Vision Board



2025

A VISION BOARD IS A VISUAL REPRESENTATION OF YOUR GOALS, DREAMS, AND INTENTIONS—BASICALLY, A COLLAGE OF IMAGES, WORDS, AND SYMBOLS THAT REFLECT WHAT YOU WANT TO ATTRACT OR ACHIEVE IN YOUR LIFE.

WHAT IT INCLUDES:

- PICTURES (FROM MAGAZINES OR PRINTED ONLINE) OF THINGS YOU WANT IN YOUR LIFE: A HOUSE, TRAVEL DESTINATIONS, WELLNESS, SUCCESS SYMBOLS, ETC.
- WORDS OR AFFIRMATIONS LIKE "CONFIDENCE," "FREEDOM," "GROWTH," OR "BALANCE."
- QUOTES OR PHRASES THAT INSPIRE YOU.
- PERSONAL SYMBOLS (LIKE A SUN FOR HOPE, A MOUNTAIN FOR ACHIEVEMENT, ETC.)

HOW IT CAN HELP YOU IN 2025:

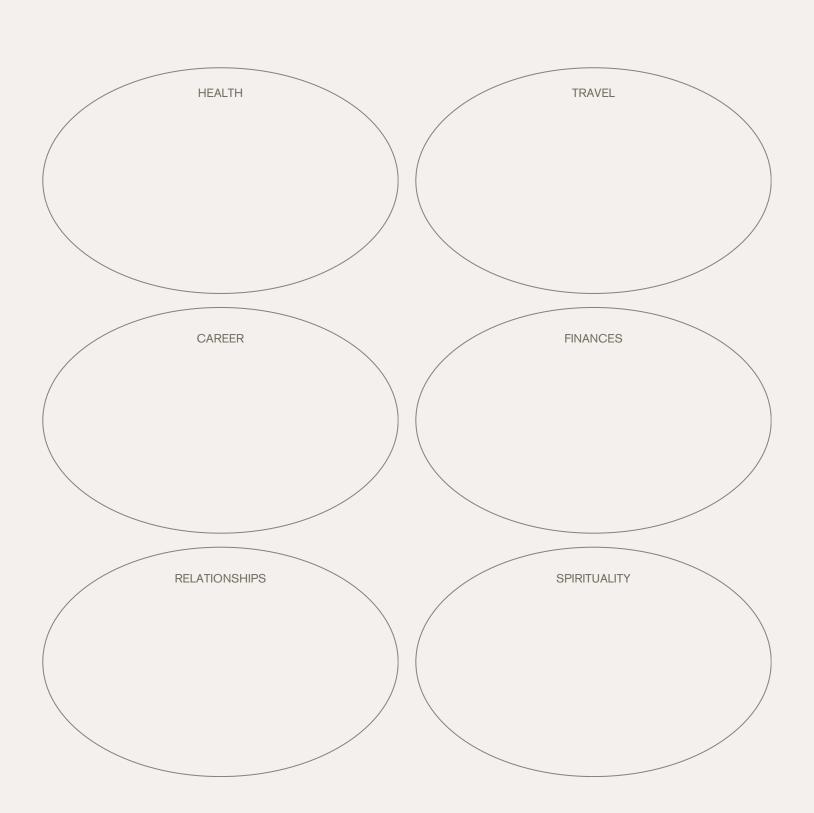
- CLARIFIES YOUR VISION
- YOU TRANSLATE VAGUE WISHES INTO SPECIFIC, VISUAL GOALS—MAKING THEM MORE REAL.
- KEEPS YOU FOCUSED
- SEEING IT REGULARLY REMINDS YOU OF YOUR "WHY" AND HELPS ALIGN YOUR DAILY ACTIONS WITH YOUR BIGGER GOALS.
- BOOSTS MOTIVATION
- WHEN YOU'RE FEELING OFF TRACK OR DISCOURAGED, YOUR VISION BOARD CAN REIGNITE YOUR ENERGY.
- ACTIVATES THE LAW OF ATTRACTION (IF YOU'RE INTO THAT)
- ENCOURAGES POSITIVE EMOTIONS
- LOOKING AT THINGS THAT MAKE YOU FEEL HAPPY, HOPEFUL, AND EXCITED BUILDS A MINDSET FOR SUCCESS.

YOUR VISION BOARD IS ON THE NEXT PAGE. PLACE IT SOMEWHERE YOU'LL SEE IT DAILY. YOU CAN PRINT ONE FOR THE ENTIRE YEAR, OR PRINT 12 - ONE FOR EACH MONTH.

Vision Board



(Day): (Month): (Year):



PRODUCTIVITY	MOOD
MAIN HIGHLIGHTS OF THE MONTH	
THINGS I LEARNED	
I'M GRATEFUL FOR	
THINGS TO DO BETTER NEXT MONTH	

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THINGS I LEARNED	
I'M GRATEFUL FOR	
THINGS TO DO BETTER NEXT MONTH	
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