

## Cyrene Ltd Training Services – Course Catalogue

We deliver professional, accredited training designed to empower individuals and organisations life-saving skills. Our courses are tailored to specific industries and environments, ensuring every participant gains confidence, competence and compliance.

---



**Defibrillator Training** – Learn how to act quickly and effectively with defibrillators in critical emergencies.

- **AED Awareness** – A short, impactful introduction to the importance of Automated External Defibrillators.
  - **AED Familiarisation** – Build hands-on confidence in recognising, operating, and maintaining AEDs.
  - **AED Level 2** – Gain accredited skills for workplace and community AED use, enhancing safety standards.
- 

**Emergency First Aid at Work** – Essential training for immediate response to workplace incidents.

- **Level 3 Emergency First Aid at Work** – Accredited qualification covering advanced first aid responsibilities.
  - **Specialist Level 3 Courses** – Tailored to unique environments:
    - **Drivers** – roadside emergencies and transport safety
    - **Farmers** – agricultural risks and outdoor hazards
    - **Forestry** – chainsaw injuries and remote response
    - **Pharmacists** – customer care and workplace scenarios
    - **Rugby Clubs** – sports injuries and pitch-side response
    - **Aviation** – in-flight and ground emergencies
    - **Fitness & Dance** – exercise-related incidents
    - **Sports** – general sports club safety
-

**First Aid at Work** – Comprehensive training for designated workplace first aiders.

- **Level 3 First Aid at Work** – Accredited programme covering advanced workplace practices.
  - **Annual Refresher** – Keep your certification current and your skills sharp.
  - **Specialist Level 3 Courses** – Focused training for:
    - **Equestrian** – horse-related risks
    - **Forestry** – outdoor hazards and compliance
    - **Electrical Injuries** – safe response to shocks and burns
- 

#### **Paediatric & Schools First Aid**

- **Level 3 Emergency First Aid at Work (Paediatric – Infant & Child)** – Emergency skills tailored for young children.
  - **Level 3 First Aid at Work including Paediatric** – Combined workplace and paediatric certification for broader coverage.
  - **Paediatric Basic Life Support** – CPR and life-saving skills for infants and children.
  - **First Aid for Playground Staff** – Practical training for supervisors managing child-specific incidents.
  - **First Aid for Teachers** – Classroom-focused training for educators.
  - **First Aid for Schools** – Comprehensive programme ensuring child safety and compliance across school environments.
- 

#### **Why Choose Cyrene Ltd?**

- Accredited qualifications recognised across industries
  - Tailored courses for specific environments and professions
  - Practical, hands-on training that builds confidence
  - Compliance-focused programmes to meet legal and organisational standards
-