.**

### **B = BEAVER . . . you will naturally**

- ✂ **Want to do things right and by the book**
- ✂ **strive for accuracy and quality, not quickness**
- ✂ **see a person's past as a key to trusting them in the future**
- ✂ **want clearly defined tasks, limited risk, and an open door environment for asking questions of clarification**
- ✂ **be very creative in designing helpful systems, if encouraged and allowed to work at your own pace**
- ✂ **be so good at taking things apart, you can also take people apart and become a strong critic when wronged**

**LIONS** and **BEAVERS**, by nature, tend to be hard on problems . . . often on people as well. **OTTERS** and **GOLDEN RETRIEVERS** tend to be soft on people . . . but they can be too soft on problems.

## PART V - EXAMINING MY EXPERIENCES

One of the most overlooked factors in determining your purpose and the life you were born to live are your past experience, **particularly the hurts and problems you** have overcome with God's strength. Since our greatest life messages come out of our weaknesses, not our strengths, we should pay close attention to what we've learned in "the school of hard knocks." However, we should never allow the past to define our future. It should help and motivate us to move forward "*toward the goal for the prize of the upward call of God in Christ Jesus.*" (Philippians 3:14)

ON THE NEXT PAGE, RECORD THESE EXPERIENCES:

- |  |  |
|--|--|
| <b>Your Spiritual Experiences:</b>     | Meaningful decisions/times with God          |
| <b>Your Painful Experiences:</b>       | Problems, hurts, trials-that have taught you |
| <b>Your Educational Experiences:</b>   | What were your favorite subjects in school   |
| <b>Your Ministry/Work Experiences:</b> | How have you served in the past              |

**My Spiritual Experiences**

**My Painful Experiences**

**My Educational Experiences**

**My Ministry/Work Experiences**

## Personal S.H.A.P.E. Profile For:

**Your Name:** \_\_\_\_\_

S.H.A.P.E.	Self – Assessment	Comments/Notes	Potential Matching Ministries				
<b>S</b> piritual Gifts	<b>Top Three Spiritual Gifts:</b> 1. _____ 2. _____ 3. _____						
<b>H</b> earth/ Passion	<b>The Basic Motivation of My Heart:</b> 1. _____ 2. _____ 3. _____						
<b>A</b> bilities	<b>My Specialized Abilities:</b> 1. _____ 4. _____ 2. _____ 5. _____ 3. _____ 6. _____						
<b>P</b> ersonality	<b>I See Myself As:</b> 1. _____ 2. _____ 3. _____ 4. _____ 5. _____ <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-top: 10px;">             Lion (Circle)              Otter              Golden Retriever           </div>						
<b>E</b> xperiences	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;">My Spiritual Experiences</td> <td style="width: 50%; padding: 5px;">My Educational Experiences</td> </tr> <tr> <td style="width: 50%; padding: 5px;">My Painful Experiences</td> <td style="width: 50%; padding: 5px;">My Ministry/Work Experiences</td> </tr> </table>	My Spiritual Experiences	My Educational Experiences	My Painful Experiences	My Ministry/Work Experiences		
My Spiritual Experiences	My Educational Experiences						
My Painful Experiences	My Ministry/Work Experiences						
Date: ____/____/____      Signature _____							