

Let's pause.

Sounds a bit dramatic, but this happens in the office too.

Someone gets ignored, interrupted. Overwhelmed.

While they're caught off guard, someone else... takes up all the space.

And the "sea"?

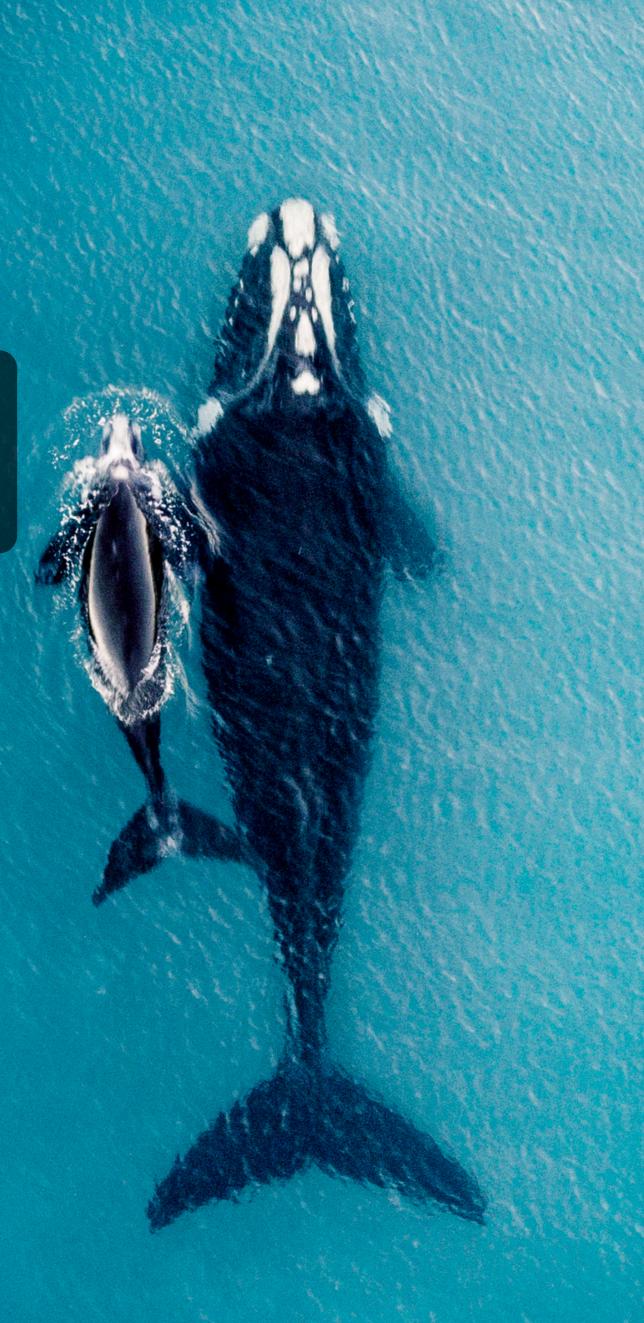
It just... watches. Enables.



Every team has its whales.

The dominant force, often loud, influential, or just unaware of their size.

Examples: A senior leader, a pushy team member, or a long-standing habit that overshadows others.



Every team has its swimmers.

Those navigating, adapting, trying to be heard.

Examples: New hires, quieter voices, or anyone caught in the current.



And every team has its sea.

The culture that enables what's allowed, what's ignored, what flows beneath the surface.

Examples: Meeting norms, leadership tone, feedback culture, people in survival mode.

Who feels safe to speak up? Who gets heard the most?

What quiet currents shape the culture?

If I asked your team, would they say you're the whale or the swimmer?

And what kind of "sea" are you helping to shape?

Bottom Line:

Every team has swimmers, whales, and a sea. The real story is about the environment we create. Will we let the same patterns play out, or choose to make space for everyone?

Culture is a choice.