

# SUMMER SPECIALTY SCHEDULE (JUNE 3 - AUGUST 31)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:15 AM	POWER CIRCUIT	REFORMER	POWER CIRCUIT	FIT MIX			
8:30 AM			REFORMER	REFORMER	REFORMER		
9:30 AM	REFORMER	REFORMER	REFORMER	REFORMER	REFORMER		
	TRX		POWER CIRCUIT	FIT-MIX	H.I.I.T		
10:00 AM			IYENGAR YOGA				
10:30 AM		REFORMER		REFORMER	REFORMER	REFORMER	
12:00 PM		REFORMER (12:15PM)					
5:45 PM		TRX	REFORMER 5:30PM	REFORMER			
6:45 PM	REFORMER		REFORMER (6:30PM)	REFORMER			
7:00PM			IYENGAR YOGA				
8:00 PM		REFORMER	REFORMER (7:30PM)	REFORMER			
8:30 PM			IYENGAR RESTORATIVE (8:30PM)				
	<b>SPECIALTY FITNESS</b>						